



# SPRING INTO SEPTEMBER

**ALL METRO C&C AND HYPER STORES**



**52<sup>99</sup>**  
EACH  
Tastic Rice  
2kg



**48<sup>99</sup>**  
EACH  
Jungle Oats  
1kg



**39<sup>99</sup>**  
EACH  
C&B  
Mayonnaise  
750g



**32<sup>99</sup>**  
EACH  
All Gold  
Tomato Sauce  
700ml



**36<sup>99</sup>**  
EACH  
Mrs. Balls  
Chutney  
Assorted  
470g



**18<sup>99</sup>**  
EACH  
KOO  
Sweetcorn or  
Corn  
410g



**18<sup>99</sup>**  
EACH  
KOO  
Garden Peas  
410g



**19<sup>99</sup>**  
EACH  
KOO  
Chakalaka  
410g



**16<sup>99</sup>**  
EACH  
KOO  
Baked Beans  
410g



**10<sup>99</sup>**  
EACH  
Hugo's  
Baked Beans  
410g



**18<sup>99</sup>**  
EACH  
KOO  
Peach Slices  
410g



**18<sup>99</sup>**  
EACH  
KOO  
Mixed  
Vegetables  
410g



**17<sup>99</sup>**  
EACH  
All Gold  
Tomato &  
Onion Mix  
410g



**17<sup>99</sup>**  
EACH  
All Gold  
Braai Relish  
410g



**27<sup>99</sup>**  
EACH  
KOO  
Pilchards  
Assorted  
410g

## COMPETITION DETAILS: BUY ANY TWO PRODUCTS FROM THIS LEAFLET

THE PROMOTION WILL RUN FOR 6 WEEKS,  
TEN WINNERS WEEKLY.  
EACH WINNER WILL RECEIVE A N\$1000  
ON THEIR METRO REWARDS CARD

**T&CS APPLY**



AUTOMATIC ENTRY WHEN  
USING YOUR METRO REWARDS CARD

BUY AND WIN YOUR SHARE OF

**N\$ 60 000**

COMPETITION DATES:  
09 SEPTEMBER - 04 NOVEMBER 2024

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME GOING TO PRESS. HOWEVER THE MANAGER OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR.  
ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

A brand you can  
**TRUST**

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**18<sup>99</sup>**  
EACH

**KOO Beetroot**  
405g



**19<sup>99</sup>**  
EACH

**All Gold Tomato Sauce**  
350ml



**159<sup>99</sup>**  
EACH

**C&B Mayonnaise**  
3kg



**232<sup>99</sup>**  
EACH

**All Gold Tomato Sauce**  
4.5ltr



**69<sup>99</sup>**  
EACH

**Mrs. Balls Chutney Assorted**  
1.1kg



**10<sup>99</sup>**  
EACH

**KOO Tomato Paste**  
100g



**34<sup>99</sup>**  
EACH

**Holbrooks Worcestershire Sauce**  
500ml



**28<sup>99</sup>**  
EACH

**KOO Fruit Cocktail**  
410g



**33<sup>99</sup>**  
EACH

**Hugo's Mixed Fruit Jam**  
900g



**36<sup>99</sup>**  
EACH

**All Gold Apricot**  
900g



**24<sup>99</sup>**  
EACH

**Lucky Star Shredded Tuna**  
170g



**36<sup>99</sup>**  
EACH

**Lucky Star Pilchard**  
400g



**37<sup>99</sup>**  
EACH

**Top One Corned Meat**  
300g



**18<sup>99</sup>**  
EACH

**Lucky Star Soya Mince Assorted**  
400g



**32<sup>99</sup>**  
EACH

**Jungle Corn Flakes**  
500g



**63<sup>99</sup>**  
EACH

**Jungle Corn Flakes**  
1kg



**34<sup>99</sup>**  
EACH

**Tetley Tea**  
102's



**42<sup>99</sup>**  
EACH

**Laager Rooibos Tea**  
80's



**21<sup>99</sup>**  
EACH

**Tea Time**  
100's



**9<sup>99</sup>**  
EACH

**Teeco Black Tea**  
26's

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**Metro**  
Cash & Carry  
"making HAPPIER families"



**15<sup>99</sup>** EACH  
Oral-B 123 40Med Cassette



**31<sup>99</sup>** EACH  
Oral-B Toothpaste Assorted 100ml



**16<sup>99</sup>** EACH  
Colgate Active Salt / Triple Action 75ml / 100ml



**29<sup>99</sup>** EACH  
Colgate Charcoal Toothpaste 100ml



**65<sup>99</sup>** EACH  
Colgate Plax Charcoal Mouth Wash 500ml



**29<sup>99</sup>** EACH  
Sanex Roll-On Assorted 50ml



**39<sup>99</sup>** EACH  
Pantene Shampoo/Conditioner 200ml



**21<sup>99</sup>** EACH  
Nolene Petroleum Jelly 200ml



**9<sup>99</sup>** EACH  
Darling Yaki Braids Assorted



**21<sup>99</sup>** EACH  
Inecto Superblack 28ml



**29<sup>99</sup>** EACH  
Inecto Hair dye Assorted 50ml



**26<sup>99</sup>** EACH  
Nolene Bubble Bath 1ltr



**69<sup>99</sup>** EACH  
Sta-Soft Fabric Conditioner 1ltr



**199<sup>99</sup>** EACH  
Pampers Nappies / Pants Value Pack



**29<sup>99</sup>** EACH  
Pampers Baby Wipes Assorted



**29<sup>99</sup>** EACH  
Always Maxi Thick Pads Assorted



**19<sup>99</sup>** EACH  
Always Panty Liners Assorted 20's

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"making HAPPIER families"

**89<sup>99</sup>** EACH  
 Gillette Minora II Twin Blade 24's

**25<sup>99</sup>** EACH  
 Gillette Razor Bag 5's

**11<sup>99</sup>** EACH  
 Gillette Minora Platinum Blister 5's

**114<sup>99</sup>** EACH  
 Ariel Liquid 2ltr/Capsules 21's

**79<sup>99</sup>** EACH  
 Lopis Cat Litter 10kg

**21<sup>99</sup>** EACH  
 Pamper Cat Food Assorted 385g / 400g

**119<sup>99</sup>** EACH  
 Pamper Multipack 12 x 85g

**139<sup>99</sup>** EACH  
 Pamper Cat Food 2kg

**21<sup>99</sup>** EACH  
 Husky Dog Food Cans Assorted 385g / 400g

**24<sup>99</sup>** EACH  
 Epol Dog Food Assorted 820g

**219<sup>99</sup>** EACH  
 Bob Martin Dog Food Assorted 6kg

**199<sup>99</sup>** EACH  
 Top Fowl 10kg

**169<sup>99</sup>**  
 Beacon Slabs Assorted 12x80g

**11<sup>99</sup>** EACH  
 Switch Energy Drink Assorted 500ml

**N\$49.99 Per 6 Pack**  
**199<sup>99</sup>**  
 Brookes Oros 24 x 300ml

**11<sup>99</sup>** EACH  
 Brookes Dairy Blend 1ltr

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