

59⁹⁹

Five Roses
Ceylon Blend
Tagless Tea Bags
102's PER PACK



159⁹⁹

Jacobs Krönung Instant Coffee
Asstd. 200 g – 230 g EACH
(Excluding Decaffeinated)



69⁹⁹

OK
Sunflower Oil
2 Litre EACH



64⁹⁹

Sunlight Auto
Washing Powder
2 kg Asstd. or Auto
Washing Liquid
1,5 Litre EACH



DON'T MISS THESE

SPECIAL DEALS

N\$40

Willards Cheese Curls
or Flings 150 g

N\$42

Coca-Cola Original Taste Less
Sugar Soft Drink PET 2 Litre



74⁹⁹

Clover Butro
Butter Spread
500 g Tub
EACH



133⁹⁹

Clover
Cheese
Asstd.
800 g EACH



19⁹⁹

Parmalat
EverFresh UHT
Full Cream Milk
1 Litre EACH



69⁹⁹

NAM Chicken
Fresh 4 Drumsticks
& 4 Thighs PER KG

OK foods

Prices valid from 23 April – 4 May 2025

Visit www.okfoods.co.za for a list of participating stores.
Namibia Careline: (061) 223 008 or Email: info@okfd.com

Owners you can count on!

OK Foods Namibia @ ok_foods_official

DOWNLOADED FROM

specialsona



15⁹⁹ EACH

Koo Baked Beans In Tomato Sauce 400 g

count on! PRICE Count On! OK



39⁹⁹ EACH

Nando's Sauce Asstd. 250 g or Peri-naise Asstd. 265 g

count on! PRICE Count On! OK



36⁹⁹ EACH

Rhodes Smooth Apricot or Mixed Fruit Jam 900 g

count on! PRICE Count On! OK



ANY 4 FOR N\$22

Knorr Instant Soup Asstd. 50 g

count on! PRICE Count On! OK



39⁹⁹ EACH

Denny Cook-In-Sauce Asstd. 400 g - 415 g

count on! PRICE Count On! OK



19⁹⁹ Koo Chakalaka Asstd. 410 g EACH



16⁹⁹ Rhodes Tomato & Onion Mix 410 g EACH



38⁹⁹ B-well Original or Thick & Creamy Mayonnaise 740 g - 750 g EACH



25⁹⁹ Wellington's Ketchup Style Tomato Sauce 700 ml EACH



33⁹⁹ Mrs Ball's Chutney Asstd. 450 g - 470 g EACH



38⁹⁹ Wellington's Sweet Chilli Sauce Squeeze Bottle 700 ml EACH



76⁹⁹ Thokoman Peanut Butter Asstd. 1 kg EACH



43⁹⁹ Melrose Cheese Spread Asstd. 250 g EACH



18⁹⁹ Buffet Black or Calamata Olives 200 g EACH



14⁹⁹ Robertson's Spice Blends Refill Asstd. 12 g - 100 g EACH



17⁹⁹ Knorr Aromat Seasoning Asstd. 200 g Refill EACH



19⁹⁹ Robertson's Rajah Curry Powder Asstd. 100 g EACH



31⁹⁹ Koo Grated or Sliced Beetroot 780 g EACH



36⁹⁹ Colman's Spray and Cook Oil Spray Asstd. 300 ml EACH



24⁹⁹ The Kitchen Salad Dressing Asstd. 340 ml EACH



129⁹⁹ Nescafé Ricoffy
Instant Coffee
800 g Value
Refill Doypack
EACH



41⁹⁹ Laager
Pure Rooibos Tea
80's PER PACK



39⁹⁹ Sugar King
White Sugar
2 kg EACH



109⁹⁹ PER
PACK
Nescafé
Gold Cappuccino
Sticks Asstd. 20's
count on!
PRICE Count On!



64⁹⁹ Bokomo Champion
Super Maize Meal
5 kg EACH



44⁹⁹ Top Score Instant
Maize Porridge Asstd.
2 kg EACH



39⁹⁹ Kellogg's
Corn Flakes
500 g EACH



64⁹⁹ EACH
Jungle
Muesli Asstd.
750 g Pouch
count on!
PRICE Count On!



39⁹⁹ Rice King Long Grain
Parboiled Rice
2 kg EACH



77⁹⁹ Bakpro
Vetkoek Wheat Flour
5 kg EACH



12⁹⁹ Pasta Grandé Italian
Style Pasta Asstd.
500 g EACH



28⁹⁹ PER
PACK
Maggi
2 Minute Noodles
Multipack Asstd.
5's
count on!
PRICE Count On!



31⁹⁹ Nestlé Ideal Original
Evaporated Milk
380 g EACH



36⁹⁹ Nestlé
Caramel Treat
360 g EACH



16⁹⁹ Best Choice
Castor or Icing Sugar
500 g EACH



29⁹⁹ EACH
Parmalat
Vanilla Flavoured
Custard 1 kg
count on!
PRICE Count On!



**BUY 5 FOR
N\$20** Anchor
Instant Dry Yeast
10 g



14⁹⁹ Snowflake
Easy Mix Asstd.
500 g EACH



22⁹⁹ Bakpro
Self-Raising Flour
1 kg EACH



89⁹⁹ EACH
Bokomo
Cake Wheat Flour
5 kg
count on!
PRICE Count On!



28⁹⁹ EACH
Parmalat
 Processed Cheese
 Slices Asstd.
 200 g

count on! PRICE Count On! OK



39⁹⁹ Président
 Cream Cheese Asstd.
 230 g EACH



39⁹⁹ Lancewood
 Cottage Cheese Asstd.
 250 g EACH



65⁹⁹ Clover Feta
 Asstd. 400 g EACH



39⁹⁹ EACH
Clover
 Ultra Pasteurised Full
 Cream or Low Fat
 Milk 2 Litre

count on! PRICE Count On! OK



21⁹⁹ Danone NutriDay Smooth
 Low Fat Dairy Snack
 Asstd. 6's PER PACK



14⁹⁹ Clover Super M
 Flavoured Milk Asstd.
 300 ml EACH



48⁹⁹ Nammilk
 Oshikandela Low Fat
 Sweet Maas
 2 kg EACH



34⁹⁹ EACH
d'Lite
 37% Fat Spread
 1 kg Tub

count on! PRICE Count On! OK



29⁹⁹ Stork 80% White or
 Yellow Baking Margarine
 500 g Brick EACH



54⁹⁹ Pancho's Plain or
 Wholewheat Wraps
 6's PER PACK



13⁹⁹ Bakpro
 Longlife Everyday
 White or Brown
 Bread
 700 g EACH

SELECTED STORES ONLY



45⁹⁹ EACH
Eskort
 Chicken Polony
 750 g

count on! PRICE Count On! OK



22⁹⁹ Windhoek Schlachtereij
 Cooked Ham
 100 g EACH



10⁹⁹ Eskort
 Liver Spread
 250 g EACH



91⁹⁹ Hartlief
 Wiener Würstchen
 450 g EACH



34⁹⁹ Clover Fruits of the
 Forest Full Cream
 Yoghurt Asstd.
 1 kg EACH

21⁹⁹ Clover Fruits of the Forest
 Full Cream Yoghurt Asstd.
 6 x 100 g PER PACK

18⁹⁹ Clover Smooth Low Fat
 Yoghurt Asstd.
 6 x 100 g PER PACK

28⁹⁹ Clover Smooth Low
 Fat Yoghurt Asstd.
 1 kg EACH

Clover
 Way Better™

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12⁹⁹ Clover Tropika Dairy Fruit Mix Can Asstd. 300 ml EACH



79⁹⁹ Dairymaid Gelato Roma Ice Cream Asstd. 1,5 Litre EACH



27⁹⁹ Ola Magnum Ice Cream Stick Asstd. 90 ml – 100 ml EACH



29⁹⁹ EACH
Clover Krush Fruit Nectar Blend Asstd. 1,5 Litre

count on! PRICE Count On! OK



49⁹⁹ Bella Vita Frozen Pizza Asstd. 325 g – 380 g EACH



ANY 3 FOR R\$46 McCain Frozen Vegetables Asstd. 250 g



99⁹⁹ Pieman's Frozen Pies Asstd. 4's – 6's PER PACK



49⁹⁹ EACH
McCain Frozen Slap Chips or Skinny Fries 1 kg

count on! PRICE Count On! OK



94⁹⁹ Sovereign Chicken Tizers Southern Style Cheesy Strips 1 kg EACH



79⁹⁹ RealGood Chicken Frozen Whole Bird with Giblets EACH



25⁹⁹ RealGood Chicken Frozen Chicken Livers 500 g Tub EACH



209⁹⁹ EACH
RealGood Chicken Frozen Mixed Chicken Portions 4 kg

count on! PRICE Count On! OK



64⁹⁹ Sea Harvest Frozen Fish Fingers 600 g EACH



79⁹⁹ Cape Point Frozen Catering Prawn Meat 400 g EACH



79⁹⁹ Sea Harvest Crisp & Chunky Crumbed Fish Fillet Portions Asstd. 500 g EACH



61⁹⁹ EACH
Cape Point West Coast Half Shell Catering Mussels 400 g

count on! PRICE Count On! OK



39⁹⁹ Clover Bliss Double Cream Yoghurt Asstd. 1 kg EACH



11⁹⁹ Bliss Double Cream Drinking Yoghurt Asstd. 250 g EACH

9⁹⁹ Tropika Dairy Snack Drink Asstd. 250 g EACH



9⁹⁹ Clover Family Snack Low Fat Dairy Snack Asstd. 4 x 100 g PER PACK

Clover
Way Better™

EXPERTLY CUT, PERFECTLY PRICED



114⁹⁹
Beef Mince
PER KG



119⁹⁹
Beef Patties
PER KG

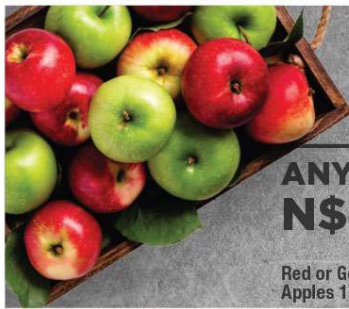


124⁹⁹
Chicken Sosas
PER KG



OK choice
124⁹⁹
Boerewors
PER KG

FRESHNESS YOU CAN TASTE, PRICES YOU'LL LOVE



ANY 2 FOR N\$45
Red or Golden Delicious
Apples 1 kg Bag



49⁹⁹
Carrots
3 kg Bag

BUY ALL 3 FOR N\$55
Green Pepper 2's
PLUS English
Cucumber 1's AND
Cocktail Tomatoes
250 g Pack
PER COMBO



ALL YOUR FAVOURITES BAKED DAILY



29⁹⁹
Jam Swiss Roll
EACH
Serving suggestion only.



99⁹⁹
Black Forest Cake
EACH
Serving suggestion only.



BUY 2 FOR N\$25
Small French Loaf
Serving suggestion only.



BUY 4 FOR N\$29
Panini Roll
Serving suggestion only.

MOUTHWATERING READY-TO-GO MEALS



12⁹⁹
Chicken Curry
PER 100 G
Serving suggestion only.



29⁹⁹
Vetkoek & Mince
EACH
Serving suggestion only.



14⁹⁹
Beef Stew
PER 100 G
Serving suggestion only.



COMBO DEAL N\$35
Pieman's Classic Pie
Asstd. PLUS Twizza
Asstd. Soft Drink
PET 330 ml PER COMBO



Available at selected stores with wine departments.

Guardian Peak
Sauvignon Blanc,
Cabernet Sauvignon,
Merlot or Shiraz
750 ml EACH

89⁹⁹



Tall Horse White Chardonnay, Red Shiraz, White Sauvignon Blanc, Red Pinotage, White Chenin Blanc, Red Merlot or Red Cabernet Sauvignon
750 ml EACH

59⁹⁹



Du Toitskloof Cabernet Sauvignon, Shiraz, Merlot or Pinotage
750 ml EACH

79⁹⁹



61⁹⁹ PER PACK
Castle Lite Beer
NRB*
6 x 330 ml

Not for Persons Under the Age of 18. Drink Responsibly.

#No aware.org.za

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21⁹⁹ Beacon Liquorice Allsorts Asstd. 150 g EACH



18⁹⁹ Manhattan Candy Asstd. 125 g EACH



ANY 2 FOR N\$23 Cadbury Chocolate Bar Asstd. 40 g - 48 g



18⁹⁹ EACH
Nestlé Chocolate Slab Asstd. 80 g - 85 g

count on! PRICE Count On! OK



14⁹⁹ Manhattan Marshmallows Asstd. 150 g EACH



44⁹⁹ Cadbury Chocolate Party Bag Asstd. 168 g - 184 g EACH



49⁹⁹ Cadbury Whispers or Tumbles Asstd. 200 g EACH



64⁹⁹ EACH
Regal Chocolates & Toffees 400 g

count on! PRICE Count On! OK



ANY 2 FOR N\$32 Tuc Biscuits Asstd. 100 g



16⁹⁹ Bakers Blue Label Marie Biscuits Asstd. 200 g EACH



25⁹⁹ Bakers Ginger Nuts 190 g EACH



32⁹⁹ EACH
Bakers Romany Creams or Choc Kits Asstd. 200 g

count on! PRICE Count On! OK



16⁹⁹ Willards Crinkle Cut Potato Chips Asstd. 120 g EACH



17⁹⁹ Jumpin Jack Gourmet Popcorn Asstd. 90 g - 100 g EACH



19⁹⁹ Simba Salted Peanuts or Salted Peanuts & Raisins 150 g EACH



47⁹⁹ EACH
Bakers Romany Rusks Asstd. 450 g

count on! PRICE Count On! OK



15⁹⁹ Monster Energy Drink Asstd. 500 ml EACH



14⁹⁹ Oasis Still Water 1,5 Litre EACH



12⁹⁹ CreeMEE Dairy Blend Concentrate Asstd. 1 Litre EACH



17⁹⁹ EACH
Rietfontein Long Life Fruit Nectar Blend Asstd. 1 Litre

count on! PRICE Count On! OK

179⁹⁹ PER PACK

Huggies
Dry Comfort Jumbo
Pack Disposable
Nappies Asstd.

count on!
PRICE

Count On!
OK

Size 1 - 84's
Size 2 - 74's
Size 3 - 60's
Size 4 - 56's
Size 5 - 52's

26⁹⁹

Huggies Pure, Natural
Care, Disney or Simply
Clean Baby Wipes
56's - 72's PER PACK

39⁹⁹

Vaseline Petroleum
Jelly Asstd.
250 ml EACH

51⁹⁹

Himalaya
Baby Powder
425 g EACH

59⁹⁹ EACH

Nivea
Body Cream or Lotion
for Men or Women Asstd.
400 ml

count on!
PRICE

Count On!
OK

79⁹⁹

L'oreal Elvive
Shampoo 400 ml
or Conditioner
300 ml Asstd.
EACH

27⁹⁹

Revlon Ladies Body
Spray Asstd. 90 ml
or Revlon Men's Pub,
That Man or Fire
& Ice Deodorant
120 ml EACH

15⁹⁹

Colgate Triple
Action Toothpaste
100 ml EACH

64⁹⁹ PER PACK

Dove
Bath Soap Asstd.
4's

count on!
PRICE

Count On!
OK

28⁹⁹

Domestos
Bleach Asstd.
750 ml EACH

28⁹⁹

Sunlight Regular
Dishwashing Liquid
750 ml EACH

49⁹⁹

Comfort Fabric
Conditioner
Asstd.
800 ml EACH

139⁹⁹ PER PACK

Baby Soft
2-Ply White Toilet Paper
18's

count on!
PRICE

Count On!
OK

39⁹⁹

Handy Andy
UltraFast Trigger
Cleaner Asstd.
500 ml EACH

37⁹⁹

Mr. Min Multi
Surface Cleaner or
Wood Polish Asstd.
300 ml EACH

29⁹⁹

Air Scents
Mist Trigger
Air Freshener
Asstd.
350 ml EACH

199⁹⁹ EACH

Bobtail 2in1 Chunks
5,5 kg - 6,5 kg
or Dog Food Asstd.
7 kg - 8 kg

count on!
PRICE

Count On!
OK

ANY 3 FOR N\$30

Pamper
Wet Cat Food Asstd.
85 g Pouch

14⁹⁹

Butch
Dog Food Asstd.
420 g EACH

72⁹⁹

Catmor
Cat Food Asstd.
1,75 kg EACH

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