

Metro
fresh

where value meets freshness

Metro Fresh is situated in
Kleine Kuppe at Metro Hyper

EASTER SPECIAL

VALID: 19 MARCH-8 APRIL 2026



Available in
*Plain
*Chocolate
*Raisins

7kg Potatoes
3kg Onions
3kg Butternut
3kg Carrots

249.99
VEG COMBO

8x Piece Fried Chicken
2x 150g Coleslaw
2x 150g Fries
2Lt Coke

199.99
HOT DELI COMBO

Metro Biltong Range
Starting from

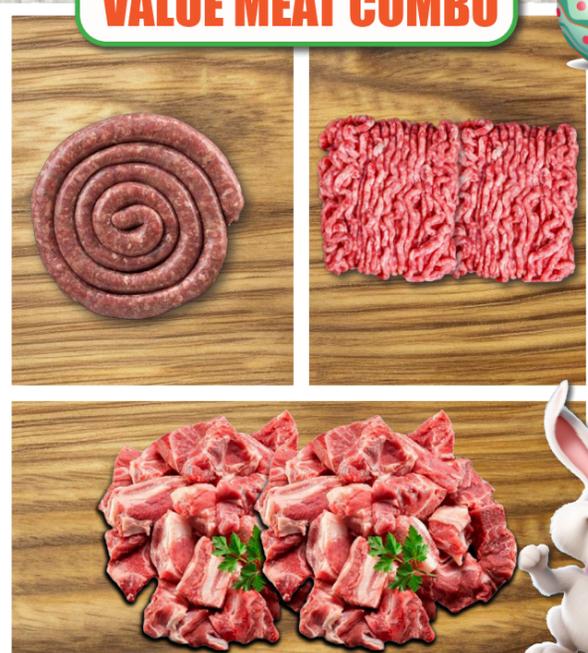
129.99

Hot Cross Buns
6's

19.99

EASTER COMBO

VALUE MEAT COMBO



1kg Lamb Chops
1kg Pork Rashers
1kg Boerewors
1kg Buffalo Wings

399.99

1kg Boskamp Wors
1kg Beef Ground Mince
1kg Beef Stew

299.99

CHICKEN PASTA DISH

Pasta la Vita Penne 500g
1kg Realgood Chicken Breast Fillets
1Lt Emborg Culinary Cooking Cream
Knorr Chicken and Mushroom Sauce

189.99

SCAN ME
FOR THE RECIPE



Everything you need to
make this Recipe is waiting
instore



A brand you can
TRUST

Metro
"making HAPPIER Friends"

Check out our Café and Grab and Go
in store for a variety of ready made meal options



Find us on: Metro Namibia

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES





1kg Baby Potatoes
1kg Onions
1kg Carrots **64.99**
POTJIE COMBO



Apples
1kg Asst **24.99**



Banana Poly Bag
700g **24.99**



Avocado
Each **19.99**



Pears Packham
1kg **24.99**



Sweetcorn
4's **36.99**



Cucumber
Each **19.99**



Diced Pumpkin
500g **14.99**



Diced Butternut
500g **14.99**



Fresh Chips
1kg **29.99**



Chelsea Buns
6's **19.99**



Apple Crumble
Each **39.99**



Garlic Loaf
Each **24.99**



Party Bread
Each **39.99**



Vanilla or Chocolate
Cake
Each **79.99**



Hake & Chips
Each **39.99**



Russian & Chips
Each **24.99**



Calamari Wrap
Each **49.99**



Potato Salad &
2 Piece Chicken
Each **49.99**



Pickled Fish
p/100g **25.99**



Leg of Lamb
p/kg **129.99**



Oumas
Boerewors
p/kg **109.99**



Ground Beef
Mince
p/kg **99.99**



Rump Steak
p/kg **189.99**



Hochland Chicken
Braai Pack
p/kg **89.99**