

Metro

Cash 'n Carry & Hyper

CHEAPER
BUY THE
BOX

BIG BOX - SMALL PRICE TAG

PRICES VALID: 1 MARCH - 31 MARCH 2026

BUY IN BULK & SAVE



EQUATES TO: **9⁹⁹** EACH

299⁹⁹
BOX

Orbit
Chewing Gum
Asst.
30 x 14g



189⁹⁹
BOX

Nestlé Chocolate
Minis Box Asst.
21g x 24/ 18g x 24
20g x 36



EQUATES TO: **4¹⁶** EACH

124⁹⁹
BOX

Simba
Potato Chips
30 x 25g



EQUATES TO: **5²⁷** EACH

189⁹⁹
BALER

Simba
Peanut Salted &
Peanut and Raisins
36 x 50g



EQUATES TO: **1¹⁸** EACH

58⁹⁹
BALER

Simba
Niknaks Balers
50 x 20g



EQUATES TO: **11³³** EACH

135⁹⁹
BOX

Bakers
Topper Biscuits
12 x 125g



EQUATES TO: **3⁷⁴** EACH

89⁹⁹
BOX

Lunchbar
Chocolates
24 x 21g



EQUATES TO: **10⁹⁹** EACH

329⁹⁹
BOX

Jungle Energy
Snack Bar Asst.
30 x 40g



EQUATES TO: **4¹⁶** EACH

199⁹⁹
BOX

Wilsons
xxx Lozenges
48 x 26g



EQUATES TO: **4⁵⁸** EACH

219⁹⁹
BOX

Bioplus Sachet
48 x 10ml



EQUATES TO: **13⁷⁴** EACH

329⁹⁹
CASE

Bonaqua
Still Water
24 x 750ml



EQUATES TO: **10⁴⁹** EACH

62⁹⁹
CASE

Energade
Sports Drink
6 x 500ml



EQUATES TO: **29⁶⁶** EACH

335⁹⁹
CASE

Jimmy's
Steakhouse Sauce
12 x 375ml



EQUATES TO: **18⁵⁹** EACH

185⁹⁹
BOX

Robertsons
Braai Grill Spice
10 x 200g



A brand you can
TRUST

Metro
"making HAPPIER
Friends"

Available at:

Divundu • Eenhana • Gobabis • Grootfontein • Kongola • Keetmanshoop • Karibib • Kuisebmond • Luderitz • Mega-Katima • Mega-Swakopmund • Mariental • Ondangwa • Oshikango • Oshakati • Okuryangava • Otjiwarongo • Rundu • Swakopmund • Tsumeb • Walvisbay • Windhoek • Northern Industrial Area • Zambezi • Hyper (KLEINE KUPPE)



METRO NAMIBIA

EQUATES TO: **16⁶⁶**
EACH



199⁹⁹
EACH

**Lip Ice
Wax-Tray 12's
Asst.**

EQUATES TO: **12⁴⁹**
EACH



149⁹⁹
CASE

**Vaseline
Petroleum Jelly
12 x 50ml**

EQUATES TO: **0²⁰**
EACH



97⁹⁹
PACK

**Valupak
Grease Proof
500's**

EQUATES TO: **0²⁵**
EACH



56⁹⁹
PACK

**Valupak
Plastic Forks
250's**

EQUATES TO: **2⁶⁰**
EACH



129⁹⁹
BOX

**Valupak
Paper Cup Coffee
20 x 25's
250ml**



879⁹⁹
EACH

**Crispa Gold
Oil
20ltr**



389⁹⁹
EACH

**Bokomo Complete Mix
Brown Bread Wheat Flour
25kg**



389⁹⁹
EACH

**Bokomo Complete Mix
White Bread Wheat Flour
25kg**



498⁹⁹
EACH

**Bakpro
Pangrease
25ltr**



499⁹⁹
PACK

**Valupak
Super Bread Bag Clear
200's**

EQUATES TO: **0⁹⁴**
EACH



939⁹⁹
BOX

**Gloves Nitrile
Black Medium (100)
Box 1000's**



1199⁹⁹
PACK

**Valupak
Clear Bag No.6
200's x15**

EQUATES TO: **0⁶⁶**
EACH



659⁹⁹
PACK

**Disposable
Mop Caps Black
100/1000's**

EQUATES TO: **1²⁹**
EACH



1299⁹⁹
PACK

**Valupak Carrier
Medium Bag 20mic
10 x 100's**

EQUATES TO: **1³⁵**
EACH



1349⁹⁹
BOX

**Plastic Aprons
White
1000's**

EQUATES TO: **2²⁹**
EACH



229⁹⁹
CASE

**Elastoplast Plaster
Water Resistant
Strips 10 x 10's**

EQUATES TO: **1³⁶**
EACH



315⁹⁹
BOX

**Cherubs
Cotton Ear Buds
24 x 100's**

EQUATES TO: **1⁹⁹**
EACH



239⁹⁹
BOX

**Dove
Cotton Rolls
12 x 50g**

EQUATES TO: **3¹⁶⁶**
EACH



189⁹⁹
BOX

**Savlon
Antiseptic Liquid
6 x 125ml**

EQUATES TO: **2⁴⁶**
EACH



579⁹⁹
BOX

**Eva Maternity Pads
24 x 12's**



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