



**99<sup>99</sup>**  
per kg  
Rodeo Value  
Burger Patties



**109<sup>99</sup>**  
per kg  
Karoo Beef &  
Pork Wors



**109<sup>99</sup>**  
per kg  
Pork Braai Chops

# KEEP SHOPPING, KEEP SAVING



**FRESH!**

**104<sup>99</sup>**  
per kg  
Nam Chicken  
Chicken Breast Fillet  
4-Piece



**18<sup>99</sup>**  
1/2  
Nammilk Fresh Full  
Cream Milk



**64<sup>99</sup>**  
400g  
I&J Frozen Fish  
Fingers



**21<sup>99</sup>**  
6x100g  
per pack  
Nammilk Smooth  
Yoghurt All Variants



**49<sup>99</sup>**  
1kg  
Housebrand Frozen  
Potato Chips



**18<sup>99</sup>**  
100g each

Parmalat Cheddar/Gouda  
Flavoured Full Cream  
Processed Cheese Slices



**49<sup>99</sup>**  
230g each

Lancewood  
Medium Fat Cream  
Cheese All Variants



**59<sup>99</sup>**  
400g

Zandam South  
African Feta Cheese  
All Variants Each



**74<sup>99</sup>**  
500g

Crystal Valley  
Salted Butter



**109<sup>99</sup>**  
600g each

Lancewood Cheddar/  
Gouda/White Cheddar  
Cheese



**21<sup>99</sup>**  
6x100g per pack

Mymoo Fruit  
Yoghurt All Variants



**40<sup>99</sup>**  
1kg

Devine Plain  
Greek Yoghurt



**27<sup>99</sup>**  
100g

Windhoek  
Schlachtereier  
Bierwurst



**52<sup>99</sup>**  
225g

Hartlief  
Wiener  
Wurstchen



**36<sup>99</sup>**  
900g

Harvestime  
Frozen Mixed  
Vegetables



**44<sup>99</sup>**  
500g

Cape Point  
Frozen Crab  
Flavoured Sticks



**79<sup>99</sup>**  
700g

Deep Catch  
Frozen Seafood  
Mix



**99<sup>99</sup>**  
1kg

Supreme Chicken  
Frozen Crumbed Chicken  
All Variants Each

99% NAFCHO/DUPOIT



**2 FOR  
N\$20**  
2 x Plain Single Bagels



**24<sup>99</sup>**  
6 per  
brick  
The Bakery  
Garlic Rolls



**24<sup>99</sup>**  
450g  
each  
The Bakery  
Banana Loaf



**38<sup>99</sup>**  
each  
The Bakery  
Milk Tart



**N\$12**  
per  
100g  
Rustic Fried Chips



**39<sup>99</sup>**  
each  
2-Piece Chicken &  
Chips Combo Meal



**N\$19**  
per  
100g  
Fried Fish



**114<sup>99</sup>**  
each  
Whole Grilled  
Chicken All Variants

# Checkers

follow us on checkersnamibia

better and better

OFFERS VALID FROM MONDAY 06/04/2026 UNTIL SUNDAY 19/04/2026.  
PRICES APPLY TO CHECKERS NAMIBIA STORES. ALCOHOL NOT FOR SALE ON SUNDAYS & PUBLIC HOLIDAYS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES.  
LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. WHILE STOCKS LAST.  
SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. ERRORS & OMISSIONS EXCEPTED (E&OE).



 <p><b>29<sup>99</sup></b> 750ml Housebrand Sunflower Seed Oil</p>	 <p><b>26<sup>99</sup></b> 1kg Housebrand Wholegrain Rolled Oats</p>	 <p><b>37<sup>99</sup></b> 2kg Best Choice Pure Brown Sugar</p>	 <p><b>38<sup>99</sup></b> 2,5kg Bakpro White Bread Wheat Flour</p>	 <p><b>149<sup>99</sup></b> 200g each Jacobs Gold/Krönung Freeze Dried Instant Coffee</p>
--	---	--	---	--

 <p><b>19<sup>99</sup></b> 170g each Housebrand Light Meat Shredded Tuna In Water</p>	 <p><b>21<sup>99</sup></b> 450g Housebrand Smooth Apricot Jam</p>	 <p><b>29<sup>99</sup></b> 400g Housebrand Smooth/Crunchy Peanut Butter Each</p>	 <p><b>32<sup>99</sup></b> 750g Housebrand Smooth &amp; Tangy Mayonnaise</p>	 <p><b>13<sup>99</sup></b> 500g each Polana Pasta All Variants</p>	 <p><b>34<sup>99</sup></b> 700ml All Gold Tomato Sauce</p>	 <p><b>22<sup>99</sup></b> 72 per pack Lovies Scented/Unscented Baby Wipes</p>
---	--	---	---	---	---	---

 <p><b>39<sup>99</sup></b> 470g Mrs Ball's Chutney All Variants Each</p>	 <p><b>64<sup>99</sup></b> 102 per pack Five Roses Smooth Ceylon Blend Tea Bags</p>	 <p><b>11<sup>99</sup></b> 1ℓ Sunfirst Cordial Concentrate All Variants Each</p>	 <p><b>26<sup>99</sup></b> 1ℓ Rhodes 100% Fruit Juice Blend All Variants Each</p>	 <p><b>14<sup>99</sup></b> 125g each Frimax Potato Chips All Variants</p>	 <p><b>21<sup>99</sup></b> 80g/90g/100g Haribo Sweets All Variants Each</p>	 <p><b>179<sup>99</sup></b> per pack Lovies Ultra Premium Disposable Nappies</p>	 <p><b>209<sup>99</sup></b> per pack Pampers Premium Care Disposable Nappies/Pants</p>
--	---	--	---	---	--	--	--

**PERSONAL CARE Essentials**

 <p><b>16<sup>99</sup></b> 175g each Protex Bath Soap All Variants</p>	 <p><b>19<sup>99</sup></b> 50ml each Revlon Fire &amp; Ice Anti-Perpirant Roll-On for Men All Variants</p>	 <p><b>29<sup>99</sup></b> 90ml each Revlon Charlie Perfumed Body Spray All Variants</p>	 <p><b>34<sup>99</sup></b> 250ml Clere Petroleum Jelly All Variants Each</p>	 <p><b>FROM 47<sup>99</sup></b> 200ml each Pantene Shampoo/Conditioner All Variants</p>	 <p><b>48<sup>99</sup></b> 1ℓ Satskin Bubble Bath All Variants Each</p>	 <p><b>54<sup>99</sup></b> 400ml each Nivea Body Cream/Lotion All Variants</p>	 <p><b>54<sup>99</sup></b> 16 per pack Kotex Ultra Duo Super Sanitary Pads</p>
---	---	---	---	--	--	---	---

 <p><b>18<sup>99</sup></b> 750ml each Jik Multipurpose Bleach All Variants</p>	 <p><b>22<sup>99</sup></b> 180ml each Glade Air Freshener All Variants</p>	 <p><b>22<sup>99</sup></b> 500ml each Sta-Soft Fabric Softener Pouch All Variants</p>	 <p><b>79<sup>99</sup></b> each Omo Auto/Comfort Washing Powder 2kg/Laundry Capsules 16 per pack/Liquid Detergent 1,5ℓ</p>	 <p><b>82<sup>99</sup></b> 9 per pack Baby Soft Fresh White 2-Ply Toilet Rolls</p>	 <p><b>79<sup>99</sup></b> 6x500ml Windhoek Premium Draught Beer Cans</p>	 <p><b>129<sup>99</sup></b> 6x440ml per pack Bahama Spirit Cooler Cans All Variants</p>
--	---	--	---	--	--	--

**LiquorShop** Not for Persons Under the Age of 18. Drink Responsibly.

# Checkers

follow us on  checkersnamibia

better and better

OFFERS VALID FROM MONDAY 06/04/2026 UNTIL SUNDAY 19/04/2026.  
 PRICES APPLY TO CHECKERS NAMIBIA STORES. ALCOHOL NOT FOR SALE ON SUNDAYS & PUBLIC HOLIDAYS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES.  
 LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. WHILE STOCKS LAST.  
 SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. ERRORS & OMISSIONS EXCEPTED (E&OE).

