

Metro SUPER market

WHERE VALUE MEETS SERVICE

16-22 September 2024

Nelson Mandela Ave, Swakop



Each
72⁹⁹
Rewards Card!
71⁹⁹
each

Realgood Chicken IQF Mixed Portions
1.5 KG



61⁹⁹
each

Top Score
Maize Meal
5kg



Each
27⁹⁹
Rewards Card!
26⁹⁹
each

Hazeldene Mixed Fruit Jam
600 G



2 FOR
50
Rama Original
500 G



Each
28⁹⁹
Rewards Card!
27⁹⁹
each

Bursty's Orange/Naartjie Squash
2lt



139⁹⁹
each

Ricoffy
750g



19⁹⁹
each

Clover UHT
Milk
1 Ltr



39⁹⁹
each

Sugar King
White Sugar
2kg



26⁹⁹
each

Liquifruit
Juice
1lt



2 FOR
30
Willards
Crinkle Chips
2 x 125 G



39⁹⁹
each

Nice Rice
2kg



21⁹⁹
each

Family Favorite
Tomato Sauce
700 ML



24⁹⁹
each

Family Favorite
Sunflower Oil
750 ML



29⁹⁹
each

FF Mayonnaise
750g



Each
18⁹⁹
Rewards Card!
17⁹⁹
each

Aromat Refill
200g





46⁹⁹
each

Sky Hand
Washing
Powder
2 KG



19⁹⁹
CLEANING COMBO

Polagric 400ml & Albex Bleach 750ml

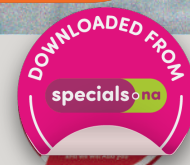


Each
29⁹⁹
Rewards Card!
28⁹⁹
each

Family Favorite Bubble Bath
2 Ltr

A brand you can
TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME OF GOING TO THE PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



139⁹⁹
VEGGIE COMBO

Potatoes 2 KG | Beetroot 1 KG | Carrots 1 KG | Cabbage

59⁹⁹
SALAD COMBO

Butter Lettuce | Cucumber | Tomatoes 1 KG

2 FOR 30
Cadbury Dairy Milk Slabs Asst 2 x 80g

19⁹⁹
6's
Garlic Buns

2 FOR 50
Beef Burger 2's

39⁹⁹
6's
Vetkoek Sliders

16⁹⁹
Mello Hamburger Buns 6's

69⁹⁹
Beef Brisket p/kg

350
MEAT COMBO

Braaiwors 1 KG | Beef Stew 1 KG | Mutton Stew 1 KG | Chicken Mixed Portions 1 KG | Ground Beef Mince 1 KG

89⁹⁹
each
Metro Braaiwors p/kg

79⁹⁹
Beef Grounded Mince p/kg

24⁹⁹
each
Apple Asst 1 KG

24⁹⁹
each
Banana Loose - 600 G

29⁹⁹
each
Snitzel Brotchen EACH

9⁹⁹
each
Cream Doughnuts EACH

18⁹⁹
Playgirl / Playboy Roll On Asst 50 ML

22⁹⁹
Aquafresh Toothpaste 100 ML

Each 89⁹⁹
Rewards Card!
88⁹⁹
each
EpiMax Cream Asst 400 ML

24⁹⁹
each
Old Spice Body Spray 150 ML

129⁹⁹
each
Baby Soft 2 Ply 18's

Metro LIQUOR market

18+ ADULTS ONLY

79⁹⁹
each
Brutal Fruit Ciders Cans 6 x 500 ML

78⁹⁹
each
Windhoek Draught Can 6 x 500 ML

56⁹⁹
each
Sunkissed Wines Asst 750ml

79⁹⁹
each
Oshitufi Red Wine 3lt