

# WIN your share of INSTANT FREE shopping

with **SPAR** 

Competition ends 6 October 2024



That's why  
we **SHOP** at

**SPAR** 

Great savings, every day



Crosse & Blackwell  
Tangy Mayonnaise  
Only 750 g

**36<sup>99</sup>** each

Minimum  
Saving **NS13**  
WITH **Rewards** CARD



AS SEEN ON TV

**26<sup>99</sup>** each

Minimum  
Saving **NS10**  
WITH **Rewards** CARD



Top Score  
Super Maize Meal  
5 kg

**67<sup>99</sup>** each



Faircape  
Long Life UHT Milk,  
Full Cream, Low Fat  
or Fat Free  
6 x 1 litre

**109<sup>99</sup>** each



Marathon  
White Sugar  
2 kg

**38<sup>99</sup>** each



Excella  
Sunflower Oil  
2 litre

**59<sup>99</sup>** each



Bakpro  
Vetkoek Mix  
2.5 kg

**42<sup>99</sup>** each



Bakpro  
Cake Flour  
2.5 kg

**46<sup>99</sup>** each

**SPAR**  
**Rewards**  
More for You



**SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.**

SPAR Rewards deals available while stocks last.

**SPAR** 

**SUPERSPAR** 



Specials available from 09 September 2024 up to and including 22 September 2024. Specials valid at **SUPERSPAR & SPAR** stores in Namibia.

Selected products may not be available at all stores. While stocks last. Prices include VAT. No traders. E & OE



# It's not just

SPAR  
Spaghetti  
500 g

**15<sup>99</sup>**  
each  
As good as the best for less



# It's so much more!

That's why  
we SHOP at  
**SPAR**

## Stock your pantry for less

Douwe Egberts Assorted (Excl. Decaf) 200 g

**179<sup>99</sup>** each

Minimum Saving **NS20** WITH Rewards CARD

Glen Tagless Teabags 100s

**31<sup>99</sup>** each

Minimum Saving **NS5** WITH Rewards CARD

SPAR Macaroni 3 kg

**83<sup>99</sup>** each

As good as the best for less

SPAR Baked Beans in Tomato Sauce 410 g

**13<sup>99</sup>** each

As good as the best for less

**BROWN SUGAR**

2 kg

**37<sup>99</sup>** each

As good as the best for less



Black Cat Smooth Peanut Butter Assorted 400 g

**38<sup>99</sup>** each

All Gold Super Fine Apricot Jam 900 g

**34<sup>99</sup>** each

Jimmy's Steakhouse Sauce 750 ml

**41<sup>99</sup>** each

Jaba Peri-Peri Sauce 250 ml

**27<sup>99</sup>** each

Rhodes Jam Assorted (excl. Strawberry) 290 g

**19<sup>99</sup>** each

Wellington's Tomato Sauce 700ml

**31<sup>99</sup>** each

Nola Sandwich Spread Original or Peppadew 260 g / 270 g

**23<sup>99</sup>** each

Rhodes Chakalaka 400 g

**21<sup>99</sup>** each

Rhodes Cream Style Sweetcorn 420 g or Whole Kernel 400 g

**21<sup>99</sup>** each

Rhodes Butter Beans in Brine 410 g

**21<sup>99</sup>** each

Imana Super Soya Mince Oxtail Flavoured 200 g

**16<sup>99</sup>** per pack

Hinds Spice Refill Assorted (excl. Black Pepper) 85g

**BUY 2 FOR 30<sup>00</sup>**

Spur Pour on Sauces 200 ml

**27<sup>99</sup>** each

Knorr Packet Soups Assorted (Incl. Tasty) 50 g

**BUY 4 FOR 26<sup>00</sup>**

Royco Pasta Sauce Assorted 45 g

**16<sup>99</sup>** each

Tops Score Instant Maize Porridge 1 kg

**23<sup>99</sup>** each

Iwisa Quick Cooking Parboiled SAMP 1 kg

**17<sup>99</sup>** each



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**It's not just**

SPAR  
Farm Smoked  
Ham  
125 g

**39<sup>99</sup>**  
each  
As good as the best for less



It's so much more!

That's why  
we SHOP at  
**SPAR**

**Save on all your favourites**

SPAR  
Active Breakfast  
Drinking Yoghurt  
300 ml

**13<sup>99</sup>**  
each  
As good as the best for less

SPAR  
Medium Fat  
Maas  
2 kg

**34<sup>99</sup>**  
each  
As good as the best for less

SPAR  
Ice Cream  
Assorted  
2 litre

**56<sup>99</sup>**  
each  
As good as the best for less

SPAR  
Fish Fingers  
400 g

**43<sup>99</sup>**  
each  
As good as the best for less

SPAR  
Puff- or Shortcrust  
Pastry  
400 g

**25<sup>99</sup>**  
each  
As good as the best for less

SPAR  
Smooth Medium  
Fat Yoghurt  
6 x 75 g

**15<sup>99</sup>**  
each  
Minimum Saving **N\$4**  
WITH Rewards CARD  
As good as the best for less

SPAR  
Cheddar or  
Gouda Cheese  
400 g

**69<sup>99</sup>**  
each  
Minimum Saving **N\$23**  
WITH Rewards CARD  
As good as the best for less

McCain  
Frozen Veg  
Assorted  
(Excl. Peas)  
250 g

**14<sup>99</sup>**  
each  
Minimum Saving **N\$3**  
WITH Rewards CARD

Danone  
Ultramel  
Long Life Yoghurt  
4 x 125 g

**19<sup>99</sup>**  
per pack

Nutriday  
Yoghurt Snax  
Assorted  
6 x 70 g

**11<sup>99</sup>**  
per pack

Nam Dairies  
Everyday Yoghurt  
500 g

**22<sup>99</sup>**  
each

Nawaa  
Yogy Shake  
500 ml

**13<sup>99</sup>**  
each

Flora  
Fat Spread Tub  
(Excl. Gold & Pro Active)  
500 g

**39<sup>99</sup>**  
each

Onyama  
Yummi  
500 g

**27<sup>99</sup>**  
each

Hartlief  
Jagdwurst  
Polony  
250 g

**32<sup>99</sup>**  
each

Windhoek Schlachtereij  
Mixed Polony  
100 g

**26<sup>99</sup>**  
each

Windhoek Schlachtereij  
King Viennas  
320 g

**27<sup>99</sup>**  
each

McCain  
Stir Fry  
Vegetable Mix  
Assorted  
700g

**39<sup>99</sup>**  
each

Nam Chicken  
Wings  
8 Piece

**79<sup>99</sup>**  
per kg



SPAR Rewards deals available while stocks last.



# Afford more of your favourites

## Cheeky Chlck-can Deals



## Wine savings



#NO16 [aware.org](http://www.aware.org) NOT FOR PERSONS UNDER THE AGE OF 18.



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# WIN your share of INSTANT FREE shopping

with **SPAR** 



## HOW TO ENTER:

### STEP 1

Buy any participating product.

### STEP 2

Swipe your Rewards card and you could be an instant WINNER!

Competition ends 6 October 2024

**More Affordability In Every Bite**



Exclusive to SPAR Rewards customers



Brookes  
Oros  
Ready to Drink  
500 ml

BUY 6 FOR **66<sup>00</sup>**



SPAR  
Puffs Range  
100 g

BUY 3 FOR **27<sup>00</sup>**  
As good as the best for less 



Sparletta Sparberry,  
Cream Soda, Pinenut,  
Stoney, Grenadela Twist  
or Lemon Twist  
Soft Drink Cans  
300 ml

**9<sup>99</sup>**  
each



Twizza  
Energy Drink  
500 ml

**8<sup>99</sup>**  
each



Rietfontein or Sunsations  
Dairy or Nectar Juice  
1 litre

**21<sup>99</sup>**  
each



SPAR  
100% Fruit Juice  
1 litre

**25<sup>99</sup>**  
each  
As good as the best for less 



Twizza  
Flavoured  
Carbonated Drink  
330 ml

**4<sup>99</sup>**  
each



Energade  
Ready to Drink  
500 ml

**13<sup>99</sup>**  
each



Tuc  
Biscuits  
Assorted  
100 g

**14<sup>99</sup>**  
each



Henro  
Lemon Creams,  
Strawberry or  
Chocolate  
150 g

**9<sup>99</sup>**  
each



Manhattan  
Gums & Jellies  
50 g

**9<sup>99</sup>**  
each



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It's not just

SPAR  
Toilet Tissue  
2 Ply  
9s

**51<sup>99</sup>**  
per pack  
As good as the best for less



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**SPAR**

Personal care and baby

**Dettol** Soap 175 g  
BUY 2 FOR **24<sup>00</sup>**  
Minimum Saving NS11 WITH RewardsCARD

**Shield** Aerosol Deodorant 150 ml  
**37<sup>99</sup>** each

**Shower to Shower** Body Wash Assorted 500 ml  
**42<sup>99</sup>** each

**NIVEA MEN POWER** Shower Range Assorted 500 ml  
**64<sup>99</sup>** each

**Aquafresh** Toothpaste Base Range Assorted 100 ml  
**18<sup>99</sup>** each

**Clere** Body Lotion 400 ml & Cream 300 ml Assorted (incl. men's range 250 ml)  
**24<sup>99</sup>** each

**Gillette Minora II** Disposable Razors 5s  
**22<sup>99</sup>** each

**Dove** Cotton Wool Rounds 30s  
**16<sup>99</sup>** each

**Kotex** Panty Liners Value Pack 100's  
**49<sup>99</sup>** per pack

**Kotex** Young Maxi Pads Singles 8s/10s  
**17<sup>99</sup>** per pack

**Johnson's** Baby Soap 100 g  
**13<sup>99</sup>** each

**Johnson's** Baby Wipes 56s / 72s  
**31<sup>99</sup>** each

**Pampers** Premium Value Pack Active Baby & Pants Assorted Sizes  
**204<sup>99</sup>** each

Cleaning essentials

**Omo** Multi-Active Washing Powder 2kg  
**61<sup>99</sup>** each

**Sunlight** Dishwashing Liquid Refill Pouch 750 ml  
**24<sup>99</sup>** each

**SPAR BUDGET REFUSE BAGS** 20s  
**31<sup>99</sup>** each  
As good as the best for less

**SPAR TOILET TISSUE** SUPER SOFT & SUPER STRONG 9 ROLLS  
**29<sup>99</sup>** per pack  
Minimum Saving NS10 WITH RewardsCARD  
As good as the best for less

**Sunlight** Auto Washing Powder or Liquid 2 kg / 1.5 litre  
**66<sup>99</sup>** each

**Harpic** Multi Purpose Trigger 500 ml or Harpic Fresh Power 35 g  
**32<sup>99</sup>** each

**Glade** Aerosol Air Freshener 180 ml  
BUY 2 FOR **40<sup>00</sup>**

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!  
For more info: [www.spar.co.za](http://www.spar.co.za) or Find us on [f /myspar](https://www.facebook.com/myspar)

