

# Metro

NAMIBIA

A Sefalana Group Company

Cash 'n Carry

# 10th BIRTHDAY DEALS!!

All Stores - Country Wide

WIN YOUR SHARE OF 2 MILLION DOLLARS IN PRIZES!!

**10x**  
**N\$25 000**

Gold Prize

**20x**  
**N\$15 000**

Silver Prize

**30x**  
**N\$5000**

Bronze Prize



60x Trolley Dashes  
Shopping Vouchers Weekly Winners

MANY MORE PRIZES TO BE WON!!

**BOKOMO**  
VETKOEK WHEAT FLOUR  
**149<sup>99</sup>** EACH  
Bokomo Vetkoek Flour 10Kg

**POLANA**  
Macaroni or Elbows  
**76<sup>99</sup>** EACH  
Polana Macaroni or Elbows 3Kg

**JACOBS**  
Krönung  
**139<sup>99</sup>** EACH  
Jacobs Krönung Bottle or Pouch 200g/230g

**Romi**  
37% FAT SPREAD  
**9<sup>99</sup>** EACH  
Romi Spread Brick 500g

**FIRST CHOICE**  
UHT PROCESS FULL CREAM MILK  
**20<sup>99</sup>** EACH  
First Choice UHT Milk 1Ltr

6 Pack **N\$119.99** = **N\$19.99** each

**TOP SCORE**  
SUPER MAIZE MEAL  
**118<sup>99</sup>** EACH  
Top Score Maize Meal 10Kg

**Family Favorite**  
Tomato Sauce  
**19<sup>99</sup>** EACH  
Family Favorite Tomato Sauce 700ml

**CROSSE & BLACKWELL**  
Tang Mayonnaise  
**35<sup>99</sup>** EACH  
C & B Mayonnaise 750g

**LUCKY STAR**  
LIGHT MEAT SHREDDED TUNA  
IN VEGETABLE OIL  
Any 4 For **N\$59.99**  
Lucky Star Shredded Tuna Water/Oil - 170g

**"True Energy" MARATHON SUGAR**  
10 kg White Sugar  
**187<sup>99</sup>** EACH  
Marathon White Sugar 10Kg

**TWINSaver**  
TWIN PLY  
Complete Comfort  
Each **N\$67.99**  
Rewards Card! **N\$65.99**  
Twinsaver 2ply Toilet Paper 9's

**Surf**  
HAND WASHING POWDER  
**47<sup>99</sup>** EACH  
Surf Hand Washing Powder 2.2Kg

**Sunlight**  
Lemon  
**27<sup>99</sup>** EACH  
Sunlight Dishwashing Liquid 750ml

**Coca-Cola**  
Original  
**20<sup>99</sup>** EACH  
Coca-Cola Original 2Ltr

**REDOS**  
SWEET CHILLI FLAVOURED MAIZE CHIPS  
**29<sup>99</sup>** EACH  
Redos Baler Pack Assorted 50x16g

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR.

ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

PRICES VALID: 19 NOVEMBER - 15 DECEMBER 2024

Available at: Divundu • Eenhana • Gobabis • Grootfontein • Keetmanshoop • Karibib • Kongola • Luderitz • Mega-Katima • Mega-Swakopmund • Mariental • Ondangwa • Oshikango • Oshakati • Okuryangava • Otjiwarongo • Rundu • Swakopmund • Tsumeb • Walvisbay • Windhoek • Northern Industrial Area • Zambezi • Hyper (KLEINE KUPPE)

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**fresh Deals Daily**

# Fruits and Vegetables

**7Kg Bag**  
**N\$119.99**

Potatoes 7Kg  
M145721

**3Kg Bag**  
**N\$39.99**

Onions 3Kg  
M123873

**1Kg Bag**  
**N\$19.99**

Carrots 1Kg  
M126439

**1Kg Bag**  
**N\$32.99**

Tomatoes 1Kg  
M142015

**Each**  
**N\$29.99**

Span Spek  
M130037

**Each**  
**N\$79.99**

Watermelon Medium  
M142029

**500g**  
**N\$49.99**

Grapes White 500g  
M138730

**1.5Kg Bag**  
**N\$49.99**

Apples Red 1.5Kg  
M141349

## Frozen Meat

**59<sup>99</sup>**  
**1.6Kg**

Beef Trimmed Rib  
1.6Kg

**58<sup>99</sup>**  
**1.6Kg**

Pork Trotters  
1.6Kg

**57<sup>99</sup>**  
**1.6Kg**

Pork Tails  
1.6Kg

**74<sup>99</sup>**  
**1.6Kg**

Russians  
1.6Kg

**34<sup>99</sup>**  
**Each**

Chakalaka Mince  
500g

**54<sup>99</sup>**  
**P/Kg**

Traditional Chicken (Hen)  
each P/Kg

**BEST PRICE!**

**76<sup>99</sup>**  
**EACH**

Realgood IQF Mixed Portions  
1.5Kg

**BIRTHDAY DEAL!**

**29<sup>99</sup>**  
**EACH**

Sovereign Soup Pack  
1Kg

**29<sup>99</sup>**  
**EACH**

Realgood Chicken Liver  
1Kg

**Each**  
**N\$36.99**

**Rewards Card!**  
**N\$34.99**

Harvestime Mixed Veg.  
900g

**Each**  
**N\$97.99**

**Rewards Card!**  
**N\$96.99**

Chicken'tizer Strips or Pops  
1Kg

**109<sup>99</sup>**  
**EACH**

Parmalat Gouda/Cheddar  
850g

**2 For**  
**N\$39.99**

Fatima's Puff Pastry  
400g

**Any 1 For**  
**N\$25.99**

Onyama Yummi 500g + King Polony 500g + King Viennas 320g

**750g**

**24<sup>99</sup>**  
**EACH**

Renown French Polony  
750g

**BIRTHDAY DEAL!**

**38<sup>99</sup>**  
**EACH**

Hartlief Back Bacon  
150g

**BIRTHDAY DEAL!**

**23<sup>99</sup>**  
**EACH**

Rama Spread Brick  
500g

**BIRTHDAY DEAL!**

**69<sup>99</sup>**  
**EACH**

Clover Modified Butter Spread  
500g

**BIRTHDAY DEAL!**

**4<sup>99</sup>**  
**EACH**

Danone Yoghurt Assorted  
100g

**Each**  
**N\$15.99**

**Rewards Card!**  
**N\$14.99**

Clover Cheese Slices Assorted  
90g

**BIRTHDAY DEAL!**

**16<sup>99</sup>**  
**EACH**

Nammik Oshikandela Assorted  
500g

**11<sup>99</sup>**  
**EACH**

Clover Snack Pack  
6 x 50g

**BIRTHDAY DEAL!**

**39<sup>99</sup>**  
**EACH**

Nawaa Omasi Assorted  
2Kg

**Each**  
**N\$39.99**

**Rewards Card!**  
**N\$38.99**

Clover UHT Cream  
500g

**29<sup>99</sup>**  
**EACH**

Clover Classic Custard  
1Ltr

**BEST PRICE!**

**39<sup>99</sup>**  
**EACH**

Farmhouse Ice-Cream Assorted  
2Ltr

**17<sup>99</sup>**  
**EACH**

Ultra-Mel Yoghurt Assorted  
4 x 125g

**BIRTHDAY DEAL!**

**61<sup>99</sup>** EACH

Top Score Maize Meal 5Kg

**BIRTHDAY DEAL!**

**37<sup>99</sup>** EACH

Sugar King White Sugar 2Kg

**BIRTHDAY DEAL!**

**37<sup>99</sup>** EACH

Marathon Light Brown Sugar 2Kg

**24<sup>99</sup>** EACH

Family Favorite Sunflower Oil 750ml

**Nestle**

**29<sup>99</sup>** EACH

Nestle Condensed Milk 385g

**174<sup>99</sup>** EACH

Sugar King Light Brown Sugar 10Kg

**BIRTHDAY DEAL!**

**179<sup>99</sup>** EACH

A Star White Sugar 10Kg

**49<sup>99</sup>** EACH

Tastic Rice 2Kg

**99<sup>99</sup>** EACH

Nice Rice 5Kg

**Nestle**

**28<sup>99</sup>** EACH

Nestle Ideal Milk Evaporate 380g

**189<sup>99</sup>** EACH

Family Favorite Rice 10Kg

**BIRTHDAY DEAL!**

**22<sup>99</sup>** EACH

Pasta Grandé Spaghetti 1Kg

**68<sup>99</sup>** EACH

Pasta Grandé Pasta 3Kg

**BIRTHDAY DEAL!**

**11<sup>99</sup>** EACH

Pasta King Macaroni or Elbows 500g

**BIRTHDAY DEAL!**

**54<sup>99</sup>** EACH

Ricoffy Instant Coffee 250g

**BIRTHDAY DEAL!**

**43<sup>99</sup>** EACH

Iwisa Easy Cook Samp 2.5Kg

**24<sup>99</sup>** EACH

Kellogg's Noodles Assorted 5 x 70g

**17<sup>99</sup>** EACH

Umoja Beer Powder 750g

**BIRTHDAY DEAL!**

**159<sup>99</sup>** EACH

Five Roses or Freshpak Strips 20 x 10's

**109<sup>99</sup>** EACH

Nescafé Classic Jar or Pouch 200g/230g

**Each N\$19.99 Rewards Card! N\$18.99**

Five Roses Tagless Teabags 26's

**Each N\$18.99 Rewards Card! N\$17.99**

Freshpak Rooibos Teabags 20's

**49<sup>99</sup>** EACH

Koffiehuis Pronto Bags 250g

**191<sup>99</sup>** EACH

Gold Star Instant Yeast 48's

**58<sup>99</sup>** EACH

Nestle Cremora Coffee Creamer 750g

**BIRTHDAY DEAL!**

**All 5 For N\$599.99**

Champion Sifted Maize Meal 10Kg + Bokomo Vetkoek Flour 10Kg + Pasta Grandé Macaroni or Elbows 3Kg + Nice Rice 5Kg + Marathon White or L/Brown Sugar 10Kg

**BIRTHDAY DEAL!**

**All 4 For N\$169.99**

Top Score Maize Meal 2.5Kg + Sugar King White Sugar 2Kg + Bakpro Vetkoek Flour 2.5Kg + Rice King 2Kg

**BIRTHDAY DEAL!**

**32<sup>99</sup>** EACH

Maggi Worcestershire Sauce 500ml

# Multibuy

Any 2 For  
N\$29.99



Snowflake Easy Mix Assorted - 500g

2 For  
N\$44.99



Teeco Teabags 100's

Any 2 For  
N\$21.99



Robertson's Brown Spice or Herbs Assorted - each

Any 3 For  
N\$49.99



Rhodes Peach or Mixed Fruit Jam 290g

Any 1 For  
N\$16.99



Koo Mixed Veg. or Corn/Sweetcorn or All Gold Braai Relish 410g

Any 2 For  
N\$39.99



Bull Brand Mince Assorted 400g

# Condiments & Cans



**BIRTHDAY DEAL!**  
59<sup>99</sup> EACH

Crystal Gold Mayonnaise 1.5Kg



Koo Beetroot Sliced/Grated 780g

Each  
N\$25.99  
Rewards Card!  
N\$24.99



29<sup>99</sup> EACH

All Gold Tomato Sauce 700ml

Both For  
N\$59.99



**BIRTHDAY DEAL!**  
19<sup>99</sup> EACH

Knorrox Soya Mince Assorted 400g



**BIRTHDAY DEAL!**  
15<sup>99</sup> EACH

Hinds Pure Ground Ginger Refill 50g



Nola Mayonnaise 750g + Nola Sunflower Oil 750ml



**BIRTHDAY DEAL!**  
12<sup>99</sup> EACH

Top Class Spice Mix Assorted 200g



Robertson's Rajah Curry Powder 50g

Each  
N\$13.99  
Rewards Card!  
N\$12.99



Each  
N\$17.99  
Rewards Card!  
N\$16.99

Knorr Aromat Seasoning Trio Pack 200g



**BIRTHDAY DEAL!**  
15<sup>99</sup> EACH

Top Class Soup Assorted 400g



**BIRTHDAY DEAL!**  
39<sup>99</sup> EACH

Metro BBQ Spice 1Kg



**BIRTHDAY DEAL!**  
24<sup>99</sup> EACH

Saldanha Pilchards Assorted 400g



Each  
N\$33.99  
Rewards Card!  
N\$32.99

Yum Yum Peanut Butter 400g



**BIRTHDAY DEAL!**  
28<sup>99</sup> EACH

Hugo's Mixed Fruit Jam 900g



Each  
N\$48.99  
Rewards Card!  
N\$47.99

Tabasco Sauces Red or Green 60ml



**BIRTHDAY DEAL!**  
18<sup>99</sup> EACH

Koo Peach Slices 410g



**BIRTHDAY DEAL!**  
39<sup>99</sup> EACH

Jungle Oats 1Kg



**BIRTHDAY DEAL!**  
28<sup>99</sup> EACH

Bokomo Corn Flakes 500g

# Cheaper Buy The Box!!

**CHEAPER BUY THE BOX**  
12 Pack  
N\$191.99  
=N\$15.99 each



16<sup>99</sup> EACH

Ellis Brown Coffee Creamer 125g

**CHEAPER BUY THE BOX**  
10 Pack  
N\$46.99  
=N\$4.69 each



5<sup>49</sup> EACH

Knorr Soup Packets Assorted each

**CHEAPER BUY THE BOX**  
6 Pack  
N\$39.99  
=N\$6.66 each



7<sup>49</sup> EACH

Trotters Jelly Assorted 40g

**CHEAPER BUY THE BOX**  
6 Pack  
N\$89.99  
=N\$14.99 each



15<sup>99</sup> EACH

Lucky Star Pilchards Assorted 155g

**CHEAPER BUY THE BOX**  
6 Pack  
N\$167.99  
=N\$27.99 each



28<sup>99</sup> EACH

Bull Brand Corned Meat 280g

**CHEAPER BUY THE BOX**  
6 Pack  
N\$53.99  
=N\$8.99 each



9<sup>99</sup> EACH

Hugo's Baked Beans 410g

# Multibuy

30 For  
N\$112.99



Simba Chips Assorted  
30 x 25g

2 For  
N\$23.99



Candi Soft Drink Assorted  
2Ltr

2 For  
N\$29.99



Rhodes Nectar Assorted  
1Ltr

6 Pack For  
N\$59.99



Fruitree Juice Assorted  
350ml

4 Pack For  
N\$31.99



Reboost Energy Drinks  
500ml

4 Pack For  
N\$59.99



Red Bull Energy Drinks  
250ml

# Sweet and Treats



16<sup>99</sup>  
EACH

Beacon Smoothies Assorted  
50's/72's

CHEAPER  
BUY THE  
BOX

12 Pack  
N\$119.99  
=N\$9.99  
each



10<sup>99</sup>  
EACH

Bakers Topper Biscuits Assorted  
125g



38<sup>99</sup>  
EACH

Casa Mia Real Tea Biscuits  
48 x 5's

Any 2 For  
N\$45.00



Bakers Eet-Sum-Mor Biscuits  
200g



39<sup>99</sup>  
EACH

Manhattan Pops Assorted  
840g - 40's

BIRTHDAY  
DEAL!



54<sup>99</sup>  
EACH

Champion Toffees  
112's

BIRTHDAY  
DEAL!



29<sup>99</sup>  
EACH

Baxton Star Pops Assorted  
40's

Any 2 For  
N\$84.99



Nestle Mini Bags Assorted  
each

CHEAPER  
BUY THE  
BOX

18 Pack  
N\$149.99  
=N\$8.33  
each



9<sup>99</sup>  
EACH

Halls Sticks  
10PCSx18x33g

Any 2 For  
N\$33.99



Cadbury Slabs Assorted  
80g

Any 2 For  
N\$29.99



Candy Tops Eclairs Assorted  
50's

2 For  
N\$19.99



Willards Cheese Curls Assorted  
90g

BIRTHDAY  
DEAL!



15<sup>99</sup>  
EACH

Simba Chips Assorted  
120g

39<sup>99</sup>  
EACH



Cadbury Countlines Assorted  
40's

4 Pack For  
N\$31.99



49<sup>99</sup>  
EACH

Super Dip Assorted  
60's

BIRTHDAY  
DEAL!



29<sup>99</sup>  
EACH

Tropizone Still Water  
5Ltr

Any 2 For  
N\$29.99



Pepsi/Marinda/7up/  
Mountain Dew 2Ltr

BIRTHDAY  
DEAL!



39<sup>99</sup>  
EACH

Cadbury Party Packs  
Lunch Bar/PS  
184g/171g

4 Pack For  
N\$59.99



8<sup>99</sup>  
EACH

Family Favorite Dairy Blend Assorted  
1Ltr

2 For  
N\$45.00



Nami Orange Squash  
2Ltr

BIRTHDAY  
DEAL!



34<sup>99</sup>  
EACH

Zooms Chips Assorted  
1Kg

46<sup>99</sup>  
EACH



Cadbury Tumblers/  
Whispers  
200g

# Health & Beauty

## Multibuy

Any 2 For  
N\$29.99



Colgate Toothpaste Assorted 75ml/100ml

Any 2 For  
N\$21.99



Lifebuoy/Lux Bath Soap 175g

Any 2 For  
N\$69.99



Dove Spray Assorted 150ml

Any 2 For  
N\$29.99



Always Maxi Pads Assorted 8's/9's/10's

Any 4 For  
N\$35.99



Darling Yaki Braids Assorted

BIRTHDAY DEAL!



16<sup>99</sup> EACH

Aquafresh Toothpaste Assorted 100ml

Each  
N\$13.99  
Rewards Card!  
N\$12.99



Sona Beauty Soap 300g

Men or Ladies



21<sup>99</sup> EACH

Nivea Roll-On Assorted 50ml

Men or Ladies



34<sup>99</sup> EACH

Yardley Body Spray Assorted 90ml/125ml

Each  
N\$66.99  
Rewards Card!  
N\$65.99



Satiskin Foam Bath 2Ltr

Men or Ladies



45<sup>99</sup> EACH

Protex/Palmolive Shower Gel Assorted 500ml

Each  
N\$23.99  
Rewards Card!  
N\$22.99



Clere Body Cream/Lotion 300ml/400ml

BIRTHDAY DEAL!



29<sup>99</sup> EACH

Skin Clinic Cream Assorted 450ml

Men or Ladies



47<sup>99</sup> EACH

Vaseline Cream/Lotion Assorted 400ml

BIRTHDAY DEAL!



89<sup>99</sup> EACH

Amla Shampoo or Conditioner 1Ltr

29<sup>99</sup> EACH



Sof'n Free or Easy Waves Relaxer 250g

39<sup>99</sup> EACH



Lil-Lets Panty Liners 100's

CHEAPER BUY THE BOX



6 Pack  
N\$209.99  
=N\$34.99 each

Nivea Deodorant Assorted 150ml

CHEAPER BUY THE BOX



12 Pack  
N\$227.99  
=N\$18.99 each

Vaseline Petroleum Jelly Assorted 100ml



299<sup>99</sup> EACH

Eno Dispenser 72's



Each  
N\$95.99  
Rewards Card!  
N\$93.99

Panado Tablets Card/ Tablets - 48 x 2's



79<sup>99</sup> EACH

Disprin Extra Strength Tablets 52 x 2's

baby PROMOTION



34<sup>99</sup> EACH

Nestlé Cerelac Assorted 200g

Any 3 For  
N\$30.00



Rhodes Squish Assorted 110ml

BIRTHDAY DEAL!



95<sup>99</sup> EACH

Sunfree Diapers 50's

CHEAPER BUY THE BOX



2 Pack  
N\$359.99  
=N\$179.99 each

Pampers Active Nappies ONLY Value Pack

baby PROMOTION



199<sup>99</sup> EACH

Huggies Dry Comfort Nappies/Pants Jumbo Pack

# Cleaning



Both For  
N\$29.99

Albex Bleach 750ml and Dishwashing Liquid 750ml



Both For  
N\$49.99

Metro Dishwashing Liquid 750ml + NamGel 1Ltr



All 3 For  
N\$89.99

Fresh Hand Washing Powder 2Kg + Fabric Conditioner 2Ltr + Dishwashing Liquid 2Ltr



Each  
N\$16.99  
Rewards Card!  
N\$15.99

Plush Thick Bleach 750ml



BIRTHDAY DEAL!

19<sup>99</sup> EACH

Plush All Purpose Cleaner 750ml



28<sup>99</sup> EACH

Harpic Gel or White and Shine 750ml



Each  
N\$19.99  
Rewards Card!  
N\$18.99

Jik Bleach Liquid Assorted 750ml



BIRTHDAY DEAL!

36<sup>99</sup> EACH

Reef 2in1 Washing Powder 1Kg



54<sup>99</sup> EACH

Sky Auto Washing Powder 2Kg



Each  
N\$28.99  
Rewards Card!  
N\$27.99

Sta-Soft Fabric Conditioner Refill 500ml



Twinpack

26<sup>99</sup> EACH

Viva Detergent Bar Twinpack 2 x 200g



17<sup>99</sup> EACH

Sunlight Hand Washing Powder 600g

Spring Clean

All 3 For  
N\$69.99



Sunlight Washing Powder 1Kg + Fabric Softener 500ml + Laundry Bar 500g



57<sup>99</sup> EACH

Sunlight Hand Washing Powder 2Kg



20<sup>99</sup> EACH

Newden Pine Gel 500g



29<sup>99</sup> EACH

Soft & Gentle Toilet Paper 1Ply - 300Sheets 10's



Each  
N\$25.99  
Rewards Card!  
N\$24.99

Mr. Sheen Surface Cleaner Assorted 300ml



Any 2 For  
N\$49.99

Handy Andy Household Cleaner 750ml or Domestos 750ml



32<sup>99</sup> EACH

Sunlight Pine Gel 1Ltr



39<sup>99</sup> EACH

Comfort Value Pack Assorted 800g



Laundry Basket!

75<sup>99</sup> EACH

Handy Andy/Sunlight Dishwash/Domestos 750ml



48's For  
N\$219.99

Price Per Unit (N\$4.58)

Soft Touch 1Ply Toilet Paper 500sheets - 48's



BIRTHDAY DEAL!

17<sup>99</sup> EACH

Air Scents Air Freshener Assorted 200ml



Each  
N\$16.99  
Rewards Card!  
N\$15.99

Kiwi Shoe Polish Assorted 50ml



BIRTHDAY DEAL!

18<sup>99</sup> EACH

Pamper Cat Food Assorted 385g/400g



CHEAPER BUY THE BOX  
6 Pack  
N\$119.99  
=N\$19.99 each

20<sup>99</sup> EACH

Epol Dog Food Assorted 820g



BIRTHDAY DEAL!

33<sup>99</sup> EACH

Price Per 8Kg (N\$135.99)

Epol Dog Food Assorted 20Kg



69<sup>99</sup> EACH

Catmor Multipack 10 x 70g



BIRTHDAY DEAL!

79<sup>99</sup> EACH

Ideal Cat Food 1.8Kg



189<sup>99</sup> EACH

Bobtail 2in1 6.5Kg or Dog Food 8Kg



Each  
N\$299.99  
Rewards Card!  
N\$289.99

Montego Classic Adult/Senior Dog Food 10Kg



139<sup>99</sup> EACH

ProPet Mixed Poultry Feed 10Kg

# Household Items



**35<sup>99</sup>**  
EACH

Doom  
Insecticides  
Assorted  
300ml



**79<sup>99</sup>**  
EACH

Peaceful Sleep  
Aerosol  
150g



**89<sup>99</sup>**  
EACH

Mortein  
Natures Guard  
Refill  
236g



**112<sup>99</sup>**  
EACH

Mortein  
Nature Guard  
Complete  
Machine



**22<sup>99</sup>**  
EACH

Newden  
White Candles  
300g



**19<sup>99</sup>**  
EACH

Dinu  
Serviettes  
100's



**39<sup>99</sup>**  
EACH

Star  
Refuse Bags  
Silver Multi Use  
20's



Both For  
**N\$79.99**

Plastic Broom & Jumbo Mop  
300g Combo



Any 1 For  
**N\$39.99**

GR8 Handy  
Clothes 10's  
or Supa Wipes  
15's



Both For  
**N\$79.99**

Dream Yellow  
Duster Cloth  
33x33cm 2's +  
Long Handle  
Feather Duster



**23<sup>99</sup>**  
EACH

Dinu  
Kitchen Towels  
2's



**99<sup>99</sup>**  
EACH

Tuffy  
Heavy Foil  
20m



**19<sup>99</sup>**  
EACH

Goldenmarc  
Microfibre  
Swab 2Pack  
M106673



**29<sup>99</sup>**  
EACH

Goldenmarc  
Rainbow  
Sponges 10Pack  
M146882



**229<sup>99</sup>**  
EACH

HTH  
4in1 Floater  
1.6Kg  
M101621



**11<sup>99</sup>**  
EACH

HiBall  
Tumbler Glasses  
270ml  
M103714



**14<sup>99</sup>**  
EACH

Kango  
Enamel Mug  
8cm  
M106804



**599<sup>99</sup>**  
EACH

Hart J7  
Pot Set  
6Piece  
M106193



**19<sup>99</sup>**  
EACH

Ceramic  
Coffee Cups  
Assorted



**17<sup>99</sup>**  
EACH

Diamond  
Plastic Container  
Assorted 1Ltr  
M101383



Any 1 For  
**N\$19.99**

**84<sup>99</sup>**  
EACH

Contour  
Oval Basin  
90Ltr  
M101340



**29<sup>99</sup>**  
EACH

Shield  
Car Shampoo  
500ml  
M106070



**39<sup>99</sup>**  
EACH

Shield  
Dashboard  
Spray 300ml  
M106092



S - N\$ 49.99  
3/4 - N\$59.99  
D - N\$69.99  
Q - N\$79.99  
K - N\$89.99  
Fitted Sheets  
Assorted



**49<sup>99</sup>**  
EACH

Towels or  
Beach Towels  
Assorted  
Medium



Each  
**N\$2599.99**  
Rewards  
Card!  
**N\$2499.99**

Total 4 Burner Gas Stove  
M107906/907



Each  
**N\$199.99**  
Rewards  
Card!  
**N\$189.99**

Goodmama Hotplate  
M138859



Each  
**N\$429.99**  
Rewards  
Card!  
**N\$399.99**

Omega Pedestal Fan 18"  
M130559



**18<sup>99</sup>**  
EACH

Pillowcases  
Standard  
Assorted

3/4 - N\$99.99  
D - N\$139.99  
Q - N\$159.99  
Comforters  
Assorted

# Laundry Corner



**35<sup>99</sup>**  
EACH

House of York  
Wooden Pegs  
30's  
M106265

**9<sup>99</sup>**  
EACH

Plastic  
Clothing Pegs  
10's



**499<sup>99</sup>**  
EACH

House of York  
STD Ironing  
Board  
M106248



**499<sup>99</sup>**  
EACH

House of York  
STD Clothing  
Horse  
M106243



**69<sup>99</sup>**  
EACH

Penflex  
Plastic Hangers  
10Pack



**129<sup>99</sup>**  
EACH

Addis  
Laundry Basket  
36Ltr  
M105172



Each  
**N\$169.99**  
Rewards  
Card!  
**N\$149.99**

STB Steam Iron  
M129805



# Metro

NAMIBIA

A Sefalana Group Company

## Liquor

# 10th BIRTHDAY DEALS!!

ALL STORES - COUNTRY WIDE

<p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$275.99 =N\$68.99 6pack</p> <p><b>69<sup>99</sup></b> 6Pack</p> <p>Castle Lite Cans 500ml</p>	<p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$257.99 =N\$128.99 6pack</p> <p><b>129<sup>99</sup></b> 6Pack</p> <p>Savanna Dry NRB's 500ml</p>	<p><b>BIRTHDAY DEAL!</b></p> <p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$315.99 =N\$78.99 6pack</p> <p><b>79<sup>99</sup></b> 6Pack</p> <p>Windhoek Draught Cans 500ml</p>
<p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$411.99 =N\$102.99 6pack</p> <p><b>104<sup>99</sup></b> 6Pack</p> <p>Clausthaler Cans 500ml</p>	<p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$341.99 =N\$85.49 6pack</p> <p><b>86<sup>99</sup></b> 6Pack</p> <p>Brutal Fruit Cans 500ml</p>	<p><b>CHEAPER BUY THE BOX</b></p> <p>24 Pack N\$459.99 =N\$114.99 6pack</p> <p><b>119<sup>99</sup></b> 6Pack</p> <p>Mayfair RTD Cans 440ml</p>

<p><b>BIRTHDAY DEAL!</b></p> <p><b>189<sup>99</sup></b> EACH</p> <p>White Horse Whisky 750ml</p>	<p><b>154<sup>99</sup></b> EACH</p> <p>Potency (PO10C) Aperitif 750ml</p>	<p><b>Each N\$134.99</b></p> <p><b>Rewards Card! N\$132.99</b></p> <p>Strawberry Lips Cream Liqueur 750ml</p>	<p><b>152<sup>99</sup></b> EACH</p> <p>Cactus Jack Original 750ml</p>	<p><b>321<sup>99</sup></b> EACH</p> <p>Jagermeister Liqueur 750ml</p>
<p><b>299<sup>99</sup></b> EACH</p> <p>Jack Daniel's Whiskey 750ml</p>	<p><b>BIRTHDAY DEAL!</b></p> <p><b>379<sup>99</sup></b> EACH</p> <p>Jameson Irish Whisky 750ml</p>	<p><b>Each N\$299.99</b></p> <p><b>Rewards Card! N\$296.99</b></p> <p>Tommy Ballards Irish Whisky 750ml</p>	<p><b>Each N\$339.99</b></p> <p><b>Rewards Card! N\$336.99</b></p> <p>Tullamore Dew Irish Whisky 750ml</p>	

<p><b>162<sup>99</sup></b> EACH</p> <p>Richelieu Export Brandy 750ml</p>	<p><b>Both for N\$179.99</b></p> <p>KVV 3yo Brandy 750ml + Pepsi 2Ltr</p>	<p><b>1399<sup>99</sup></b> EACH</p> <p>Remy Martin VSOP in Box 750ml</p>	<p><b>BIRTHDAY DEAL!</b></p> <p><b>589<sup>99</sup></b> EACH</p> <p>Hennessy VS Cognac 750ml</p>	<p><b>BIRTHDAY DEAL!</b></p> <p><b>169<sup>99</sup></b> EACH</p> <p>Gordon's Dry Gin 750ml</p>
<p><b>Each N\$309.99</b></p> <p><b>Rewards Card! N\$308.99</b></p> <p>Bombay Sapphire Gin 750ml</p>	<p><b>BIRTHDAY DEAL!</b></p> <p><b>159<sup>99</sup></b> EACH</p> <p>Smirnoff 1818 Vodka 750ml</p>	<p><b>Each N\$499.99</b></p> <p><b>Rewards Card! N\$498.99</b></p> <p>Grey Goose Original 750ml</p>	<p><b>Each N\$219.99</b></p> <p><b>Rewards Card! N\$217.99</b></p> <p>Bacardi Rum Assorted 750ml</p>	

Liquor Not For Sale To Persons Under The Age Of 18. Metro Liquor Supports Responsible Alcohol Consumption.

Available at: Divundu • Eenhana • Gobabis • Grootfontein • Keetmanshoop • Karibib • Kongola • Luderitz • Mega-Katima • Mega-Swakopmund • Mariental • Ondangwa • Oshikango • Oshakati • Okuryangava • Otjiwarongo • Rundu • Swakopmund • Tsumeb • Walvisbay • Windhoek - Northern Industrial Area • Zambezi • Hyper (KLEINE KURPE)



**CHEAPER BUY THE BOX**

**6 Pack**  
**N\$713.99**  
**=N\$118.99**  
**6pack**

**119<sup>99</sup>**  
 EACH

Bon Courage Blush 750ml

**BIRTHDAY DEAL!**

**82<sup>99</sup>**  
 EACH

Robertsons Winery Sparkling Assorted 750ml

**Each**  
**N\$799.99**  
**Rewards Card!**  
**N\$795.99**

Veuve Clicquot (Yellow Label) 750ml

**179<sup>99</sup>**  
 EACH

Simonsig Vonkel Wyn Assorted 750ml

**BIRTHDAY DEAL!**

**82<sup>99</sup>**  
 EACH

KVV Annabelle Assorted 750ml

**119<sup>99</sup>**  
 EACH

Kanonkop Kadette Cape Blend Assorted 750ml

**76<sup>99</sup>**  
 EACH

Protea Wine Assorted 750ml

**119<sup>99</sup>**  
 EACH

KVV Roodeberg Black 750ml

**BIRTHDAY DEAL!**

**99<sup>99</sup>**  
 EACH

Beyerskloof Pinotage 750ml

**209<sup>99</sup>**  
 EACH

Anthonij Rupert Optima 750ml

**CHEAPER BUY THE BOX**

**6 Pack**  
**N\$335.99**  
**=N\$55.99**  
**6pack**

**56<sup>99</sup>**  
 EACH

Tall Horse Wine Assorted 750ml

**BIRTHDAY DEAL!**

**85<sup>99</sup>**  
 EACH

Diemersdal Sauv. Blanc/ Chardo/Cab Mer/Rose 750ml

**114<sup>99</sup>**  
 EACH

La Motte Sauv. Blanc 750ml

**CHEAPER BUY THE BOX**

**6 Pack**  
**N\$431.99**  
**=N\$71.99**  
**6pack**

**72<sup>99</sup>**  
 EACH

Spier White Wines Assorted 750ml

**Both For**  
**N\$99.99**

Jackson Brown Liqueur Brandy 750ml + Coca-Cola 1.25Ltr

**Budget Savers**

**BIRTHDAY DEAL!**

**56<sup>99</sup>**  
 EACH

Underberg 3Pack

**76<sup>99</sup>**  
 EACH

Kleine Keiler 6Pack

**175<sup>99</sup>**  
 EACH

Jagermeister 10Pack

**BIRTHDAY DEAL!**

**219<sup>99</sup>**  
 EACH

Kuemmerling Liqueur 20 x 25ml

**2 For**  
**N\$245.99**

Belgravia RTD 440ml

**2 For**  
**N\$139.99**

Carling Black Label 500ml

**BIRTHDAY DEAL!**

**58<sup>99</sup>**  
 EACH

White Horse Whisky 200ml

**52<sup>99</sup>**  
 EACH

Gordon's Dry Gin 200ml

**119<sup>99</sup>**  
 EACH

Jameson Irish Whiskey 200ml

**Braai Time!**

**32<sup>99</sup>**  
 EACH

Family Favorite Charcoal 4Kg

**44<sup>99</sup>**  
 EACH

Family Favorite Briquettes 4Kg

**34<sup>99</sup>**  
 EACH

Family Favorite Braai Wood 8Kg

**42<sup>99</sup>**  
 EACH

Lion Firelighters Double Pack

**BIRTHDAY DEALS!**

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**Bigger, Better and Always CHEAPER!!**