



Cash 'n Carry & Hyper

CRAZY Cash-Back

Competition

Buy any 3 Participating Products and Swipe your Metro Rewards Card to be automatically entered-
WIN Your Share of N\$ 25 000
1 X WEEKLY WINNER OF N\$ 5 000.

T & C's apply



Jungle Oats
1kg



Tastic Rice
2kg



C&B Mayonnaise
3kg



All Gold Tomato Sauce
700ml



PRICES VALID: 20 FEBRUARY - 29 MARCH 2026

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



METRO NAMIBIA



CRAZY Cash-Back



**Lucky Star
Pilchards Asst.
400g**



**Koo Cream Style 415g or
Whole Kernel Corn 410g**



**Lucky Star Shredded
Tuna Asst.
170g**



**Koo Chakalaka Asst.
410g**



**Koo Baked Beans in
Tomato Sauce
400g**



**Top One
Corned Meat
300g**



**Tomato & Onion Mix
or Braai Relish
410g**



**Koo Garden Peas in Brine
400g**



**Lucky Star Soya Mince
Asst.
400g**



**Koo Mixed Vegetables
420/410g**



**Hugo's Mixed Fruit Jam
900g**



**Holbrooks
Worcester Sauce
250ml**



**Mrs. Ball's Chutney
Asst.
1.1kg**



**Beetroot
Slices & Grated
780g**



**Mrs. Ball's Chutney
Asst.
470g**



**All Gold Superfine
Apricot Jam
900g**



**Black Cat Peanut Butter
800g**



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Tastic Rice
10kg

179⁹⁹
EACH



Taystee Wheat
1kg

59⁹⁹
EACH



Jungle Oats Poly Bag
2kg

85⁹⁹
EACH



Lion Popcorn
500g

14⁹⁹
EACH



Jungle Muesli Asst.
750g

68⁹⁹
EACH



Laager Tea
80's

42⁹⁹
EACH



Tea Time
100's

24⁹⁹
EACH



Tetley Big Tea
102's

52⁹⁹
EACH



Teeco Black Tea
26's

10⁹⁹
EACH



Switch Energy Drink
Assrt. 500ml

9⁹⁹
EACH



Pampers
Nappies/Pants
Carry Pack

89⁹⁹
EACH



Pampers
Nappies/Pants
Value Pack

214⁹⁹
EACH



Pampers
Baby Wipes
Asst.

29⁹⁹
EACH

A brand you can
TRUST



Metro
"making HAPPIER
families"

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Nolene Petroleum Jelly
200ml

21⁹⁹
EACH



Old Spice Deodorant Spray Asst.
150ml

39⁹⁹
EACH



Minora Disposable Razors
5s

29⁹⁹
EACH



ANY 1 FOR 19⁹⁹
Always Maxi Pads 9's 10's
Liners 20's



Nolene Bubble Bath
1ltr

28⁹⁹
EACH



MINORA Blades Long Handle
24's

74⁹⁹
EACH



Minora Blades
5's

5⁹⁹
EACH



Oral-B 123 Medium Toothbrush

14⁹⁹
EACH



Inecto Super Black
28ml

19⁹⁹
EACH



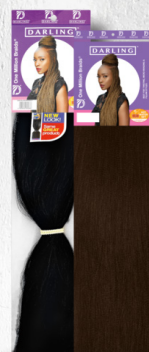
Inecto Hair Color Asst.
50ml

34⁹⁹
EACH



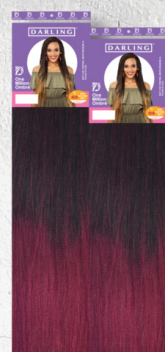
Darling Yaki Braids
Asst.

9⁹⁹
EACH



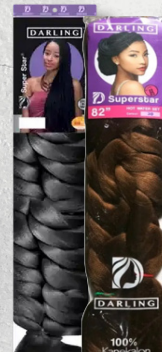
Darling One Million Braids
Asst.

29⁹⁹
EACH



One Million 2x Extra Length Braids

52⁹⁹
EACH



Superstar Braids
Asst.

49⁹⁹
EACH



Pamper Asst.
85g

10⁹⁹
EACH



Epel Butch Wet Dog Food Asst.
820g

26⁹⁹
EACH



Pamper Dry Cat Food
2kg

129⁹⁹
EACH



A&R Wild Bird Seeds
2kg

89⁹⁹
EACH



Pamper Wet Cat Food
385/400g

21⁹⁹
EACH



Pamper Mutlipack
85 x 12

124⁹⁹
EACH



A&R Top Fowl
10kg

209⁹⁹
EACH

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