

# Metro

## Cash 'n Carry & Hyper CATERING



**214<sup>99</sup>** EACH

Realgood  
IQF Mixed  
Portions  
4kg



**129<sup>99</sup>** P/kg

Catering Bacon



**109<sup>99</sup>** EACH

Dairymaid  
Farmhouse Ice  
Cream  
5ltr



**229<sup>99</sup>** EACH

Aylesbury  
Soft Serve  
5ltr



**219<sup>99</sup>** EACH

Ethekwini  
Cheddar Grated  
Medium 50:50  
2kg



**114<sup>99</sup>** EACH

Clover Butter  
Portions  
72's



**99<sup>99</sup>** EACH

Catercraft  
Catering Chips  
2kg



**89<sup>99</sup>** EACH

Iwisa  
Easy Cook Samp  
5kg



**129<sup>99</sup>** EACH

Knorr Aromat  
Spice  
1kg



**145<sup>99</sup>** EACH

Robertsons  
Rajah Curry  
Powder Asst.  
800g



**399<sup>99</sup>** EACH

Crystal Gold  
Oil  
10ltr



**82<sup>99</sup>** EACH

Wellington  
Ketchup Style  
Tomato Sauce  
2ltr



**149<sup>99</sup>** EACH

Nola  
Mayonnaise  
3kg



**129<sup>99</sup>** EACH

Jimmy  
Steakhouse  
Sauce  
2ltr



**79<sup>99</sup>** EACH

Crystal Gold  
Sweet Chilli Sauce  
2ltr



**169<sup>99</sup>** EACH

Montagu  
Chutney  
5ltr



**157<sup>99</sup>** EACH

Rhodes  
Pineapple Rings/  
Pieces/Crushed  
3kg



**169<sup>99</sup>** EACH

Craft  
Fruit Cocktail  
3kg



**139<sup>99</sup>** EACH

Koo  
Baked Beans  
3kg



**167<sup>99</sup>** EACH

Rhodes  
Gherkins  
Asst  
3Kg



**144<sup>99</sup>** EACH

Craft  
Mushrooms  
Pieces & Stems  
3kg



**269<sup>99</sup>** EACH

Ricoffy  
Sticks  
200's x 2.7g



**127<sup>99</sup>** EACH

Five Roses  
Tagless Tea  
200's



**39<sup>99</sup>** EACH

Joko  
Rooibos Tea  
80's



**69<sup>99</sup>** EACH

Wow  
Peanut butter  
1kg

A brand you can  
**TRUST**

**Bigger, Better  
and Always  
CHEAPER!!**

**Metro**  
"making HAPPIER  
families"

**DATES: 01 - 31 March 2026**



**METRO NAMIBIA**

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



## DRINKS & TREATS



**139<sup>99</sup>**  
EACH

Endearmints  
Asst.  
1 Kg



**36<sup>99</sup>**  
EACH

Ouma  
Rusks Single  
Sliced  
8 x 30g



**159<sup>99</sup>**  
EACH

Nestlé Pure Life  
Still Water 24 x  
330ml



**71<sup>99</sup>**  
EACH

Liquifruit  
Sparkling Juice  
6x300ml



**41<sup>99</sup>**  
EACH

Brookes  
Roses Cordial  
750 ml



**239<sup>99</sup>**  
EACH

Interpack  
Nectar  
Concentrate  
5 Ltr

## PACKAGING



**129<sup>99</sup>**  
EACH

Nova Serviette  
Econo 1ply  
Virgin  
1000'S  
M130100



**199<sup>99</sup>**  
EACH

Nova Supa  
Wipes 170mm  
3.2kg  
M130096



**699<sup>99</sup>**  
EACH

Afpak Econo  
Film  
380 x 1400mm  
M100017



**229<sup>99</sup>**  
EACH

Liberty Heavy  
Catering Foil  
70m  
M108748



**199<sup>99</sup>**  
EACH

Garbie Bulk  
Pack Black  
Refuse Bags  
100's  
M160294

## CLEANING PRODUCTS



**149<sup>99</sup>**  
EACH

Mr. Sheen  
Pine Gel  
5ltr



**199<sup>99</sup>**  
EACH

Sunlight  
Dishwashing  
Liquid  
5ltr



**129<sup>99</sup>**  
EACH

Domestos  
Thick Bleach  
3 Ltr



**169<sup>99</sup>**  
EACH

Comfort  
Fabric  
Softener  
3Ltr



**349<sup>99</sup>**  
EACH

Omo Auto  
Washing  
Powder  
9kg



**799<sup>99</sup>**  
EACH

Wheeli Bin 140lt  
M159965

**1399<sup>99</sup>**  
EACH

Wheeli Bin 240lt  
M159964



**79<sup>99</sup>**  
EACH

Basin  
Asst  
M156514



**199<sup>99</sup>**  
EACH

Global Chafing  
Fuel  
5ltr  
M110507



**1299<sup>99</sup>**  
EACH

Egoli Aluminium  
Catering Pot  
33ltr  
M106768



**599<sup>99</sup>**  
EACH

Chafing Dish  
Single or Double  
M153609  
M153610



**89<sup>99</sup>**  
EACH

Plastic Party  
Chair Black  
M155348



**1999<sup>99</sup>**  
EACH

Totai Canteen  
Steel Table  
M107930



**999<sup>99</sup>**  
EACH

Totai Foldable  
Plastic Table  
6ft  
M107929



**2399<sup>99</sup>**  
EACH

Totai 3 Pot  
Boiling Table  
M135436



**1999<sup>99</sup>**  
EACH

Salton Stainless  
Steel Urn  
16ltr  
M106735