

Metro SUPER market

WHERE VALUE MEETS SERVICE

16-22 September 2024

Nelson Mandela Ave, Swakop



Each 72⁹⁹ each
Rewards Card! 71⁹⁹ each

Realgood Chicken IQF Mixed Portions
1.5 KG



61⁹⁹ each

Top Score Maize Meal
5kg



Each 27⁹⁹ each
Rewards Card! 26⁹⁹ each

Hazeldene Mixed Fruit Jam
600 G



2 FOR 50

Rama Original
500 G



Each 28⁹⁹ each
Rewards Card! 27⁹⁹ each

Bursty's Orange/Naartjie Squash
2lt



139⁹⁹ each

Ricoffy
750g



19⁹⁹ each

Clover UHT Milk
1 Ltr



39⁹⁹ each

Sugar King White Sugar
2kg



26⁹⁹ each

Liquifruit Juice
1lt



2 FOR 30

Willards Crinkle Chips
2 x 125 G



39⁹⁹ each

Nice Rice
2kg



21⁹⁹ each

Family Favorite Tomato Sauce
700 ML



24⁹⁹ each

Family Favorite Sunflower Oil
750 ML



29⁹⁹ each

FF Mayonnaise
750g



Each 18⁹⁹ each
Rewards Card! 17⁹⁹ each

Aromat Refill
200g





46⁹⁹ each

Sky Hand Washing Powder
2 KG



19⁹⁹ each

CLEANING COMBO

Polagric 400ml & Albex Bleach 750ml



Each 29⁹⁹ each
Rewards Card! 28⁹⁹ each

Family Favorite Bubble Bath
2 Ltr

A brand you can TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME OF GOING TO THE PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



139⁹⁹
VEGGIE COMBO

Potatoes 2 KG | Beetroot 1 KG | Carrots 1 KG | Cabbage

59⁹⁹
SALAD COMBO

Butter Lettuce | Cucumber | Tomatoes 1 KG

2 FOR 30
Cadbury Dairy Milk Slabs Asst 2 x 80g

19⁹⁹
6's
Garlic Buns

2 FOR 50
Beef Burger 2's

39⁹⁹
6's
Vetkoek Sliders

16⁹⁹
Mello Hamburger Buns 6's

69⁹⁹
Beef Brisket p/kg

350
MEAT COMBO

Braaiwors 1 KG | Beef Stew 1 KG | Mutton Stew 1 KG | Chicken Mixed Portions 1 KG | Ground Beef Mince 1 KG

89⁹⁹
each
Metro Braaiwors p/kg

79⁹⁹
Beef Grounded Mince p/kg

24⁹⁹
each
Apple Asst 1 KG

24⁹⁹
each
Banana Loose - 600 G

29⁹⁹
each
Snitzel Brotchen EACH

9⁹⁹
each
Cream Doughnuts EACH

18⁹⁹
Playgirl / Playboy Roll On Asst 50 ML

22⁹⁹
Aquafresh Toothpaste 100 ML

89⁹⁹
each
Rewards Card!
88⁹⁹
each
EpiMax Cream Asst 400 ML

24⁹⁹
each
Old Spice Body Spray 150 ML

129⁹⁹
each
Baby Soft 2Ply 18's

Metro LIQUOR market

18+ ADULTS ONLY

79⁹⁹
each
Brutal Fruit Ciders Cans 6 x 500 ML

78⁹⁹
each
Windhoek Draught Can 6 x 500 ML

56⁹⁹
each
Sunkissed Wines Asst 750ml

79⁹⁹
each
Oshitufi Red Wine 3lt