

Metro

SUPER market

where value meets service

WSK

NOW AVAILABLE
WALVIS & SWAKOP
ONLY

- Nelson Mandela Ave, Swakop
- Heliodoor Str, Eros, Windhoek
- Sam Nujoma Ave 58, Walvis Bay



EASTER SPECIAL



DATE: 19 MARCH-8 APRIL 2026



VEG COMBO

2kg Potatoes
1kg Onions
1kg Carrots

N\$ 99.99



Bananas
Poly Bag
750g

N\$ 24.99



Apples
Asst
1kg

N\$ 24.99



SALAD COMBO

Lettuce
250g Cocktail Tomatoes
Cucumber
Knorr Salad Dressing

N\$ 99.99



Available in
*Chocolate
*Plain
*Raisins



Black Forest
Cake
Each

N\$ 89.99



Hot Cross Buns
6's

N\$ 15.99



Milk Tart Medium
Each

N\$ 29.99



Garlic Roll
6's

N\$ 15.99



COMBO

Brötchen Roll 6's
Whole Grilled Chicken
Potato Salad 250g
2Lt Coca-Cola

N\$179.99



Leg of Lamb
p/kg

N\$ 129.99

Beef Ribeye Steak
p/kg

N\$ 189.99



Beef
Short Ribs
p/kg

N\$ 89.99



Kameelhout
Boerewors
p/kg

N\$ 109.99

EASTER COMBO



1kg Lamb Chops
1kg Pork Rashers
1kg Boerewors
1kg Buffalo Wings

399.99

VALUE MEAT COMBO



1kg Beef
Ground Mince

1kg Boskamp
Wors

1kg Beef Stew

All for Only

299.99

A brand you can

TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME OF GOING TO THE PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



FRUITS & VEGETABLES



Sweetcorn pp **N\$ 39.99**



Mushroom White 250g **N\$ 39.99**



Tomatoes 1kg **N\$ 34.99**



Pear Packham 1kg **N\$ 24.99**



Avocado Each **N\$ 19.99**

HOT DELI



Pickled Fish p/100g **N\$23.99**



Hake & Chips **N\$39.99**



Calamari & Chips **N\$ 59.99**



Chicken Sliders 6's **N\$ 59.99**



Chicken Schnitzel Brötchen **N\$ 34.99**

BAKERY



Jam Swiss Roll Each **N\$ 39.99**



Apple Crumble Each **N\$ 39.99**



Jumbo Muffins Each **N\$ 14.99**



Seeded Buns Each **N\$ 2.99**



Chelsea Buns 6's **N\$ 19.99**

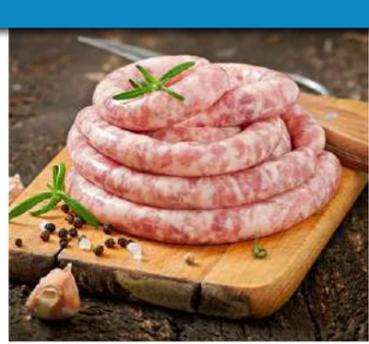
BUTCHERY



Beef T-Bone Steak p/kg **N\$ 179.99**



Beef Ground Mince p/kg **N\$ 99.99**



Pork Sausages p/kg **N\$ 99.99**



Roast Pork p/kg **N\$129.99**



Hochland Chicken Braai Pack p/kg **N\$89.99**

READY MEALS



Metro Fresh Pizza Excluding Meaty Range Each **N\$ 69.99**



Metro Fresh Chicken & Mushroom Cocktail Pies 12 Pack **N\$ 99.99**



Metro Fresh Mini Vanilla Swiss Rolls 5 pack **N\$ 99.99**



Metro Fresh Samoosas 12 Pack Beef & Onion **N\$ 75.99**



Metro Fresh Sweet Butternut **N\$ 39.99**



Real Good IQF Mixed Portions 2kg **N\$ 107.99**



Lancewood Gouda/Cheddar 900g **N\$ 129.99**



Président Feta Cheese 200g **N\$ 44.99**



Lancewood Natural Cheese Slices 150g **N\$ 38.99**



Clover Butro Butter Spread 500g **N\$ 74.99**



McCain Air Fryer Straight Cut 750g **N\$ 55.99**



First Choice UHT Milk 1L **N\$ 20.99**



Bergdale Cheese Grillers 320g **N\$ 58.99**



Lancewood Double Cream Yoghurt 1L **N\$ 44.99**



Sea Harvest Finely Dusted 380g **N\$ 99.99**



Tastic Rice 2kg **N\$ 37.99**



Oro De Cristal Extra Virgin Oil 1L **N\$ 179.99**



Douwe Egberts Jar or Pouch Coffee 200g/230g **N\$ 179.99**



Nescafé Cappuccino 10's Asst **N\$ 65.99**



Nola Mayonnaise 750g **N\$ 39.99**



All Gold Tomato Sauce 700ml **N\$33.99**



Kensington Sauce 88ml Asst **N\$ 14.99**



Spur Sauce 200ml Asst **N\$ 31.99**



Robertsons Masterblends Spice 200ml Asst **N\$ 34.99**



Goldcrest Smoked Mussels or Oysters 85g **N\$ 19.99**



Bakers Salticrax 200g **N\$ 29.99**



Cadbury Dairy Milk Slabs 80g **N\$ 32.99**



Liqui fruit Juice 1L Asst **N\$ 24.99**



Coca Cola Original Only 2L **N\$20.99**



Oros 2L Asst **N\$36.99**

Sunlight Auto Washing Powder 2kg or Liquid 1,5Lt **N\$ 59.99**

Comfort Value Pack Fabric Softener 800ml **N\$ 39.99**

Domestos 750ml **N\$ 28.99**

Sunlight Dishwashing Liquid 750ml **N\$ 28.99**

Handy Andy 750ml **N\$ 28.99**

Each 29.99 Rewards Card! 28.99

Twinsaver Toilet Paper 2Ply 24's **N\$299.99**
=112.49 Per 18's

Sanex Shower Gel 500ml Asst **N\$ 99.99**

Tresemme Shampoo/Conditioner 900ml/750ml **N\$ 99.99**

Nivea Body Cream/Lotion 400ml **N\$ 49.99**

Nivea Deodorant 150ml Asst **N\$ 36.99**

Each 52.99 Rewards Card! 49.99

Twinsaver Roller Towels White 2ply 2's **N\$ 40**

Sylko Heavy Foil Box or Refill 5m **N\$ 29.99**

Garbie Super Saver Refuse Bags 20's **N\$ 35.99**

Peaceful Sleep Aerosol Original 150g **N\$ 89.99**

Doom Insecticide 300ml **N\$ 38.99**

Each 92.99 Rewards Card! 89.99

Whiskas Dry Multipack 12's **N\$ 119.99**

Bobtail Dry Dog Food 6.5kg/8kg **N\$ 199.99**

Bags o Wags Crunchies 1kg **N\$ 75.99**

Astrum Ceramic Mugs Asst **N\$19.99**

Ceramic Printed Dinner Plates M103650 **N\$34.99**

Each 124.99 Rewards Card! 119.99

Each 79.99 Rewards Card! 75.99

Windhoek Draught 6x500ml **N\$ 82.99**

Richelieu Export Brandy 750ml **N\$ 189.99**

Jameson Irish Whiskey 750ml **N\$ 367.99**

Protea Wine Asst 750ml **N\$79.99**

Du Toitskloof 3Lt **N\$184.99**

Each 369.99 Rewards Card! 367.99