

# Metro NAMIBIA

A Sefalana Group Company

## Cash 'n Carry



**CASH N CARRY & HYPER ONLY**

# BAKING

<p><b>24<sup>99</sup></b> EACH</p> <p>Fatima Puff Pastry 400 G</p>	<p><b>63<sup>99</sup></b> EACH</p> <p>Naarmann Cream Unsweetened 1 Ltr</p>	<p><b>29<sup>99</sup></b> EACH</p> <p>Stork Brick Bake 500 G</p>	<p><b>24<sup>99</sup></b> EACH</p> <p>Wooden Spoon Margarine 500 G</p>	<p><b>19<sup>99</sup></b> EACH</p> <p>Koo Peach Sliced or Halves 410 G</p>
<p><b>25<sup>99</sup></b> EACH</p> <p>Craft Coconut Milk 400 G</p>	<p><b>31<sup>99</sup></b> EACH</p> <p>Liberty Coconut Cream 400 ML</p>	<p><b>31<sup>99</sup></b> EACH</p> <p>Clover Condensed Milk 385 G</p>	<p><b>35<sup>99</sup></b> EACH</p> <p>Nestle Ideal Milk 385 G</p>	<p><b>36<sup>99</sup></b> EACH</p> <p>Nestle Treat Caramel 360 G</p>
<p><b>59<sup>99</sup></b> EACH</p> <p>Trumps Cocoa Powder 250 G</p>	<p><b>28<sup>99</sup></b> EACH</p> <p>Trumps Rainbow Bubbles 50 G</p>	<p><b>29<sup>99</sup></b> EACH</p> <p>Trumps Cherries Asst 200 G</p>	<p><b>4<sup>39</sup></b> EACH</p> <p>Gold Star Instant Yeast 10 G</p>	<p><b>11<sup>99</sup></b> EACH</p> <p>Robertsons Colourings or Essence Asst 40 ML</p>
<p><b>25<sup>99</sup></b> EACH</p> <p>Rhodes Smooth Apricot Jam 450 G</p>	<p><b>77<sup>99</sup></b> EACH</p> <p>Thokoman Peanut Butter Asst 750 ML</p>	<p><b>89<sup>99</sup></b> EACH</p> <p>Nutella Chocolate Spread 350 G</p>	<p><b>79<sup>99</sup></b> EACH</p> <p>Little Bee Honey 500 G</p>	<p><b>35<sup>99</sup></b> EACH</p> <p>Illovo Golden Syrup Asst 500 G</p>
<p><b>26<sup>99</sup></b> EACH</p> <p>Robertsons Bicarbonate of Soda 500 G</p>	<p><b>31<sup>99</sup></b> EACH</p> <p>Maizena Cornflour Tub 500 G</p>	<p><b>34<sup>99</sup></b> EACH</p> <p>Best Choice Icing or Castor Sugar 1 KG</p>	<p><b>46<sup>99</sup></b> EACH</p> <p>Snowflake Creations Asst EACH</p>	<p><b>17<sup>99</sup></b> EACH</p> <p>Imbo Coconut 200 G</p>

A brand you can **TRUST**



PRICES VALID: 19 SEPTEMBER - 03 NOVEMBER 2024



METRO NAMIBIA

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

Divundu • Eenhana • Gobabis • Grootfontein • Keetmanshoop • Mega-Katima • Mega-Swakopmund • Mariental • Ondangwa • Oshakati • Otjiwarongo • Rundu • Swakopmund • Tsumeb • Walvisbay • Windhoek • Northern Industrial Area • Kongola • Zambezi • Hyper (KLEINE KUPPE) • Metro Lüderitz • Metro Karibib







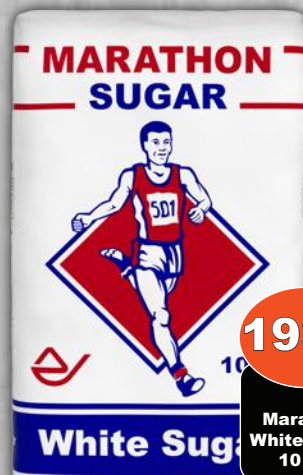
**46<sup>99</sup>**  
EACH  
Jungle Oats  
1 KG



**92<sup>99</sup>**  
EACH  
Best Choice  
Light Brown  
Sugar  
5 KG



**92<sup>99</sup>**  
EACH  
Bokomo Cake  
Wheat Flour  
5 KG



**193<sup>99</sup>**  
EACH  
Marathon  
White Sugar  
10 KG



**229<sup>99</sup>**  
EACH  
Bakpro Cake  
wheat Flour  
12.5 KG



**15<sup>99</sup>**  
EACH  
Robertsons  
Ground  
Cinnamon  
40 G or Ginger  
Refill 50 G



**34<sup>99</sup>**  
EACH  
Cadbury  
Bubbly Asst  
150 G



**16<sup>99</sup>**  
EACH  
Manhattan  
Marsh  
Mallows Asst  
150 G



**14<sup>99</sup>**  
EACH  
Beacon Slab  
Asst  
80 G



**43<sup>99</sup>**  
EACH  
Safari  
Raisins  
500 G



**85<sup>99</sup>**  
EACH  
Craft  
Chocolate  
Chips or Milk  
1 KG



**99<sup>99</sup>**  
EACH  
Craft Caramel  
or White  
Chips  
1 KG



**84<sup>99</sup>**  
EACH  
Craft  
Chocolate  
OR Rainbow  
Vermicelli  
1 KG



**45<sup>99</sup>**  
EACH  
Liberty  
Baking  
Powder  
1 KG



**59<sup>99</sup>**  
EACH  
Liberty Icing  
or Custor  
Sugar  
1 KG



**21<sup>99</sup>**  
EACH  
Twinsaver  
Cupcake  
Papercups  
50's  
M122027



**39<sup>99</sup>**  
EACH  
Cake  
Decorating  
Icing Bag &  
6 Nozzels  
M141625



**69<sup>99</sup>**  
EACH  
Hillhouse  
Measuring  
Set 6 PC  
Stackable  
M125852



**159<sup>99</sup>**  
EACH  
Hillhouse  
Non-Stick  
Springform  
Cake Pan  
2 PCs  
M142361



**59<sup>99</sup>**  
EACH  
Hillhouse  
Measuring  
Jug  
1 Ltr  
M125845



**24<sup>99</sup>**  
EACH  
Twinsaver  
Paper Towels  
2's



**25<sup>99</sup>**  
EACH  
Twinsaver  
Light Foil  
5 M



**24<sup>99</sup>**  
EACH  
Twinsaver  
Baking Paper  
5 M



**119<sup>99</sup>**  
EACH  
Liberty  
Wrap  
EACH



**49<sup>99</sup>**  
EACH  
Liberty  
Aluminium  
Heavy Foil  
EACH

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**Metro**  
making happier families

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