



Cash 'n Carry & Hyper

CATERING



199⁹⁹ EACH

Realgood
Chicken Mixed
Portion
4 KG



115⁹⁹ EACH

Clover
Butter
Portions
72'S



99⁹⁹ EACH

Catercraft
Catering
Chips
2.5 KG



99⁹⁹ EACH

Farmhouse
Ice Cream
Asst
5 Ltr



174⁹⁹ EACH

Family
Favorite
Rice
10 KG



125⁹⁹ EACH

Polana
Macaroni or
Elbows
5 KG



94⁹⁹ EACH

Iwisa
Easy Cook
Samp
5 KG



67⁹⁹ EACH

Jungle Muesli
Assorted
750 G



39⁹⁹ EACH

Metro BBQ
Spice
1 KG



125⁹⁹ EACH

Knorr
Aromat
1 KG



255⁹⁹ EACH

Jimmy's
Steakhouse
Sauce
5 Ltr



129⁹⁹ EACH

Fine Foods
Fruit Chutney
3 KG



85⁹⁹ EACH

Wellington's
Tomato
Sauce
2 Ltr



79⁹⁹ EACH

Crystal Gold
Sweet Chilli
Sauce
2 Ltr



144⁹⁹ EACH

Nola
Mayonnaise
3 KG



265⁹⁹ EACH

Lazenby
Worcester
Sauce
5 Ltr



369⁹⁹ EACH

Crystal Gold
Sunflower
Oil
10 Ltr



109⁹⁹ EACH

Craft
Mix Vegetables
3 KG



129⁹⁹ EACH

Rhodes
Baked Beans
3 KG



152⁹⁹ EACH

Rhodes
Peach Slices/
Halves
3 KG



285⁹⁹ EACH

Rico
Coffee
1.5 KG



79⁹⁹ EACH

Laager
Rooibos Tea
160'S



49⁹⁹ EACH

Joko
Tagless Tea
100'S



249⁹⁹ EACH

Ellis Brown
Coffee
Creamer
200 x 4 G



77⁹⁹ EACH

WOW
Peanut Butter
1 KG

A brand you can
TRUST

**Bigger, Better
and Always
CHEAPER!!**

Metro
Cash 'n Carry & Hyper
"making HAPPIER
families"

DATES: 01 - 31 AUGUST 2025



METRO NAMIBIA

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129⁹⁹ EACH

Endearmints Asst. 1 KG

99⁹⁹ EACH

Capricorn Sweets Enjoymint 1 KG

23⁹⁹ EACH

Amajoya Sweets 4GR x 50

72⁹⁹ EACH

Liquifruit Asst. 6 x 300 ML

69⁹⁹ EACH

Brookes Juice Tru-lem 2 Ltr

225⁹⁹ EACH

Interpack Nectar Concentrate 5 Ltr

239⁹⁹ EACH

Nova Serviette Econo 1ply Virgin 3000'S

89⁹⁹ EACH

Valupak Econo Fomo 40 White 50'S

59⁹⁹ EACH

Valupak Plastic Dessert Spoons, Forks, Knives 250's

39⁹⁹ EACH

Liberty Aluminium Caterfoil Heavy 440 x 70M

25⁹⁹ EACH

Dinu Kitchen Towel 2'S

89⁹⁹ EACH

Indaba Plastic Party Chair Black M156526

2499⁹⁹ EACH

Total 3 Pot Boiling Table M135436

1099⁹⁹ EACH

Total Table Canteen M107930

59⁹⁹ EACH

Oval Plastic Basin M156521

716⁹⁹ EACH

Willy Tumblers Box Of 72 M126588

899⁹⁹ EACH

Total Plastic Foldable Table White 6FT M124266

10⁹⁹ EACH

Global Chaffing Fuel 200 ML M110506

699⁹⁹ EACH

Chafing Dish 1 Pan or 2 Pans M153609-Singles M153610-Double

79⁹⁹ EACH

Plastic Catering Plate Assorted 10'S M156473

109⁹⁹ EACH

Bon Voyage Kettle 2.5 Ltr M132064

149⁹⁹ EACH

A Star Methylated Spirits 5 Ltr

149⁹⁹ EACH

Newden Pine Gel 5 Ltr

129⁹⁹ EACH

Plush All Purpose Cream 5 Ltr

189⁹⁹ EACH

Sunlight Dish Washing Liquid 5 Ltr

169⁹⁹ EACH

Comfort Fabric Softener 3 Ltr

349⁹⁹ EACH

Omo Auto Washing Powder 9 KG