

# WIN your share of INSTANT FREE shopping

with **SPAR** 

Competition ends 6 October 2024



That's why  
we **SHOP** at

**SPAR** 

Great savings, every day



Crosse & Blackwell  
Tangy Mayonnaise  
Only 750 g

**36<sup>99</sup>** each

Minimum  
Saving **NS13**  
WITH **Rewards** CARD



AS SEEN ON TV

**26<sup>99</sup>** each

Minimum  
Saving **NS10**  
WITH **Rewards** CARD



Top Score  
Super Maize Meal  
5 kg

**67<sup>99</sup>** each



Faircape  
Long Life UHT Milk,  
Full Cream, Low Fat  
or Fat Free  
6 x 1 litre

**109<sup>99</sup>** each



Marathon  
White Sugar  
2 kg

**38<sup>99</sup>** each



Excella  
Sunflower Oil  
2 litre

**59<sup>99</sup>** each



Bakpro  
Vetkoek Mix  
2.5 kg

**42<sup>99</sup>** each



Bakpro  
Cake Flour  
2.5 kg

**46<sup>99</sup>** each

**SPAR**  
**Rewards**  
More for You



**SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.**

SPAR Rewards deals available while stocks last.

**SPAR** 

**SUPERSPAR** 



Specials available from 09 September 2024 up to and including 22 September 2024. Specials valid at **SUPERSPAR & SPAR** stores in Namibia.

Selected products may not be available at all stores. While stocks last. Prices include VAT. No traders. E & OE

# It's not just

SPAR  
Spaghetti  
500 g

**15<sup>99</sup>**  
each  
As good as the best for less



# It's so much more!

That's why  
we SHOP at  
**SPAR**

## Stock your pantry for less

Douwe Egberts  
Assorted  
(Excl. Decaf)  
200 g

**179<sup>99</sup>**  
each  
Minimum  
Saving **NS20**  
WITH Rewards CARD

Glen  
Tagless Teabags  
100s

**31<sup>99</sup>**  
each  
Minimum  
Saving **NS5**  
WITH Rewards CARD

SPAR  
Macaroni  
3 kg

**83<sup>99</sup>**  
each  
As good as the best for less

SPAR  
BAKED BEANS IN  
TOMATO SAUCE  
Baked Beans in  
Tomato Sauce  
410 g

**13<sup>99</sup>**  
each  
As good as the best for less

SPAR  
BROWN  
SUGAR  
2 kg

**37<sup>99</sup>**  
each  
As good as the best for less



Black Cat  
SMOOTH  
PEANUT BUTTER  
400 g

**38<sup>99</sup>**  
each

ALL GOLD  
SMOOTH  
APRICOT JAM  
900 g

**34<sup>99</sup>**  
each

Jimmy's  
Steakhouse  
Sauce  
750 ml

**41<sup>99</sup>**  
each

Jaba  
Peri-Peri Sauce  
250 ml

**27<sup>99</sup>**  
each

Rhodes  
Jam  
Assorted  
(excl. Strawberry)  
290 g

**19<sup>99</sup>**  
each

Wellington's  
Tomato Sauce  
700ml

**31<sup>99</sup>**  
each

NOLA  
Nola  
Sandwich Spread  
Original or Peppadew  
260 g / 270 g

**23<sup>99</sup>**  
each

Rhodes  
Chakalaka  
HOT & SPICY  
400 g

**21<sup>99</sup>**  
each

Rhodes  
Cream Style  
Sweetcorn  
420 g or  
Whole Kernel  
400 g

**21<sup>99</sup>**  
each

Rhodes  
Butter Beans  
in Brine  
410 g

**21<sup>99</sup>**  
each

IMANA  
SUPER SOYA MINCE  
OXTAIL  
FLAVOURED  
Imana  
Flavoured  
Soya Mince  
200 g

**16<sup>99</sup>**  
per pack

HINDS  
CHICKEN  
SPICE  
Hinds  
Spice Refill  
Assorted  
(excl. Black Pepper)  
85g

**BUY 2 FOR 30<sup>00</sup>**

SPUR  
PEPPER SAUCE  
HEAT & POUR SAUCE  
200 ml

**27<sup>99</sup>**  
each

Knorr  
TASTY HEARTY BEEF  
50 g

**BUY 4 FOR 26<sup>00</sup>**

Royco  
PASTA SAUCE  
SOUR CREAM &  
MUSHROOM FLAVOUR  
45 g

**16<sup>99</sup>**  
each

TOP SCORE  
Instant  
MAIZE PORRIDGE  
1 kg

**23<sup>99</sup>**  
each

IMISA  
PARBOILED  
QUICK COOK  
SAMP  
1 kg

**17<sup>99</sup>**  
each



SPAR Rewards deals available while stocks last.

**It's not just**

SPAR  
Farm Smoked  
Ham  
125 g

**39<sup>99</sup>**  
each

As good as the best for less



**It's so much more!**

That's why  
we **SHOP** at  
**SPAR**

**Save on all your favourites**

SPAR  
Active Breakfast  
Drinking Yoghurt  
300 ml

**13<sup>99</sup>**  
each

As good as the best for less

SPAR  
Medium Fat  
Maas  
2 kg

**34<sup>99</sup>**  
each

As good as the best for less

SPAR  
Ice Cream  
Assorted  
2 litre

**56<sup>99</sup>**  
each

As good as the best for less

SPAR  
Fish Fingers  
400 g

**43<sup>99</sup>**  
each

As good as the best for less

SPAR  
Puff- or Shortcrust  
Pastry  
400 g

**25<sup>99</sup>**  
each

As good as the best for less

SPAR  
Smooth Medium  
Fat Yoghurt  
6 x 75 g

**15<sup>99</sup>**  
each

Minimum Saving **N\$4**  
WITH Rewards CARD

As good as the best for less

SPAR  
Cheddar or  
Gouda Cheese  
400 g

**69<sup>99</sup>**  
each

Minimum Saving **N\$23**  
WITH Rewards CARD

As good as the best for less

McCain  
Frozen Veg  
Assorted  
(Excl. Peas)  
250 g

**14<sup>99</sup>**  
each

Minimum Saving **N\$3**  
WITH Rewards CARD

Danone  
Ultramel  
Long Life Yoghurt  
4 x 125 g

**19<sup>99</sup>**  
per pack

Nutriday  
Yoghurt Snax  
Assorted  
6 x 70 g

**11<sup>99</sup>**  
per pack

Nam Dairies  
Everyday Yoghurt  
500 g

**22<sup>99</sup>**  
each

Nawaa  
Yogy Shake  
500 ml

**13<sup>99</sup>**  
each

Flora  
Fat Spread Tub  
(Excl. Gold & Pro Active)  
500 g

**39<sup>99</sup>**  
each

Onyama  
Yummi  
500 g

**27<sup>99</sup>**  
each

Hartlief  
Jagdwurst  
Polony  
250 g

**32<sup>99</sup>**  
each

Windhoek Schlachtereij  
Mixed Polony  
100 g

**26<sup>99</sup>**  
each

Windhoek Schlachtereij  
King Viennas  
320 g

**27<sup>99</sup>**  
each

McCain  
Stir Fry  
Vegetable Mix  
Assorted  
700g

**39<sup>99</sup>**  
each

Nam Chicken  
Wings  
8 Piece

**79<sup>99</sup>**  
per kg



SPAR Rewards deals available while stocks last.

# Afford more of your favourites

## Cheeky Chlck-can Deals



CHIKKA CHICKEN

FOOD STALL

ALL MEAL ITEMS ARE SERVING SUGGESTIONS. PROMOTION RUNS FROM 8 JULY - 6 OCTOBER 2024. CHIKKA CHICKEN IS AVAILABLE AT THE FOOD STALL ONLY AT SPAR.



Crunch Munch Biscuits 500 g  
**29.99** each



Chelsea Buns  
**15.99** each



Milk Tart Filled Swiss Roll  
**37.99** each



Multi Seed Bread  
**27.99** each



Beef Goulash  
**114.99** per kg



Beef Rib  
**79.99** per kg



Beef Stroganoff & Rice + 600 ml Coca Cola  
**49.99** per combo



Boerewors, Tomato & Onion Chip Roll + 330 ml SPAR Carbonated Soft Drink  
**69.99** per combo



Windhoek Schlachtereij Sandwich Ham  
**199.99** per kg

## Wine savings



Olive Brook Merlot, Moscato, Cabernet Sauvignon, Moscato Rosé, Shiraz, Pinotage, Chardonnay, Malbec or Cinsault 750 ml

BUY ANY 2 FOR **99.00**



JC Le Roux La Chanson, La Domaine, La Fleurette Assorted (excl. Nectar) 750 ml

**79.99** each



Arabella Merlot, Shiraz, Pinotage or Cabernet Sauvignon 750 ml

**54.99** each



Arabella Chenin Blanc, Sauvignon Blanc, Pink Panacea or Chardonnay 750 ml

**54.99** each



Diemersdal Sauvignon Blanc, Chardonnay or Unwood Chardonnay 750 ml

**89.99** each



Hunters Dry or Gold Return Bottle (incl. bottle, excl. crate cost) 660 ml

**22.99** each



Delush Wine Assorted 3 litre

**109.99** each



Carling Black Label Beer 6 x 330 ml

**57.99** per pack



Flying Fish Can 6 x 500 ml

**77.99** per pack



Heineken NRB Beer Non Alcoholic 6 x 330 ml

**78.99** each

#NO16 [aware.org](http://www.aware.org) NOT FOR PERSONS UNDER THE AGE OF 18.



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# WIN your share of INSTANT FREE shopping

with **SPAR**



## HOW TO ENTER:

### STEP 1

Buy any participating product.

### STEP 2

Swipe your Rewards card and you could be an instant WINNER!

Competition ends 6 October 2024

**More Affordability In Every Bite**



Exclusive to SPAR Rewards customers



Brookes Oros Ready to Drink 500 ml

BUY 6 FOR **66<sup>00</sup>**



SPAR Puffs Range 100 g

BUY 3 FOR **27<sup>00</sup>**  
As good as the best for less



Sparletta Sparberry, Cream Soda, Pinenut, Stony, Grenadela Twist or Lemon Twist Soft Drink Cans 300 ml

**9<sup>99</sup>** each



Twizza Energy Drink 500 ml

**8<sup>99</sup>** each



Twizza Flavoured Carbonated Drink 330 ml

**4<sup>99</sup>** each



Energade Ready to Drink 500 ml

**13<sup>99</sup>** each



Rietfontein or Sunsations Dairy or Nectar Juice 1 litre

**21<sup>99</sup>** each



SPAR 100% Fruit Juice 1 litre

**25<sup>99</sup>** each  
As good as the best for less



Tuc Biscuits Assorted 100 g

**14<sup>99</sup>** each



Henro Lemon Creams, Strawberry or Chocolate 150 g

**9<sup>99</sup>** each



Manhattan Gums & Jellies 50 g

**9<sup>99</sup>** each



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It's not just

SPAR  
Toilet Tissue  
2 Ply  
9s

**51<sup>99</sup>**  
per pack  
As good as the best for less



It's so much more!

That's why  
we SHOP at  
**SPAR**

Personal care and baby

**Dettol** Soap 175 g  
BUY 2 FOR **24<sup>00</sup>**  
Minimum Saving NS11 WITH RewardsCARD

**Shield** Aerosol Deodorant 150 ml  
**37<sup>99</sup>** each

**Shower to Shower** Body Wash Assorted 500 ml  
**42<sup>99</sup>** each

**NIVEA MEN POWER** Shower Range Assorted 500 ml  
**64<sup>99</sup>** each

**Aquafresh** Toothpaste Base Range Assorted 100 ml  
**18<sup>99</sup>** each

**Clere** Body Lotion 400 ml & Cream 300 ml Assorted (incl. men's range 250 ml)  
**24<sup>99</sup>** each

**Gillette Minora II** Disposable Razors 5s  
**22<sup>99</sup>** each

**Dove** Cotton Wool Rounds 30s  
**16<sup>99</sup>** each

**Kotex** Panty Liners Value Pack 100's  
**49<sup>99</sup>** per pack

**Kotex** Young Maxi Pads Singles 8s/10s  
**17<sup>99</sup>** per pack

**Johnson's** Baby Soap 100 g  
**13<sup>99</sup>** each

**Johnson's** Baby Wipes 56s / 72s  
**31<sup>99</sup>** each

**Pampers** Premium Value Pack Active Baby & Pants Assorted Sizes  
**204<sup>99</sup>** each

Cleaning essentials

**Omo** Multi-Active Washing Powder 2kg  
**61<sup>99</sup>** each

**Sunlight** Dishwashing Liquid Refill Pouch 750 ml  
**24<sup>99</sup>** each

**SPAR BUDGET REFUSE BAGS** 20s  
**31<sup>99</sup>** each  
As good as the best for less

**SPAR TOILET TISSUE** SUPER SOFT & SUPER STRONG 9 ROLLS  
**29<sup>99</sup>** per pack  
Minimum Saving NS10 WITH RewardsCARD  
As good as the best for less

**Sunlight** Auto Washing Powder or Liquid 2 kg / 1.5 litre  
**66<sup>99</sup>** each

**Harpic** Multi Purpose Trigger 500 ml or Harpic Fresh Power 35 g  
**32<sup>99</sup>** each

**Glade** Aerosol Air Freshener 180 ml  
BUY 2 FOR **40<sup>00</sup>**

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SN4779

Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!  
For more info: [www.spar.co.za](http://www.spar.co.za) or Find us on [f /myspar](https://www.facebook.com/myspar)

