



Cash 'n Carry & Hyper Stores

CATERING



125⁹⁹
EACH

PARMALAT
PODS MILK
50'S



199⁹⁹
EACH

PARMALAT
FULL CREAM
CHEESE SLICES
72'S/1.2KG



115⁹⁹
EACH

CLOVER
BUTTER MINI
TUBS BOX
72 x 7 G



99⁹⁹
EACH

CATERCRAFT
CATERING
CHIPS
2.5KG



129⁹⁹
EACH

POLANA
MAC / ELBOW
5KG



179⁹⁹
EACH

FAMILY
FAVORITE
RICE
10 KG



59⁹⁹
EACH

POLANA
FUSILLI
2KG



26⁹⁹
EACH

CATERING
SPAGHETTI
1KG



157⁹⁹
EACH

INA PAARMAN
SEASONING
SPICE ASST
1KG



159⁹⁹
EACH

ROBERTSONS
PAPRIKA
700G



369⁹⁹
EACH

CRYSTAL GOLD
SUNFLOWER OIL
10LT



97⁹⁹
EACH

WELLINGTON
TOMATO
SAUCE
2LT



79⁹⁹
EACH

CRYSTAL GOLD
SWEET CHILLI
SAUCE
2KG



352⁹⁹
EACH

JIMMY
CHIPS & BURGER
SAUCE
5LT



265⁹⁹
EACH

MAGGI
WORCESTER
SAUCE
5LT



157⁹⁹
EACH

NOLA
MAYONNAISE
3KG



179⁹⁹
EACH

MONTAGU
CHUTNEY
ASST
5LT



154⁹⁹
EACH

TOP ECONOMY
SOYA MINCE
ASST
5KG



159⁹⁹
EACH

RHODES
TOMATO
PUREE
3KG



145⁹⁹
EACH

LIBERTY
STEMS & PIECES
MUSHROOMS
3KG



276⁹⁹
EACH

JACOBS
BARISTA
BEANS ASST
1KG



81⁹⁹
EACH

LAAGER
ROOIBOS TEA
160'S



74⁹⁹
EACH

JACOBS
INSTANT 2 IN
1 / 3 IN 1 ASST
STICKS 20'S



275⁹⁹
EACH

RICOFFEY
STICKS
200'SX2.7G



255⁹⁹
EACH

ELLIS BROWN
CREAMER
STICKS
200X4G

A brand you can
TRUST

**Bigger Butter
and Always
CHEAPER!!**

Metro
"making HAPPIER
families"

DATES: 1 JULY 2025 - 31 JULY 2025

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



METRO NAMIBIA



Drinks and Treats



29⁹⁹
EACH
OUMA RUSKS
SINGLE
SLICED
8x30G



129⁹⁹
EACH
ENDEARMINTS
SWEETS
1KG



129⁹⁹
EACH
CAPRICORN
ENJOYMINTS
1KG

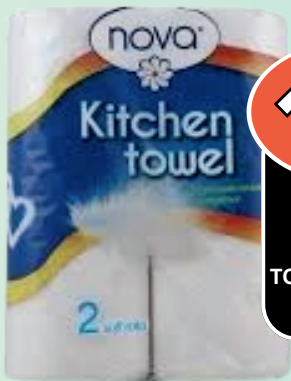


239⁹⁹
EACH
INTERPACK
CONCENTRATE
5LT



49⁹⁹
EACH
BOSTON
LEMON JUICE
2 LT

PACKAGING



19⁹⁹
EACH
NOVA
KITCHEN
TOWELS 50SH
2 PLY 2'S



139⁹⁹
EACH
NOVA 1 PLY
VIRGIN
SERVIETTES
1000'S



279⁹⁹
EACH
NOVA TIDY
WIPES
GARAGE ROLL
210X500 4KG



779⁹⁹
EACH
VALUPAK
ECONO WRAP
FILM
100M X 380MM



239⁹⁹
EACH
LIBERTY
HEAVY FOIL
70M

CLEANING PRODUCTS



149⁹⁹
EACH
METRO
NAMGEL
5LT



199⁹⁹
EACH
SUNLIGHT
DISHWASHING
LIQUID
5LT



129⁹⁹
EACH
DOMESTOS
PROFESSIONAL
BLEACH
3LT



299⁹⁹
EACH
SUNLIGHT
WASHING
POWDER AUTO
9KG



99⁹⁹
EACH
STA-SOFT
FAB SOFTNER
4LT



1299⁹⁹
EACH
EGOLI
ALUMINIUM
CATERING
POT 33LT
M106768



899⁹⁹
EACH
BON VOYAGE
CATERING
POT SET
M132057



2499⁹⁹
EACH
SALTON
S/STEEL URN
20L
M106735



549⁹⁹
EACH
CHAFING
DISHS
SINGLE/
DOUBLE
M153609/
M153610



129⁹⁹
EACH
STERLING
H/DUTY DANNY
CHAIR BLK
(PLASTIC)
M156544



1099⁹⁹
EACH
TOTAL
CANTEEN
TABLE
M107930



2099⁹⁹
EACH
TOTAL 3 POT
BOILING
TABLE
M125732



899⁹⁹
EACH
TOTAL
FOLDABLE
PLASTIC
TABLE
M107929



19⁹⁹
EACH
GLOBAL
CHAFING
FUEL
200ML
M110506



199⁹⁹
EACH
FLAZZ
CHAFING
FUEL GEL
5LT
M137972

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