

Metro SUPER market

WHERE VALUE
MEETS SERVICE

16-22 September 2024

Nelson Mandela Ave, Swakop



Realgood Chicken IQF Mixed Portions
1.5 KG



61.99 each
Top Score
Maize Meal
5kg



Hazeldene Mixed Fruit Jam
600 G



2 FOR
50
Rama Original
500 G



Bursty's Orange/Naartjie Squash
2Ltr



139.99 each
Ricoffy
750g



19.99 each
Clover UHT
Milk
1 Ltr



39.99 each
Sugar King
White Sugar
2kg



26.99 each
Liquifruit
Juice
1Ltr



2 FOR
30
Willards
Crinkle Chips
2 x 125 G



39.99 each
Nice Rice
2kg



21.99 each
Family
Favorite
Tomato Sauce
700 ML



24.99 each
Family
Favorite
Sunflower Oil
750 ML



29.99 each
FF Mayonnaise
750g



Each 18.99
Rewards
Card!
17.99 each
Aromat Refill
200g



46.99 each
Sky Hand
Washing
Powder
2 KG



19.99
CLEANING COMBO
Polagric 400ml & Albex Bleach 750ml



Each 29.99
Rewards
Card!
28.99 each
Family Favorite
Bubble Bath
2 Ltr

A brand you can
TRUST

ALL PRICES AND ILLUSTRATIONS ARE CORRECT AT THE TIME OF GOING TO THE PRESS. HOWEVER THE MANAGEMENT OF METRO CANNOT BE HELD RESPONSIBLE FOR ANY CHANGES OR PRINTING ERRORS THAT MAY OCCUR. ALL PRICES ADVERTISED INCLUDE VAT UNLESS OTHERWISE STATED E&OE WHILE STOCK LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



139⁹⁹
VEGGIE COMBO

Potatoes 2 KG | Beetroot 1 KG | Carrots 1 KG | Cabbage

59⁹⁹
SALAD COMBO

Butter Lettuce | Cucumber | Tomatoes 1 KG

2 FOR 30
Cadbury Dairy Milk Slabs Asst 2 x 80g

19⁹⁹
6's
Garlic Buns

2 FOR 50
Beef Burger 2's

16⁹⁹
Mello Hamburger Buns 6's

39⁹⁹
6's
Vetkoek Sliders

69⁹⁹
Beef Brisket p/kg

350
MEAT COMBO

Braaiwors 1 KG | Beef Stew 1 KG | Mutton Stew 1 KG | Chicken Mixed Portions 1 KG | Ground Beef Mince 1 KG

89⁹⁹
each
Metro Braaiwors p/kg

79⁹⁹
Beef Grounded Mince p/kg

24⁹⁹
each
Apple Asst 1 KG

24⁹⁹
each
Banana Loose - 600 G

29⁹⁹
each
Snitzel Brotchen EACH

9⁹⁹
each
Cream Doughnuts EACH

18⁹⁹
Playgirl / Playboy Roll On Asst 50 ML

22⁹⁹
Aquafresh Toothpaste 100 ML

89⁹⁹
each
Rewards Card!
88⁹⁹
each
EpiMax Cream Asst 400 ML

24⁹⁹
each
Old Spice Body Spray 150 ML

129⁹⁹
each
Baby Soft 2Ply 18's

Metro LIQUOR market

18+ ADULTS ONLY

79⁹⁹
each
Brutal Fruit Ciders Cans 6 x 500 ML

78⁹⁹
each
Windhoek Draught Can 6 x 500 ML

56⁹⁹
each
Sunkissed Wines Asst 750ml

79⁹⁹
each
Oshitufi Red Wine 3lt