

Metro

hyper

FLYPE

it UP



Best Price!

46⁹⁹ EACH
Tastic Rice 2Kg



29⁹⁹ EACH
Weet-Bix Assorted 375g / 450g



39⁹⁹ EACH
First Choice Fresh Milk 2Ltr



19⁹⁹ EACH
Clover UHT Milk 1Ltr



Best Price!

35⁹⁹ EACH
C & B Mayonnaise 750g



79⁹⁹ EACH
Crystal Gold Olive Blend Oil 1Ltr



75⁹⁹ EACH
Clover Butro 500g



159⁹⁹ EACH
Nescafé Gold Coffee Jar Assorted 200g



95⁹⁹ EACH
Parmalat Cheese Assorted 600g



19⁹⁹ EACH
Lucky Star Shredded Tuna Assorted 170g



Best Price!

65⁹⁹ EACH
Family Favorite Sunflower Oil 2Ltr



124⁹⁹ EACH
Nova Luxury Soft Toilet Paper 2Ply 18's



18⁹⁹ EACH
Cadbury Slabs Assorted 80g



16⁹⁹ EACH
Pepsi Original ONLY 2Ltr



"making HAPPIER families"
TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT TIME GOING TO PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR.
ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

PRICES VALID: 24 MARCH - 05 APRIL 2025



Perishables

XL savings

Each N\$99.99
Rewards Card!
N\$98.99

Chicken Tizers Crumbed Schnitzels
1Kg

realgood
CHICKEN
Drumsticks

89⁹⁹ EACH

Realgood IQF Chicken Drumsticks
1.5Kg

realgood
CHICKEN
Whole Bird with giblets

79⁹⁹ EACH

Realgood Whole Bird with Giblets
each

Natures Garden
sweetcorn

42⁹⁹ EACH

Natures Garden Peas or Sweetcorn
750g

McCain
Country Crop

49⁹⁹ EACH

McCain Country Crop
1Kg

XL savings

Each N\$62.99
Rewards Card!
N\$61.99

Sea Harvest Fish Fingers
600g

I & J
light & Crispy

86⁹⁹ EACH

I & J Light & Crispy
500g

ESKORT
BBQ Spare Ribs

165⁹⁹ EACH

Eskort Pre Cooked Marinated Ribs
1Kg

I'm New!

Price Per Unit N\$1.42

PIE CO
MINI Sausage Rolls

56⁹⁹ EACH

Nam Pie Mini Sausage Rolls
40's

McCain
Slap Chips

55⁹⁹ EACH

McCain Slap Chips
1Kg

Seafood MIX

69⁹⁹ EACH

Deepcatch Seafood Mix
700g

Calamari RINGS

129⁹⁹ EACH

Deepcatch Calamari Rings
800g

Deepcatch
Half Shell Black Mussel

89⁹⁹ EACH

Deepcatch Half Shell Black Mussel
450g

hartlief
WINDHOEK SALAMI

35⁹⁹ EACH

Hartlief Windhoek Salami Sliced
100g

hartlief
CHICKEN BACON

26⁹⁹ EACH

Hartlief Chicken Bacon
150g

Windhoek
Schlachtereijagdwurst (Roll)

14⁹⁹ EACH

Windhoek Schlachtereijagdwurst (Roll)
100g

hartlief
SMOKED VIENNAS

75⁹⁹ EACH

Hartlief Smoked Viennas
500g

Klein
Windhoek Viennas or Russians

99⁹⁹ EACH

Klein Windhoek Viennas or Russians
2.2Kg

XL savings

Each N\$69.99
Rewards Card!
N\$68.99

EMBOURG
GERMAN CHEESE SLICES

Emborg German Cheese Slices Assorted - 150g

NAARMANN
Whipquick

69⁹⁹ EACH

Naarmann Cream
1Ltr

Flora
Spread Tub Assorted

39⁹⁹ EACH

Flora Spread Tub Assorted
500g

LANCEWOOD
DOUBLE CREAM PLAIN YOGHURT

45⁹⁹ EACH

Lancewood Double Cream Yoghurt
1Kg

Nammilk
Snackies Multi-Pack

18⁹⁹ EACH

Nammilk Snackies Multi-Pack
6x80g

Super M
Flavoured Milk Assorted

39⁹⁹ EACH

Super M Flavoured Milk Assorted
1Ltr

I'm New!

AYLESBURY
Royalty Ice-Cream

89⁹⁹ EACH

Aylesbury Royalty Ice-Cream
2Ltr

Foods



35⁹⁹
EACH

Bokomo
Vetkoek Flour
2.5Kg



25⁹⁹
EACH

Polana
Spaghetti
1kg



49⁹⁹
EACH

Iwisa Quick
Cook Samp
2.5Kg



29⁹⁹
EACH

Maggi Multipack
Noodles
Assorted
5Pack



Each
N\$59.99
Rewards
Card!
N\$58.99

Bokomo Corn Flakes
1Kg



Each
N\$69.99
Rewards
Card!
N\$68.99

Nescafé Cappuccino Assorted
10's



62⁹⁹
EACH

Five Roses
Tagless
Teabags
100's



59⁹⁹
EACH

Nestlé
Cremora
750g



16⁹⁹
EACH

Koo
Chakalaka
Assorted
410g



32⁹⁹
EACH

Top One
Corned Meat
300g



Each
N\$52.99
Rewards
Card!
N\$49.99

Tabasco Red / Green Sauce
60ml



39⁹⁹
EACH

Ina Paarman
Salad Dressing
Assorted
300ml



23⁹⁹
EACH

Robertson's
Spice Assorted
Refill
Large



23⁹⁹
EACH

Top Class
Soya Mince
Assorted
400g



39⁹⁹
EACH

Rhodes
Peaches
825g



49⁹⁹
EACH

Cani
Rusks
Assorted
500g



49⁹⁹
EACH

Snowflake
Creations
Assorted
each



147⁹⁹
EACH

Little Bee
Honey
1kg



Each
N\$85.99
Rewards
Card!
N\$84.99

Yum Yum Peanut Butter
1kg



Both For
N\$39.99

Lays 105g + Doritos 145g
Assorted



11⁹⁹
EACH

Bakers
Mini Cheddars
4 x 25g



Each
N\$35.99
Rewards
Card!
N\$32.99

Bakers Provita Assorted
250g



25⁹⁹
EACH

Tasty Treat
Krit Biscuits
Assorted
150g



25⁹⁹
EACH

Diddle Diddle
Popcorn
Assorted
150g



12⁹⁹
EACH

Cadbury
Countlines
Assorted
40g



18⁹⁹
EACH

Freetree
Juice
Assorted
1Ltr



39⁹⁹
EACH

Brookes
Oros
Assorted
2Ltr



Each
N\$11.99
Rewards
Card!
N\$10.99

Coca-Cola Original
600ml



14⁹⁹
EACH

Bonaqua
Still or Sparkling
Water
1.5Ltr



19⁹⁹
EACH

Monster
Energy Drinks
500ml

XL savings



Each N\$13.99
Rewards Card!
N\$12.99

Lux Soap Assorted 175g



Each N\$39.99
Rewards Card!
N\$38.99

Dove Deodorant Men/Ladies 150ml



Each N\$449.99
Rewards Card!
N\$445.99

Pampers Active Baby Nappies/Pants Mega Box



Each N\$169.99
Rewards Card!
N\$168.99

Sunlight Dishwashing Tablets 56's



Each N\$18.99
Rewards Card!
N\$17.99

Viva Detergent Bar 200g



Each N\$39.99
Rewards Card!
N\$38.99

Family Favourite Pine Gel 1Kg

Cosmetics



69⁹⁹ EACH

Compral Headache Powders 38's



49⁹⁹ EACH

Colgate Total Toothpaste Assorted 75ml

Men or Ladies



39⁹⁹ EACH

Yardley Body Spray Assorted 90ml / 125ml

Men or Ladies



Any 2 For N\$49.99

Yardley Roll-On Assorted 50ml



89⁹⁹ EACH

Elvive Shampoo or Conditioner 300ml/400ml



Any 2 For N\$99.99

Sanex Shower Gel Assorted 500ml



89⁹⁹ EACH

Epi-Max Cream Assorted 400g



32⁹⁹ EACH

Always Sanitary Maxi Value Pack 16's/18's/20's

Baby



Any 2 For N\$24.99

Infacare Juice Assorted 200ml



35⁹⁹ EACH

Nestlé Cerelac Infant Cereal 200g



399⁹⁹ EACH

Alula Gold Kid 4 1.8Kg



119⁹⁹ EACH

Johnson's Baby Wipes 4Pack

Cleaning

Any One For:



29⁹⁹ EACH

Sunlight Dishwashing Liquid 750ml



29⁹⁹ EACH

Harpic White & Shine 750ml



29⁹⁹ EACH

Domestos Bleach Assorted 750ml



29⁹⁹ EACH

Handy Andy Household Cleaner 750ml



32⁹⁹ EACH

Mr. Sheen Multi-Surface Cleaner 300ml



39⁹⁹ EACH

Air Scents Mist Spray Assorted 350ml



39⁹⁹ EACH

Comfort Luxury Fabric Conditioner 800ml



Any 1 For:

89⁹⁹ EACH

Omo Auto Washing Powder 2Kg or Capsules 16's or Liquid 1.5Ltr

Pet Food

Any One For:



49⁹⁹
EACH
Bobtail Gravy Chunks Multipack 8x85g



69⁹⁹
EACH
Catmor Multipack Assorted 10 x 70g



45⁹⁹
EACH
ProPet Sunflower Seed 2Kg



89⁹⁹
EACH
Montego Bags o' Wags Chewies Assorted 500g



75⁹⁹
EACH
Montego Treats/Crunchies Assorted 1Kg



229⁹⁹
EACH
Bob Martin Dog Food Assorted 6Kg



Canine Cuisine Dog Food Assorted - 10Kg

Each
N\$429.99
Rewards Card!
N\$425.99



45⁹⁹
EACH
ProPet Wildbird Seed 2Kg



279⁹⁹
EACH
Feline Cuisine Cat Food Assorted 4Kg



95⁹⁹
EACH
Marltons Dog Bowl Stainless Steel 2.2Ltr

Pest Control



14⁹⁹
EACH
Doom Mosquito Coils 125g



79⁹⁹
EACH
Doom Blue Death 500g



39⁹⁹
EACH
Doom Destroyer Room Spray 300ml



59⁹⁹
EACH
Doom Destroyer Plug in Unit + Refill



32⁹⁹
EACH
Moth-ex Balls 100g

Any One For:



89⁹⁹
EACH
Efekto Malasol 100ml



89⁹⁹
EACH
Efekto Everdeath 500g



89⁹⁹
EACH
Efekto Garden RTU 500ml



89⁹⁹
EACH
Efekto No Insect Indoors 100ml



139⁹⁹
EACH
Efekto Fendona 50ml

Household Items



499⁹⁹
EACH
Blitz Spin Mop with Built-In Soap Dispenser M155722



119⁹⁹
EACH
Goldenmarc Long Handle Broom M144498



49⁹⁹
EACH
Blitz Tear-Off Cloths 35Pack M155721



39⁹⁹
EACH
Dish Swab 10 Pack M143913



25⁹⁹
EACH
Easyclean Rainbow Sponges 5's



19⁹⁹
EACH
Melbro Zombi Tumblers M131977



89⁹⁹
EACH
Stainless Steel Coloured Fork/Knife/Spoon Set M155144/121



21⁹⁹
EACH
Ceramic Mugs Assorted M153687



49⁹⁹
EACH
6 Sided Grater Assorted Colours M155156



69⁹⁹
EACH
Varta Longlife Batteries AA 4's

Household Items

Assorted Colours

- 12⁹⁹ EACH**
Plastic Beer Mugs Assorted M101360
- 79⁹⁹ EACH**
Contour Tub with Rope Handles 75Ltr M101343
- 199⁹⁹ EACH**
Contour Folding Table M14529
- 29⁹⁹ EACH**
Plastic Microwave Cover M111205
- 169⁹⁹ EACH**
Food Container Set 20Pcs M155626/628

- 99⁹⁹ EACH**
African Electric Extension Lead 10m M100208
- 99⁹⁹ EACH**
Total Tools 13 in 1 Ratchet Screwdriver Set M151712
- 49⁹⁹ EACH**
Shield Dashboard Spray Assorted 300ml
- 49⁹⁹ EACH**
Shield Splash Car Shampoo 1Ltr
- 199⁹⁹ EACH**
Eveready EverLite LED 5W Cool Bayonet/ Screw Globe

Pool/Braai

- 279⁹⁹ EACH**
HTH Pace 4in1 Floater 1.6Kg M101621
- 179⁹⁹ EACH**
HTH Dry Acid 3Kg M101631
- 279⁹⁹ EACH**
HTH Dry Chlorine 2Kg M101627
- 159⁹⁹ EACH**
Camping Chair Blue M155287
- 49⁹⁹ EACH**
Pool Noodles 1.5m M141748

- 35⁹⁹ EACH**
Family Favorite Charcoal 4Kg
- 45⁹⁹ EACH**
Family Favorite Briquettes 4Kg
- 26⁹⁹ EACH**
Family Favorite Firelighters 12's
- 35⁹⁹ EACH**
Family Favorite Wood 8Kg
- 129⁹⁹ EACH**
Prestige Braai Tong & Fork Set M105407

Appliances

- 699⁹⁹ EACH**
Berkart 2in1 Aeroforce Vacuum M150612
- 299⁹⁹ EACH**
Bennett Read Powerglide Iron 2200W M135109
- 899⁹⁹ EACH**
Bennett Read Powder Blender 1000W M135139
- 449⁹⁹ EACH**
Pineware Sandwich Maker 2Slice M135964
- 499⁹⁹ EACH**
Russell Hobbs Blade Coffee Grinder M128681

Starter Pack

- 599⁹⁹ EACH**
Pineware Starter Pack M106750
- 189⁹⁹ EACH**
Decakila Stainless Steel Kettle - 1.8Ltr M152252
- 799⁹⁹ EACH**
Bennett Read Vacuum Sealer M135182
- 6699⁹⁹ EACH**
Bennett Read Eco Tech Washing Machine 7Kg
- 2499⁹⁹ EACH**
Samsung Metallic Microwave 32Ltr

Metro home

where value meets home

Bennett Read Digital Airfryer 10ltr
N\$1799.99

Hillhouse Airfryer Liner Asst.
N\$59.99 - 79.99

Melamine Tubeware Asst.
N\$26.99 - 74.99

Ceramic Mugs Asst.
N\$14.99 - 25.99

Ceramic/Glass Vases Asst.
N\$49.99 - 269.99

Natural Fibre Candle/Tealight Holder Asst.
N\$39.99 - 99.99

BOHO - Style Decor Asst.
N\$89.99 - 199.99

Natural Mirrors Asst.
N\$179.99 - 199.99

Pierre Cardin Silky Feel Duvet Cover Sets Asst.

- S N\$169.99**
- TQ N\$179.99**
- D N\$209.99**
- Q N\$239.99**

Horrockses Embellished Duvet Sets

- S N\$269.99**
- TQ N\$299.99**
- D N\$369.99**
- Q N\$419.99**
- K N\$449.99**
- SK N\$499.99**

Pierre Cardin 3pc Pinsonic Quilt Asst. (240X240)
N\$329.99

Velvet Scatters 60x60 Asst.
N\$99.99

Horrockses Fitted Sheets 144 Tc(S-K)
N\$129.99 - 199.99

Horrockses Black Bag Duvet Inner

- S N\$199.99**
- TQ N\$229.99**
- D N\$299.99**
- Q N\$359.99**
- K N\$399.99**

Pierre Cardin Pinsonic Quilted Pillow 700gsm
N\$89.99

Bathroom Accessories Asst.
N\$89.99 - 399.99

Glodina Onda Range Luxury Towels
N\$24.99 - 299.99

Shower Curtains Asst.
N\$79.99 - 119.99

Shower Curtain Hooks Asst.
N\$99.99

Metro hyper

Hype it UP



79⁹⁹ EACH

Spier Wine Assorted 750ml



79⁹⁹ EACH

Protea Wines Assorted 750ml



84⁹⁹ EACH

KWV Classic Wine Assorted 750ml



94⁹⁹ EACH

Guardian Peak Wine Assorted 750ml



137⁹⁹ EACH

Kanonkop Kadette Red Blend 750ml



92⁹⁹ EACH

Diemersdal Sauv. Blanc 750ml



164⁹⁹ EACH

Springfield Life From Stone Sauv. Blanc 750ml



235⁹⁹ EACH

Rupert & Rothchild Classique 750ml



124⁹⁹ EACH

Silk & Spice Red Blend 750ml



219⁹⁹ EACH

Anthonij Rupert Optima 750ml



197⁹⁹ EACH

White Horse Whisky 750ml



329⁹⁹ EACH

Jack Daniel's Whisky 750ml



394⁹⁹ EACH

Jameson Irish Whisky 750ml



204⁹⁹ EACH

Red Heart Rum 750ml



296⁹⁹ EACH

Tanqueray Premium Gin 750ml



Each N\$176.99
Rewards Card! N\$174.99

Richelleu Export Brandy 750ml



159⁹⁹ EACH

Smirnoff 1818 Vodka 750ml



429⁹⁹ EACH

Jägermeister Liqueur 1Ltr



287⁹⁹ EACH

Olmeca Tequila 750ml



158⁹⁹ EACH

Amarula Cream Liqueur 750ml

CHEAPER BUY THE BOX

24 Pack N\$469.99
=N\$117.49
6Pack



119⁹⁹ 6Pack

Bahama Rum 5% 24 x 400ml

CHEAPER BUY THE BOX

24 Pack N\$339.99
=N\$84.99
6Pack



86⁹⁹ 6Pack

Flying Fish Cans 500ml

CHEAPER BUY THE BOX

24 Pack N\$389.99
=N\$97.49
6Pack



99⁹⁹ 6Pack

Corona Extra 24 x 355ml

CHEAPER BUY THE BOX

24 Pack N\$399.99
=N\$99.99
6Pack



104⁹⁹ 6Pack

Heineken NRB's 24 x 330ml

CHEAPER BUY THE BOX

24 Pack N\$319.99
=N\$79.99
6Pack



82⁹⁹ 6Pack

Windhoek Draught NRB's 24 x 440ml

Liquor Not For Sale To Persons Under The Age Of 18. Metro Liquor Supports Responsible Alcohol Consumption.

Available at: **Hyper (KLEINE KUPPE)**

Bigger, Better and Always CHEAPER!!