

MILLIONS in savings

with **SPAR** Rewards

24 FEB - 21 APR 2025



That's why we SHOP at

SPAR

SPAR Products as good as the best for less

DOUBLE MONEY BACK QUALITY GUARANTEED

SPAR Light Meat Shredded Tuna in Salt Water 170 g

BUY 3 FOR 50⁰⁰

Minimum Saving N\$19 WITH Rewards CARD

As good as the best for less

KOO Baked Beans in Tomato Sauce Only 400 g

BUY 2 FOR 30⁰⁰

Minimum Saving N\$4 WITH Rewards CARD

AS SEEN ON TV

Sunlight 5 in 1 Auto Washing Powder 3 kg

79⁹⁹ each

Minimum Saving N\$20 WITH Rewards CARD

Baby Soft Toilet Tissue 2 Ply 350 Sheets 18s

139⁹⁹ each

Minimum Saving N\$29 WITH Rewards CARD

VALUE REFILL

Nescafé Ricofity Refill Pouch 800 g

109⁹⁹ each

Minimum Saving N\$30 WITH Rewards CARD

AS SEEN ON TV

SPAR UHT Long Life Milk Full Cream Only 6 x 1 litre

109⁹⁹ per pack

Minimum Saving N\$10 WITH Rewards CARD

As good as the best for less

AS SEEN ON TV

Kellogg's CORN FLAKES

Kellogg's Corn Flakes 1 kg

164⁹⁹ each

Minimum Saving N\$15 WITH Rewards CARD

DOUBLE MONEY BACK QUALITY GUARANTEED

SPAR Sunflower Oil 4 litre

134⁹⁹ each

As good as the best for less

NICE RICE

Nice Rice Parboiled Rice 5 kg

101⁹⁹ each

TOP SCORE

Top Score Super Maize Meal 10 kg

139⁹⁹ each

Bakpro

Bakpro Vetkoek Wheat Flour 10 kg

157⁹⁹ each

SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
SPAR Rewards deals available while stocks last.

SPAR

SUPERSPAR

Specials available from 24 March 2025 up to and including 07 April 2025. Specials valid at **SUPERSPAR & SPAR** stores in Namibia.

Selected products may not be available at all stores. While stocks last. Prices include VAT. No traders. E & OE.

DOWNLOADED FROM **specialsona**

Afford more of your favourites

Butchers best

SERVING SUGGESTION

Beef Sirloin Steak

209⁹⁹ per kg

SERVING SUGGESTION

Nam Chicken Fresh Chicken Breast Fillets 4-Piece

99⁹⁹ per kg

AVAILABLE ONLY AT SELECTED STORES

SERVING SUGGESTION

Nam Chicken Spatchcock Assorted

73⁹⁹ per kg

AVAILABLE ONLY AT SELECTED STORES

SERVING SUGGESTION

Beef Shin Bone In

96⁹⁹ per kg

SERVING SUGGESTION

Marinated Chicken Drumsticks

114⁹⁹ per kg

Bakers best

SERVING SUGGESTION

Biltong and Cheese Bread

46⁹⁹ each

SERVING SUGGESTION

Banana Bread

28⁹⁹ each

SERVING SUGGESTION

Crunch Munch Biscuit Barrel 1 kg

61⁹⁹ each

SERVING SUGGESTION

Hot Cross Buns 6s

19⁹⁹ per pack

SERVING SUGGESTION

SPAR Country Value Scones 10s

34⁹⁹ per pack

SERVING SUGGESTION

Nam Pie Pasteis De Nata 6s

89⁹⁹

SERVING SUGGESTION

Rheinspitz Bread

16⁹⁹ each



SPAR Rewards deals available while stocks last.

Make this year about the meals



Meals made easy

Wrap up your hunger

CHIKKA WRAP & CHIPS
Plant or Chicken

49⁹⁹

CHIKKA CHICKEN

FOOD STALL

ALL PRICES PER 1/2 LB SERVING. COMBO INCLUDES 600 ml COCA-COLA. SPECIAL OFFERS AVAILABLE AT THE FOOD STALL, ONLY AT ZUMA.

SERVING SUGGESTION

Pie (excl. Burger Pies & Double Filler)
+ 600 ml Coca-Cola

42⁹⁹ per combo

SERVING SUGGESTION

Chicken Schnitzel,
Chips and Salad

76⁹⁹ per combo

SERVING SUGGESTION

1/4 Chicken Leg and Chips
+ 600 ml Coca-Cola

59⁹⁹ per combo

SERVING SUGGESTION

Hartlief
German Cooked Ham

274⁹⁹ per kg

SERVING SUGGESTION

Hartlief
Footlong Viennas

229⁹⁹ per kg

SERVING SUGGESTION

Oldenburger
German Gouda

189⁹⁹ per kg

It's not just

SPAR
Braai Snoek
in Apricot Marinade
1.1 kg

149⁹⁹
each

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

A fridge full of savings



41⁹⁹
each

SPAR
Fish Fingers
400 g

Minimum
Saving **N\$14**
WITH RewardsCARD

As good as the best for less



SPAR
Frozen Chips Skinny,
Slap or Crinkle Cut
Oven Chips
1 kg

53⁹⁹
each

As good as the best for less



SPAR
Vacuum Packed
Cheese
Assorted
700 g

104⁹⁹

Minimum
Saving **N\$43**
WITH RewardsCARD

As good as the best for less



President
Cream Cheese
Assorted
230 g

44⁹⁹
each



SPAR
Daily Spread
40% Fat
Spread Tub
1 kg

39⁹⁹
each

As good as the best for less

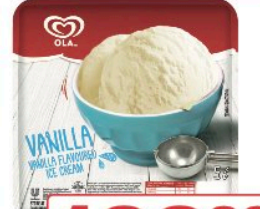


SPAR
Puff Pastry and
Shortcrust Pastry
400 g

25⁹⁹
each

Minimum
Saving **N\$6**
WITH RewardsCARD

As good as the best for less



Ola
Vanilla
Ice Cream Tub
5 litre

109⁹⁹
each



Nawaa
Supa Omasi Premium
Cultured Milk Sweet
or Plain
2 kg

43⁹⁹
each



Nawaa
Yogy Shake
500 ml

14⁹⁹
each



Ola Paddle
Pop Tube or
Tornado
80 ml/ 90 ml

BUY
ANY
2
FOR
40⁰⁰



Dairymaid
Country Fresh
Ice Cream
1.8 litre

49⁹⁹
each



Cadbury Oreo
Ice Cream Sticks
90 ml

26⁹⁹
each



Parmalat
Processed Cheese
Slices
200 g

29⁹⁹
each



Parmalat
Salted Butter
500 g

94⁹⁹
each



Marvello
Original 70% Fat
Spread Brick
500 g

22⁹⁹
each



I&J
Air Fri'n
Amazing Crumbed
Fist/ Chicken
All Variants
250 g

46⁹⁹
each



McCain
Stir Fry
Assorted
700 g

39⁹⁹
each



SPAR Rewards deals available while stocks last.

It's not just

SPAR
Pilchards in Tomato,
Chilli or Sweet Chilli
Sauce
400 g



It's so much more!

That's why
we **SHOP** at
SPAR

25⁹⁹
each

As good as the best for less



Pantry savings



SPAR
Smooth
Apricot Jam
or Mixed Fruit
900 g

37⁹⁹
each

Minimum
Saving **N\$6**
WITH **RewardsCARD**
As good as the best for less



SPAR
Sliced or Grated
Beetroot
780 g

28⁹⁹
each

Minimum
Saving **N\$6**
WITH **RewardsCARD**
As good as the best for less



SPAR
Peach Halves
& Slices
410 g

22⁹⁹
each

Minimum
Saving **N\$4**
WITH **RewardsCARD**
As good as the best for less



All Gold
Tomato Sauce
700 ml

32⁹⁹
each

Minimum
Saving **N\$7**
WITH **RewardsCARD**
As good as the best for less



Nola
Mayonnaise
750 g

36⁹⁹
each

Minimum
Saving **N\$8**
WITH **RewardsCARD**
As good as the best for less



SPAR
Corned Meat
Assorted
300 g

27⁹⁹
each

As good as the best for less



SPAR
Chutney
Assorted
460 g

24⁹⁹
each

As good as the best for less



SPAR
Light Brown Sugar
5 kg

39⁹⁹
each

As good as the best for less



SPAR
White Sugar
5 kg

101⁹⁹
each

As good as the best for less



Glen
Tagless
Teabags
80s

34⁹⁹
each



Joko
Black Tea
100s

51⁹⁹
each



Little Bee
Honey
1 kg

154⁹⁹
each



Robertson
Spice Refills
Assorted
12 g - 80 g

15⁴⁹
each



Crystal Gold
Sweet Chilli Sauce
700 ml

31⁹⁹
each



Jungle
Oats
1 kg

42⁹⁹
each



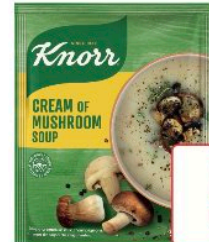
Melrose
Cheese Spread 250 g
or Wedges 200 g
Assorted

45⁹⁹
each



thokoman
Peanut Butter
1.1 kg

75⁹⁹
each



Knorr
Packet Soups
Assorted
50 g

5⁹⁹
each



Lucky Star
Soya Mince and
Vegetable Stew
400 g

17⁹⁹
each



Kellogg's
Instant Noodles
Multi Pack
5s

28⁹⁹
per pack



Polana
Macaroni or
Elbow
3 kg

76⁹⁹
each



Polana
Spaghetti
1 kg

25⁹⁹
each



SPAR Rewards deals available while stocks last.

It's not just

SPAR Smoothie 5 litre

50⁹⁹ each
As good as the best for less



It's so much more!



That's why we SHOP at **SPAR**

Drinks and Snacks



Predator Energy Drink Assorted 500 ml

9⁹⁹ each



Red Bull Energy Drink Original (excl. Limited Edition Range) 250 ml

17⁹⁹ each



Schweppes Tonic Water Assorted 1 litre

14⁹⁹ each



Casupi Flavour Drink Assorted 350 ml

6⁹⁹ each



Fanta, Pine, Orange, Grape or Red Apple Soft Drink 2 litre

19⁹⁹ each



Brookes Oros Orange, Pineapple, Tropical or Naartjie 2 litre

41⁴⁹ each



Bakers Mini Cheddars 6 x 33g

33⁹⁹ each



Beacon Chocolate Slabs Assorted 80 g

14⁹⁹ each



Namstyle Naks Baiters 50s

34⁹⁹ each



Messaris Potato Chips Assorted 125 g

17⁴⁹ each



Lay's Potato Chips Assorted 105 g

18⁹⁹ each



Manhattan Pops 210 g

19⁹⁹ each



SPAR Cocktail Snack 100 g

24⁹⁹ each

As good as the best for less



Liqui-Fruit Pure Fruit Juice 2 litre

44⁹⁹ each

Minimum Saving N\$18 WITH Rewards CARD



Bakers Tennis Biscuits Assorted 200 g

40⁰⁰

Minimum Saving N\$10 WITH Rewards CARD



SPAR Rusks Assorted 450 g

41⁹⁹ each

Minimum Saving N\$15 WITH Rewards CARD

As good as the best for less



SPAR Fruit Juice Assorted 6 x 200 ml

43⁹⁹ per pack

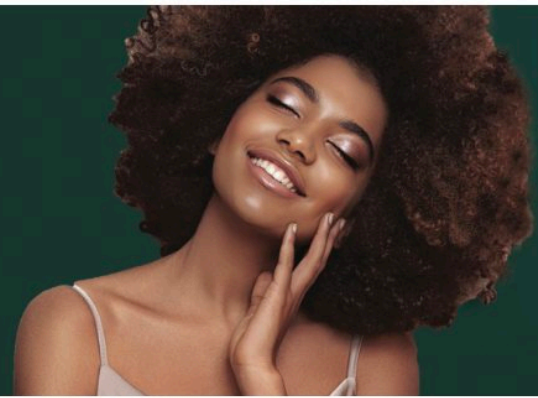
Minimum Saving N\$7 WITH Rewards CARD

As good as the best for less



SPAR Rewards deals available while stocks last.

Look and feel your best for less



Personal care

Organics Shampoo or Conditioner Assorted 1 litre

79⁹⁹ each

Minimum Saving **N\$25** WITH RewardsCARD

Vaseline Lotion or Cream for Men or Women Assorted 400 ml

54⁹⁹ each

Minimum Saving **N\$26** WITH RewardsCARD

Shield Anti-Perspirant Roll-On 50 ml

AS SEEN ON TV

BUY 2 FOR **42⁰⁰**

Minimum Saving **N\$12** WITH RewardsCARD

Protex Soap Assorted 175 g

BUY 2 FOR **27⁹⁹**

Minimum Saving **N\$11** WITH RewardsCARD

SPAR Foam Bath 2 litre

44⁹⁹ each

As good as the best for less

Aquafresh Toothpaste Base Range 100 ml

16⁹⁹ each

Mitchum Roll-On Female & Male Assorted 50 ml

39⁹⁹ each

Old Spice Deodorant Assorted 150 ml

39⁹⁹ each

Radox Body Wash Assorted 400 ml

37⁹⁹ each

Pantene Shampoo or Conditioner 400 ml

64⁹⁹ each

Dove Cotton Wool Rounds 80s

29⁹⁹ each

Lil-Lets Essential Paryliners 100s

44⁹⁹ each

Oral B Essential Floss Unwaxed 50 m

74⁹⁹ each

Kiwi Quality Shoe Polish 50 ml

15⁹⁹ each

Inecto Colour Creme Assorted 50 ml

32⁹⁹ each

Darling One Million Braid Assorted

29⁹⁹ each

Kotex Ultra Sanitary Pads (incl. Bio Care) 8s/10s

21⁹⁹ each

Always Duo Assorted

32⁹⁹ each

Baby

Johnson's Baby Powder 200 g

42⁹⁹ each

Purity Baby Oil 125 ml

34⁹⁹ each

Johnson's Baby Jelly 250 ml

39⁹⁹ each

Johnson's Baby Wipes 288s/224s

109⁹⁹ per pack

Minimum Saving **N\$30** WITH RewardsCARD

Hi Baby Nappies 50s

99⁹⁹ each

Pampers Baby Wipes 56s/64s

32⁹⁹ each

Purity Jars Assorted 200 ml & Pouches 150 ml

BUY ANY 3 FOR **44⁹⁹**



SPAR Rewards deals available while stocks last.

It's not just

SPAR
Toilet Tissue
1 Ply
300 Sheets
18s

61⁹⁹
each

As good as the best for less



It's so much more!

That's why
we SHOP at
SPAR

Cleaning essentials

SPAR Heavy Duty Foil 5 m

35⁹⁹ each

Minimum Saving **N\$7** WITH Rewards CARD

As good as the best for less

SPAR Budget Refuse Bags 20s

44⁹⁹ each

Minimum Saving **N\$12** WITH Rewards CARD

As good as the best for less

SPAR Sandwich Bags Large 50s

38⁹⁹ each

Minimum Saving **N\$8** WITH Rewards CARD

As good as the best for less

Pro-Wash Laundry Bar 500 g

17⁹⁹ each

Minimum Saving **N\$4** WITH Rewards CARD

As good as the best for less

SPAR Roller Towels 2s

19⁹⁹ per pack

Minimum Saving **N\$5** WITH Rewards CARD

As good as the best for less

SPAR Paper Plates 50s

39⁹⁹ each

As good as the best for less

SPAR Serviettes 1 Ply White 100

17⁹⁹ each

As good as the best for less

SPAR Clingwrap 30 m

51⁹⁹ each

As good as the best for less

Home Care by SPAR Dishwashing Liquid Assorted 750 ml

BUY 2 FOR 52⁰⁰

Twinsaver Roller Towel Classic White 2s

23⁹⁹ each

Ariel Auto Liquid 3 litre or Capsules 30s

172⁹⁹ each

Jik Multi Purpose Bleach Cleaner Assorted 1.5 litre

37⁹⁹ each

Sta-Soft Refill Base and Premium Range 500 ml

29⁹⁹ each

Domestos Disinfectant 750 ml

31⁹⁹ each

Mortein Nature Gard Refill 236 ml

95⁹⁹ each

Boss Dog Food Assorted 775 g/ 820 g

31⁹⁹ each

Canine Cuisine Dog Food Assorted 6 kg

287⁹⁹ each

Feline Cuisine Cat Food Assorted 4 kg

281⁹⁹ each

ProPet Garden Bird Seed 2 kg

38⁹⁹ each

Wise Choice Broom 1s

52⁹⁹ each

Wise Choice Mop 1s

42⁹⁹ each

Wise Choice Dustpan and Brush Set 1s

29⁹⁹ each

Mellerware Corded Kettle 1s

179⁹⁹ each

Mellerware Steam Iron 1s

229⁹⁹ each

Evo Plastic Basin 43 cm 1s

21⁹⁹ each

Evo Plastic Bucket 10 litre

19⁹⁹ each



SPAR Rewards deals available while stocks last.

SWIPE TO SAVE MORE

Exclusive to SPAR Rewards customers.



SaveMor Cordial Assorted 1 litre

15⁹⁹ each



SaveMor Lemon Creams or Marie Biscuits 150g

BUY 3 FOR **21⁰⁰**



SaveMor Tagless Teabags 100s

20⁹⁹ each



SaveMor Baked Beans in Tomato Sauce 410g

10⁴⁹ each



SaveMor Mixed Vegetables in Curry Sauce or Mixed Vegetables 410g

14⁹⁹ each



SaveMor White Parboiled Rice 5kg

79⁹⁹ each



SaveMor Bread Spread 37% Fat Spread Brick 500g

12⁹⁹ each



SaveMor Frozen Mixed Vegetables 1kg

36⁹⁹ each



SaveMor Pine Gel 1 litre

35⁹⁹ each



SaveMor Beauty Soap Assorted 300g

BUY 2 FOR **24⁰⁰**



SaveMor Dishwashing Liquid 750 ml

19⁹⁹ each

SPAR Rewards More for You



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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on /myspar

