

WIN your share of INSTANT FREE shopping

with **SPAR** 

Competition ends 6 October 2024



That's why
we **SHOP** at

SPAR 

Great savings, every day



Crosse & Blackwell
Tangy Mayonnaise
Only 750 g

36⁹⁹ each

Minimum
Saving **NS13**
WITH **Rewards** CARD



AS SEEN ON TV

26⁹⁹ each

Minimum
Saving **NS10**
WITH **Rewards** CARD



Top Score
Super Maize Meal
5 kg

67⁹⁹ each



Faircape
Long Life UHT Milk,
Full Cream, Low Fat
or Fat Free
6 x 1 litre

109⁹⁹ each



Marathon
White Sugar
2 kg

38⁹⁹ each



Excella
Sunflower Oil
2 litre

59⁹⁹ each



Bakpro
Vetkoek Mix
2.5 kg

42⁹⁹ each



Bakpro
Cake Flour
2.5 kg

46⁹⁹ each

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

SPAR Rewards deals available while stocks last.

SPAR 

SUPERSPAR 



Specials available from 09 September 2024 up to and including 22 September 2024. Specials valid at **SUPERSPAR & SPAR** stores in Namibia.

Selected products may not be available at all stores. While stocks last. Prices include VAT. No traders. E & OE

It's not just

SPAR
Spaghetti
500 g

15⁹⁹
each
As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Stock your pantry for less

Douwe Egberts
Assorted
(Excl. Decaf)
200 g

179⁹⁹
each
Minimum
Saving **NS20**
WITH Rewards CARD

Glen
Tagless Teabags
100s

31⁹⁹
each
Minimum
Saving **NS5**
WITH Rewards CARD

SPAR
Macaroni
3 kg

83⁹⁹
each
As good as the best for less

SPAR
BAKED BEANS IN
TOMATO SAUCE
Baked Beans in
Tomato Sauce
410 g

13⁹⁹
each
As good as the best for less

SPAR
BROWN
SUGAR
2 kg

37⁹⁹
each
As good as the best for less



Black Cat
SMOOTH
PEANUT BUTTER
400 g

38⁹⁹
each

ALL GOLD
SMOOTH
APRICOT JAM
900 g

34⁹⁹
each

Jimmy's
Steakhouse
Sauce
750 ml

41⁹⁹
each

Jaba
Peri-Peri Sauce
250 ml

27⁹⁹
each

Rhodes
Jam
Assorted
(excl. Strawberry)
290 g

19⁹⁹
each

Wellington's
Tomato Sauce
700ml

31⁹⁹
each

NOLA
Nola
Sandwich Spread
Original or Peppadew
260 g / 270 g

23⁹⁹
each

Rhodes
Chakalaka
HOT & SPICY
400 g

21⁹⁹
each

Rhodes
Cream Style
Sweetcorn
420 g or
Whole Kernel
400 g

21⁹⁹
each

Rhodes
Butter Beans
in Brine
410 g

21⁹⁹
each

IMANA
SUPER SOYA MINCE
OXTAIL
FLAVOURED
Imana
Flavoured
Soya Mince
200 g

16⁹⁹
per pack

HINDS
SPICE
Hinds
Spice Refill
Assorted
(excl. Black Pepper)
85g

BUY 2 FOR 30⁰⁰

SPUR
PEPPER SAUCE
HEAT & POUR SAUCE
200 ml

27⁹⁹
each

Knorr
TASTY HEARTY BEEF
Knorr
Packet Soups
Assorted
(Incl. Tasty)
50 g

BUY 4 FOR 26⁰⁰

Royco
PASTA SAUCE
SOUR CREAM &
MUSHROOM FLAVOUR
Royco
Pasta Sauces
Assorted
45 g

16⁹⁹
each

TOP SCORE
INSTANT
MAIZE PORRIDGE
1 kg

Tops Score
Instant Maize
Porridge
1 kg

23⁹⁹
each

IMISA
NO. 1
PARBOILED
QUICK COOK
SAMP
1 kg

Iwisa
Quick Cooking
Parboiled Samp
1 kg

17⁹⁹
each



SPAR Rewards deals available while stocks last.

It's not just

SPAR
Farm Smoked
Ham
125 g

39⁹⁹
each

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Save on all your favourites

SPAR
Active Breakfast
Drinking Yoghurt
300 ml

13⁹⁹
each

As good as the best for less

SPAR
Medium Fat
Maas
2 kg

34⁹⁹
each

As good as the best for less

SPAR
Ice Cream
Assorted
2 litre

56⁹⁹
each

As good as the best for less

SPAR
Fish Fingers
400 g

43⁹⁹
each

As good as the best for less

SPAR
Puff- or Shortcrust
Pastry
400 g

25⁹⁹
each

As good as the best for less

SPAR
Smooth Medium
Fat Yoghurt
6 x 75 g

15⁹⁹
each

Minimum Saving **N\$4**
WITH Rewards CARD

As good as the best for less

SPAR
Cheddar or
Gouda Cheese
400 g

69⁹⁹
each

Minimum Saving **N\$23**
WITH Rewards CARD

As good as the best for less

McCain
Country Crop
Vegetable Mix
250 g

14⁹⁹
each

Minimum Saving **N\$3**
WITH Rewards CARD

Danone
Ultramel
Long Life Yoghurt
4 x 125 g

19⁹⁹
per pack

Nutriday
Yoghurt Snax
Assorted
6 x 70 g

11⁹⁹
per pack

Nam Dairies
Everyday Yoghurt
500 g

22⁹⁹
each

Nawaa
Yogy Shake
500 ml

13⁹⁹
each

Flora
Fat Spread Tub
(Excl. Gold & Pro Active)
500 g

39⁹⁹
each

Onyama
Yummi
500 g

27⁹⁹
each

Hartlief
Jagdwurst
Polony
250 g

32⁹⁹
each

Windhoek Schlachtereij
Mixed Polony
100 g

26⁹⁹
each

Windhoek Schlachtereij
King Viennas
320 g

27⁹⁹
each

McCain
Stir Fry
Vegetable Mix
700g

39⁹⁹
each

Nam Chicken
Wings
8 Piece

79⁹⁹
per kg



SPAR Rewards deals available while stocks last.

Afford more of your favourites

Cheeky Chlck-can Deals



Wine savings



#NO16 [aware.org](http://www.aware.org) NOT FOR PERSONS UNDER THE AGE OF 18.



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WIN your share of INSTANT FREE shopping

with **SPAR** 



HOW TO ENTER:

STEP 1

Buy any participating product.

STEP 2

Swipe your Rewards card and you could be an instant WINNER!

Competition ends 6 October 2024

More Affordability In Every Bite



Exclusive to SPAR Rewards customers



Brookes
Oros
Ready to Drink
500 ml

BUY 6 FOR **66⁰⁰**



SPAR
Puffs Range
100 g

BUY 3 FOR **27⁰⁰**
As good as the best for less 



Sparletta Sparberry,
Cream Soda, Pinenut,
Stoney, Grenadela Twist
or Lemon Twist
Soft Drink Cans
300 ml

9⁹⁹
each



Twizza
Energy Drink
500 ml

8⁹⁹
each



Twizza
Flavoured
Carbonated Drink
330 ml

4⁹⁹
each



Energade
Ready to Drink
500 ml

13⁹⁹
each



Rietfontein or Sunsations
Dairy or Nectar Juice
1 litre

21⁹⁹
each



SPAR
100% Fruit Juice
1 litre

25⁹⁹
each
As good as the best for less 



Tuc
Biscuits
Assorted
100 g

14⁹⁹
each



Henro
Lemon Creams,
Strawberry or
Chocolate
150 g

9⁹⁹
each



Manhattan
Gums & Jellies
50 g

9⁹⁹
each



SPAR Rewards deals available while stocks last.

It's not just

SPAR
Toilet Tissue
2 Ply
9s

51⁹⁹
per pack
As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Personal care and baby

Dettol Soap 175 g
BUY 2 FOR **24⁰⁰**
Minimum Saving NS11 WITH RewardsCARD

Shield Aerosol Deodorant 150 ml
37⁹⁹ each

Shower to Shower Body Wash Assorted 500 ml
42⁹⁹ each

NIVEA MEN POWER Shower Range Assorted 500 ml
64⁹⁹ each

Aquafresh Toothpaste Base Range Assorted 100 ml
18⁹⁹ each

Clere Body Lotion 400 ml & Cream 300 ml Assorted (incl. men's range 250 ml)
24⁹⁹ each

Gillette Minora II Disposable Razors 5s
22⁹⁹ each

Dove Cotton Wool Rounds 30s
16⁹⁹ each

Kotex Panty Liners Value Pack 100's
49⁹⁹ per pack

Kotex Young Maxi Pads Singles 8s/10s
17⁹⁹ per pack

Johnson's Baby Soap 100 g
13⁹⁹ each

Johnson's Baby Wipes 56s / 72s
31⁹⁹ each

Pampers Premium Value Pack Active Baby & Pants Assorted Sizes
204⁹⁹ each

Cleaning essentials

Omo Multi-Active Washing Powder 2kg
61⁹⁹ each

Sunlight Dishwashing Liquid Refill Pouch 750 ml
24⁹⁹ each

SPAR BUDGET REFUSE BAGS 20s
31⁹⁹ each
As good as the best for less

SPAR TOILET TISSUE SUPER SOFT & SUPER STRONG 9 ROLLS 300 SHEETS 1 PLY 300 SHEETS 9s
29⁹⁹ per pack
Minimum Saving NS10 WITH RewardsCARD
As good as the best for less

Sunlight Auto Washing Powder or Liquid 2 kg / 1.5 litre
66⁹⁹ each

Harpic Multi Purpose Trigger 500 ml or Harpic Fresh Power 35 g
32⁹⁹ each

Glade Aerosol Air Freshener 180 ml
BUY 2 FOR **40⁰⁰**

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on [f /myspar](https://www.facebook.com/myspar)

