

Metro

Cash 'n Carry & Hyper

CATERING



P/kg

79⁹⁹ P/kg

Chicken Fillets

125⁹⁹ EACH

PARMALAT MILK PODS 50'S

114⁹⁹ EACH

Clover Butter Portions 72's

99⁹⁹ EACH

Dairymaid Farmhouse Ice Cream 5 Ltr

199⁹⁹ EACH

PARMALAT FULL CREAM Process Slices (75iws) 1.2kg

P/kg

79⁹⁹ P/kg

Chicken Wings 3 Joint P/Kg

84⁹⁹ EACH

Family Favorite Rice 5Kg

128⁹⁹ EACH

Polana Macaroni or Elbows 5 Kg

399⁹⁹ EACH

Crystal Gold Sunflower Oil 10 Ltr

229⁹⁹ EACH

Bakpro Cake Flour 12.5 Kg

33⁹⁹ EACH

Diverse Kapana Spice 1kg

75⁹⁹ EACH

Jungle Oats 2Kg

81⁹⁹ EACH

Spur BBQ or Durkey Sauce 1LT

169⁹⁹ EACH

Nola Mayonnaise 3 Kg

299⁹⁹ EACH

All Gold Tomato Sauce 4.5 Ltr

197⁹⁹ EACH

Mrs. Ball's Chutney Asst 3 Ltr

169⁹⁹ EACH

Rhodes Gherkins Asst 3 Kg

235⁹⁹ EACH

Koo Fruit Cocktail 3 Kg

125⁹⁹ EACH

Rhodes Tomato & Onion Mix 3 Kg

39⁹⁹ EACH

Koo Peach Slice or Halves 825 g

287⁹⁹ EACH

Maggi Worcestershire Sauce 5 Ltr

31⁹⁹ EACH

Trinco Tea 100'S

279⁹⁹ EACH

Ellis Brown Creamer Sticks 200's x 4 g

57⁹⁹ EACH

All Gold Apricot or Mix Fruit Jam 1.2Kg

12 x 125g

152⁹⁹

Thokoman Peanut Butter

A brand you can TRUST

Bigger, Better and Always CHEAPER!!

Metro "making HAPPIER families"

DATES: 01 - 28 February 2026

Instagram Facebook X METRO NAMIBIA

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



DRINKS & TREATS



139⁹⁹ EACH

Endearmints Asst. 1 Kg



34⁹⁹ EACH

Ouma Rusks Single Sliced



69⁹⁹ EACH

Brookes Tru-lem Juice 2 Ltr



239⁹⁹ EACH

Interpack Nectar Concentrate 5 Ltr



41⁹⁹ EACH

Brookes Roses Cordial 750 ml

PACKAGING



Any 1 for

59⁹⁹ EACH

Valupak Plastic Dessert Spoons, Forks, Knives 250's M105291/2 M105305



269⁹⁹ EACH

Afpak Heavy Duty Foil 70m M100018



149⁹⁹ EACH

Valupak Grease Proof Nr 2 500's M134737



239⁹⁹ EACH

Nova Serviettes Virgin 2Ply 300x300 1000's M130101



59⁹⁹ EACH

Valupak Econo 40 White 50's M129992

CLEANING PRODUCTS



89⁹⁹ EACH

Metro Dishwashing Liquid 5 Ltr



159⁹⁹ EACH

Metro Namgel 5 Ltr



129⁹⁹ EACH

Domestos Thick Bleach 3 Ltr



169⁹⁹ EACH

Comfort Fabric Softener 3Ltr



299⁹⁹ EACH

Sunlight Auto Washing Powder 9 Kg



12⁹⁹ EACH

Willy Tumbler 1's M126588



29⁹⁹ EACH

Champagne Glasses 210 MI



49⁹⁹ EACH

Prestige 3pcs Wooden Spoon M105457



34⁹⁹ EACH

Ceramic White Dinner Plate M103825



15⁹⁹ EACH

Plastic Fancy Oversized Plate Assorted 1's M156473



89⁹⁹ EACH

Plastic Party Chair Black M155348



999⁹⁹ EACH

Total Canteen Table M107930



999⁹⁹ EACH

Total Foldable Plastic Table 6ft M107929



2299⁹⁹ EACH

Total 3 Pot Boiling Table M125732



599⁹⁹ EACH

Chafing Dish Single or Double M153609-Singles M153610-Double