



**109<sup>99</sup>**  
per kg

Six Gun Grill  
Burger Patties



**119<sup>99</sup>**  
per kg

Karoo Beef &  
Pork Wors



**169<sup>99</sup>**  
per kg

Cattleman  
Beef Rump Steak



# KEEP SHOPPING, KEEP SAVING



FRESH!

**69<sup>99</sup>**  
per kg

**Nam Chicken**  
Fresh 8-Piece  
Chicken  
Drumsticks &  
Thighs



FRESH!

**99<sup>99</sup>**  
per kg

**Nam Chicken**  
Fresh 4-Piece  
Chicken Breast  
Fillets



**33<sup>99</sup>**  
1kg  
each

**Nammilk**  
Everyday Yoghurt  
All Variants



**36<sup>99</sup>**  
2L

**Nammilk**  
Fresh Full  
Cream Milk



**159<sup>99</sup>**  
200g  
each

**Jacobs**  
Instant Coffee  
All Variants



**26<sup>99</sup>**  
100g

**Hartlief**  
Sandwich Ham



**76<sup>99</sup>**  
500g

**Hartlief**  
Smoked Viennas



**49<sup>99</sup>**  
250g each

**Clover Butro** Full Cream  
Modified Butter Spread



**99<sup>99</sup>**  
600g each

**Lancewood** Cheddar/White  
Cheddar/Gouda Cheese



**36<sup>99</sup>**  
900g

**Housebrand** Frozen  
Mixed Vegetables



**28<sup>99</sup>**  
750ml

**Housebrand**  
Sunflower Seed Oil

99¢ NAF0CHDNJJE



**34<sup>99</sup>**  
each

**The Bakery**  
Milk Tart

**179**  
each

**Crispy Roll**

**36<sup>99</sup>**  
each

**The Bakery**  
Focaccia Bread



**16<sup>99</sup>**  
200g

**Potato Salad**

**34<sup>99</sup>**  
each

**Cheese, Tomato  
& Onion Braai  
Sandwich**

**N\$35**  
each

**Chicken Burger**

**109<sup>99</sup>**  
each

**Peri-Peri Flavoured  
Whole Grilled Chicken**

# checkers

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OFFERS VALID FROM MONDAY 04/08/2025 UNTIL SUNDAY 17/08/2025.  
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SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. ERRORS & OMISSIONS EXCEPTED (E&OE).







**14<sup>99</sup>**  
500g each  
**Polana Macaroni/Spaghetti Pasta**



**37<sup>99</sup>**  
2kg  
**Marathon Brown Sugar**



**39<sup>99</sup>**  
2kg  
**Tastic Long Grain Parboiled Rice**



**ANY 3 FOR N\$35**  
3 x 2l Pepsi/Mirinda/Mountain Dew/7Up Cold Drink All Variants



**14<sup>99</sup>**  
410g  
**Rhodes Baked Beans In Tomato Sauce**



**19<sup>99</sup>**  
410g  
**Rhodes Mixed Vegetables In Brine/Curry Sauce**



**5<sup>99</sup>**  
50g each  
**Knorr Stew Mix All Variants**



**32<sup>99</sup>**  
450g  
**Bokomo Weet-Bix Wholegrain Wheat Biscuits**



**22<sup>99</sup>**  
1kg  
**Bakpro Self-Raising Flour**



**17<sup>99</sup>**  
120g each  
**Simba Potato Chips All Variants**



**38<sup>99</sup>**  
2l each  
**Brookes Oros Squash Concentrate All Variants**



**79<sup>99</sup>**  
450g  
**Nestlé Hot Chocolate Cocoa Flavoured Drink**



**24<sup>99</sup>**  
170g each  
**Housebrand Light Meat Shredded Tuna In Water**



**19<sup>99</sup>**  
750ml  
**Housebrand Tomato Sauce**



**24<sup>99</sup>**  
460g  
**Housebrand Mild Fruit Chutney**



**34<sup>99</sup>**  
750g  
**Housebrand Smooth & Tangy Mayonnaise**



**14<sup>99</sup>**  
200g  
**Housebrand Ginger Biscuits**



**34<sup>99</sup>**  
900g  
**Housebrand Smooth Apricot/Mixed Fruit Jam**



**29<sup>99</sup>**  
400g  
**Housebrand Smooth/Crunchy Peanut Butter**



**19<sup>99</sup>**  
100 per pack  
**Housebrand Black Tea Blend Tagless Teabags**

**PERSONAL CARE**
*Essentials*



**24<sup>99</sup>**  
100ml each  
**Colgate Maximum Cavity/Triple Action Toothpaste**



**21<sup>99</sup>**  
90g/100g each  
**Dove Bath Soap All Variants**



**26<sup>99</sup>**  
50ml each  
**Nivea Anti-Perspirant Roll-On for Ladies/Men All Variants**



**FROM 49<sup>99</sup>**  
400ml each  
**Vaseline Body Lotion/Cream All Variants**



**29<sup>99</sup>**  
500ml each  
**Sta-soft Fabric Softener Refill All Variants**



**19<sup>99</sup>**  
750ml  
**Housebrand All Purpose Cleaner All Variants Each**



**22<sup>99</sup>**  
750ml  
**Housebrand Dishwashing Liquid All Variants**



**69<sup>99</sup>**  
2kg  
**Sunlight 5in1 Auto Washing Powder**



**79<sup>99</sup>**  
9 per pack  
**Baby Soft 2-Ply White Toilet Rolls**

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