

Metro

# SUPER market

## WHERE VALUE MEETS SERVICE

16-22 September 2024

Nelson Mandela Ave, Swakop



Each 72<sup>99</sup> each  
Rewards Card! 71<sup>99</sup> each

Realgood Chicken IQF Mixed Portions 1.5 KG



61<sup>99</sup> each  
Top Score Maize Meal 5kg



Each 27<sup>99</sup> each  
Rewards Card! 26<sup>99</sup> each

Hazeldene Mixed Fruit Jam 600 G



2 FOR 50  
Rama Original 500 G



Each 28<sup>99</sup> each  
Rewards Card! 27<sup>99</sup> each

Bursty's Orange/Naartjie Squash 2lt



139<sup>99</sup> each  
Ricoffy 750g



19<sup>99</sup> each  
Clover UHT Milk 1 Ltr



39<sup>99</sup> each  
Sugar King White Sugar 2kg



26<sup>99</sup> each  
Liquifruit Juice 1lt



2 FOR 30  
Willards Crinkle Chips 2 x 125 G



39<sup>99</sup> each  
Nice Rice 2kg



21<sup>99</sup> each  
Family Favorite Tomato Sauce 700 ML



24<sup>99</sup> each  
Family Favorite Sunflower Oil 750 ML



29<sup>99</sup> each  
FF Mayonnaise 750g



Each 18<sup>99</sup> each  
Rewards Card! 17<sup>99</sup> each

Aromat Refill 200g



46<sup>99</sup> each  
Sky Hand Washing Powder 2 KG



19<sup>99</sup>  
CLEANING COMBO  
Polagric 400ml & Albex Bleach 750ml



Each 29<sup>99</sup> each  
Rewards Card! 28<sup>99</sup> each

Family Favorite Bubble Bath 2 Ltr

A brand you can TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME OF GOING TO THE PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



**139<sup>99</sup>**  
VEGGIE COMBO

Potatoes 2 KG | Beetroot 1 KG | Carrots 1 KG | Cabbage

**59<sup>99</sup>**  
SALAD COMBO

Butter Lettuce | Cucumber | Tomatoes 1 KG

**2 FOR 30**  
Cadbury Dairy Milk Slabs Asst 2 x 80g

**19<sup>99</sup>**  
6's  
Garlic Buns

**2 FOR 50**  
Beef Burger 2's

**16<sup>99</sup>**  
Mello Hamburger Buns 6's

**39<sup>99</sup>**  
Vetkoek Sliders 6's

**69<sup>99</sup>**  
Beef Brisket p/kg

**350**  
MEAT COMBO

Braaiwors 1 KG | Beef Stew 1 KG | Mutton Stew 1 KG | Chicken Mixed Portions 1 KG | Ground Beef Mince 1 KG

**89<sup>99</sup>**  
each  
Metro Braaiwors p/kg

**79<sup>99</sup>**  
Beef Grounded Mince p/kg

**24<sup>99</sup>**  
each  
Apple Asst 1 KG

**24<sup>99</sup>**  
each  
Banana Loose - 600 G

**29<sup>99</sup>**  
each  
Snitzel Brotchen EACH

**9<sup>99</sup>**  
each  
Cream Doughnuts EACH

**18<sup>99</sup>**  
Playgirl / Playboy Roll On Asst 50 ML

**22<sup>99</sup>**  
Aquafresh Toothpaste 100 ML

**Each 89<sup>99</sup>**  
Rewards Card!  
**88<sup>99</sup>**  
each  
EpiMax Cream Asst 400 ML

**24<sup>99</sup>**  
each  
Old Spice Body Spray 150 ML

**129<sup>99</sup>**  
each  
Baby Soft 2 Ply 18's

**Metro LIQUOR market**

**18+ ADULTS ONLY**

**79<sup>99</sup>**  
each  
Brutal Fruit Ciders Cans 6 x 500 ML

**78<sup>99</sup>**  
each  
Windhoek Draught Can 6 x 500 ML

**56<sup>99</sup>**  
each  
Sunkissed Wines Asst 750ml

**79<sup>99</sup>**  
each  
Oshitufi Red Wine 3lt