

# MILLIONS in savings

with **SPAR** Rewards

24 FEB - 21 APR 2025



That's why we SHOP at

**SPAR**

**SPAR Products** as good as the best for less

**DOUBLE MONEY BACK QUALITY GUARANTEED**

**SPAR Light Meat Shredded Tuna in Salt Water 170 g**

**BUY 3 FOR 50<sup>00</sup>**

**Minimum Saving N\$19 WITH Rewards CARD**

As good as the best for less

**KOO Baked Beans in Tomato Sauce Only 400 g**

**BUY 2 FOR 30<sup>00</sup>**

**Minimum Saving N\$4 WITH Rewards CARD**

**AS SEEN ON TV**

**Sunlight 5 in 1 Auto Washing Powder 3 kg**

**79<sup>99</sup> each**

**Minimum Saving N\$20 WITH Rewards CARD**

**Baby Soft Toilet Tissue 2 Ply 350 Sheets 18s**

**139<sup>99</sup> each**

**Minimum Saving N\$29 WITH Rewards CARD**

**VALUE REFILL**

**Nescafé Ricofity Refill Pouch 800 g**

**109<sup>99</sup> each**

**Minimum Saving N\$30 WITH Rewards CARD**

**AS SEEN ON TV**

**SPAR UHT Long Life Milk Full Cream Only 6 x 1 litre**

**109<sup>99</sup> per pack**

**Minimum Saving N\$10 WITH Rewards CARD**

As good as the best for less

**AS SEEN ON TV**

**Kellogg's CORN FLAKES**

**Kellogg's Corn Flakes 1 kg**

**164<sup>99</sup> each**

**Minimum Saving N\$15 WITH Rewards CARD**

**DOUBLE MONEY BACK QUALITY GUARANTEED**

**SPAR Sunflower Oil 4 litre**

**134<sup>99</sup> each**

As good as the best for less

**NICE RICE**

**Nice Rice Parboiled Rice 5 kg**

**101<sup>99</sup> each**

**TOP SCORE**

**Top Score Super Maize Meal 10 kg**

**139<sup>99</sup> each**

**Bakpro**

**Bakpro Vetkoek Wheat Flour 10 kg**

**157<sup>99</sup> each**

**SPAR Rewards**  
More for You



**SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.**  
SPAR Rewards deals available while stocks last.

**SPAR**

**SUPERSPAR**

Specials available from 24 March 2025 up to and including 07 April 2025. Specials valid at **SUPERSPAR & SPAR** stores in Namibia.

Selected products may not be available at all stores. While stocks last. Prices include VAT. No traders. E & OE.

DOWNLOADED FROM **specialsona**

# Afford more of your favourites

## Butchers best

**SERVING SUGGESTION**

Beef Sirloin Steak

**209<sup>99</sup>** per kg

**SERVING SUGGESTION**

Nam Chicken Fresh Chicken Breast Fillets 4-Piece

AVAILABLE ONLY AT SELECTED STORES

**99<sup>99</sup>** per kg

**SERVING SUGGESTION**

Nam Chicken Spatchcock Assorted

AVAILABLE ONLY AT SELECTED STORES

**73<sup>99</sup>** per kg

**SERVING SUGGESTION**

Beef Shin Bone In

**96<sup>99</sup>** per kg

**SERVING SUGGESTION**

Marinated Chicken Drumsticks

**114<sup>99</sup>** per kg

## Bakers best

**SERVING SUGGESTION**

Biltong and Cheese Bread

**46<sup>99</sup>** each

**SERVING SUGGESTION**

Banana Bread

**28<sup>99</sup>** each

**SERVING SUGGESTION**

Crunch Munch Biscuit Barrel 1 kg

**61<sup>99</sup>** each

**SERVING SUGGESTION**

Hot Cross Buns 6s

**19<sup>99</sup>** per pack

**SERVING SUGGESTION**

SPAR Country Value Scones 10s

**34<sup>99</sup>** per pack

**SERVING SUGGESTION**

Nam Pie Pastéis De Nata 6s

**89<sup>99</sup>**

**SERVING SUGGESTION**

Rheinspitz Bread

**16<sup>99</sup>** each



SPAR Rewards deals available while stocks last.

# Make this year about the meals



## Meals made easy

**Wrap up your hunger**

CHIKKA WRAP & CHIPS  
Plant or Chicken

**49<sup>99</sup>**

**CHIKKA CHICKEN**

**FOOD STALL**

ALL PRICES PER 1/2 LB SERVING SUGGESTION. PRICES FOR FULL PORTION 2 LBS ONLY. 1 APRIL 2024. SPECIAL OFFERS SUBJECT TO THE FOOD STALL. ONLY AT ZUMA.

**SERVING SUGGESTION**

**PLANT-BASED**

Pie (excl. Burger Pies & Double Filler)  
+ 600 ml Coca-Cola

**42<sup>99</sup>** per combo

**SERVING SUGGESTION**

Chicken Schnitzel,  
Chips and Salad

**76<sup>99</sup>** per combo

**SERVING SUGGESTION**

1/4 Chicken Leg and Chips  
+ 600 ml Coca-Cola

**59<sup>99</sup>** per combo

**SERVING SUGGESTION**

**Hartlief**  
German Cooked Ham

**274<sup>99</sup>** per kg

**SERVING SUGGESTION**

**Hartlief**  
Footlong Viennas

**229<sup>99</sup>** per kg

**SERVING SUGGESTION**

**Oldenburger**  
German Gouda

**189<sup>99</sup>** per kg

# It's not just

SPAR  
Braai Snoek  
in Apricot Marinade  
1.1 kg

**149<sup>99</sup>**  
each

As good as the best for less



It's so much more!

That's why  
we SHOP at  
**SPAR**

## A fridge full of savings



**41<sup>99</sup>**  
each

SPAR  
Fish Fingers  
400 g

Minimum  
Saving **N\$14**  
WITH RewardsCARD

As good as the best for less



SPAR  
Frozen Chips Skinny,  
Slap or Crinkle Cut  
Oven Chips  
1 kg

**53<sup>99</sup>**  
each

As good as the best for less



SPAR  
Vacuum Packed  
Cheese  
Assorted  
700 g

**104<sup>99</sup>**

Minimum  
Saving **N\$43**  
WITH RewardsCARD

As good as the best for less



President  
Cream Cheese  
Assorted  
230 g

**44<sup>99</sup>**  
each



SPAR  
Daily Spread  
40% Fat  
Spread Tub  
1 kg

**39<sup>99</sup>**  
each

As good as the best for less



SPAR  
Puff Pastry and  
Shortcrust Pastry  
400 g

**25<sup>99</sup>**  
each

Minimum  
Saving **N\$6**  
WITH RewardsCARD

As good as the best for less



Ola  
Vanilla  
Ice Cream Tub  
5 litre

**109<sup>99</sup>**  
each



Nawaa  
Supa Omasi Premium  
Cultured Milk Sweet  
or Plain  
2 kg

**43<sup>99</sup>**  
each



Nawaa  
Yogy Shake  
500 ml

**14<sup>99</sup>**  
each



Ola Paddle  
Pop Tube or  
Tornado  
80 ml/ 90 ml

BUY  
ANY  
2  
FOR  
**40<sup>00</sup>**



Dairymaid  
Country Fresh  
Ice Cream  
1.8 litre

**49<sup>99</sup>**  
each



Cadbury/ Oreo  
Ice Cream Sticks  
90 ml

**26<sup>99</sup>**  
each



Parmalat  
Processed Cheese  
Slices  
200 g

**29<sup>99</sup>**  
each



Parmalat  
Salted Butter  
500 g

**94<sup>99</sup>**  
each



Marvello  
Original 70% Fat  
Spread Brick  
500 g

**22<sup>99</sup>**  
each



I&J  
Air Fri'n  
Amazing Crumbed  
Fist/ Chicken  
All Variants  
250 g

**46<sup>99</sup>**  
each



McCain  
Stir Fry  
Assorted  
700 g

**39<sup>99</sup>**  
each



SPAR Rewards deals available while stocks last.

# It's not just

**SPAR**  
Pilchards in Tomato,  
Chilli or Sweet Chilli  
Sauce  
400 g



# It's so much more!

That's why  
we **SHOP** at  
**SPAR**

**25<sup>99</sup>**  
each

As good as the best for less



## Pantry savings



SPAR  
Smooth  
Apricot Jam  
or Mixed Fruit  
900 g

**37<sup>99</sup>**  
each

Minimum  
Saving **N\$6**  
WITH **RewardsCARD**

As good as the best for less



SPAR  
Sliced or Grated  
Beetroot  
780 g

**28<sup>99</sup>**  
each

Minimum  
Saving **N\$6**  
WITH **RewardsCARD**

As good as the best for less



SPAR  
Peach Halves  
& Slices  
410 g

**22<sup>99</sup>**  
each

Minimum  
Saving **N\$4**  
WITH **RewardsCARD**

As good as the best for less



All Gold  
Tomato Sauce  
700 ml

**32<sup>99</sup>**  
each

Minimum  
Saving **N\$7**  
WITH **RewardsCARD**

As good as the best for less



Nola  
Mayonnaise  
750 g

**36<sup>99</sup>**  
each

Minimum  
Saving **N\$8**  
WITH **RewardsCARD**

As good as the best for less



SPAR  
Corned Meat  
Assorted  
300 g

**27<sup>99</sup>**  
each

As good as the best for less



SPAR  
Chutney  
Assorted  
460 g

**24<sup>99</sup>**  
each

As good as the best for less



SPAR  
Brown Sugar  
5 kg

SPAR  
Light Brown Sugar  
5 kg

**39<sup>99</sup>**  
each

As good as the best for less



SPAR  
Refined White Sugar  
5 kg

SPAR  
White Sugar  
5 kg

**101<sup>99</sup>**  
each

As good as the best for less



Glen  
Tagless  
Teabags  
80s

**34<sup>99</sup>**  
each



Joko  
Black Tea  
100s

**51<sup>99</sup>**  
each



Little Bee  
Honey  
1 kg

**154<sup>99</sup>**  
each



Robertson  
Spice Refills  
Assorted  
12 g - 80 g

**15<sup>49</sup>**  
each



Crystal Gold  
Sweet Chilli Sauce  
700 ml

**31<sup>99</sup>**  
each



Jungle  
Oats  
1 kg

**42<sup>99</sup>**  
each



Melrose  
Cheese Spread 250 g  
or Wedges 200 g  
Assorted

**45<sup>99</sup>**  
each



thokoman  
Peanut Butter  
1.1 kg

**75<sup>99</sup>**  
each



Knorr  
Packet Soups  
Assorted  
50 g

**5<sup>99</sup>**  
each



Lucky Star  
Soya Mince and  
Vegetable Stew  
400 g

**17<sup>99</sup>**  
each



Kellogg's  
Instant Noodles  
Multi Pack  
5s

**28<sup>99</sup>**  
per pack



Polana  
Macaroni or  
Elbow  
3 kg

**76<sup>99</sup>**  
each



Polana  
Spaghetti  
1 kg

**25<sup>99</sup>**  
each



SPAR Rewards deals available while stocks last.

**It's not just**

SPAR  
Smoothie  
5 litre

**50<sup>99</sup>** each  
As good as the best for less



It's so much more!

That's why we SHOP at  
**SPAR**

**Drinks and Snacks**



Predator  
Energy Drink  
Assorted  
500 ml

**9<sup>99</sup>** each



Red Bull  
Energy Drink  
Original (excl. Limited  
Edition Range)  
250 ml

**17<sup>99</sup>** each



Schweppes  
Tonic Water  
Assorted  
1 litre

**14<sup>99</sup>** each



Casupi  
Flavour Drink  
Assorted  
350 ml

**6<sup>99</sup>** each



Fanta, Pine, Orange,  
Grape or Red Apple  
Soft Drink  
2 litre

**19<sup>99</sup>** each



Brookes Oros  
Orange, Pineapple,  
Tropical or Naartjie  
2 litre

**41<sup>49</sup>** each



Bakers  
Mini Cheddars  
6 x 33g

**33<sup>99</sup>** each



Beacon  
Chocolate Slabs  
Assorted  
80 g

**14<sup>99</sup>** each



Namstyle  
Naks Baiters  
50s

**34<sup>99</sup>** each



Messaris  
Potato Chips  
Assorted  
125 g

**17<sup>49</sup>** each



Lay's  
Potato Chips  
Assorted  
105 g

**18<sup>99</sup>** each



Manhattan  
Pops  
210 g

**19<sup>99</sup>** each



SPAR  
Cocktail Snack  
100 g

**24<sup>99</sup>** each

As good as the best for less



Liqui-Fruit  
Pure Fruit Juice  
2 litre

**44<sup>99</sup>** each

Minimum Saving N\$18  
WITH Rewards CARD



Bakers  
Tennis Biscuits  
Assorted  
200 g

BUY 2 FOR  
**40<sup>00</sup>**

Minimum Saving N\$10  
WITH Rewards CARD



SPAR  
Rusks  
Assorted  
450 g

**41<sup>99</sup>** each

Minimum Saving N\$15  
WITH Rewards CARD

As good as the best for less



SPAR  
Fruit Juice  
Assorted  
6 x 200 ml

**43<sup>99</sup>** per pack

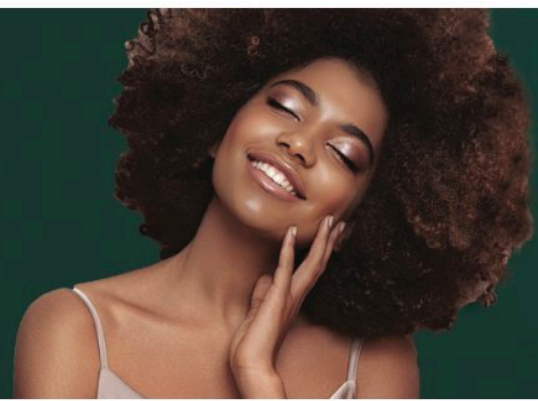
Minimum Saving N\$7  
WITH Rewards CARD

As good as the best for less



SPAR Rewards deals available while stocks last.

# Look and feel your best for less



## Personal care

Organics Shampoo or Conditioner Assorted 1 litre

**79<sup>99</sup>** each

Minimum Saving **N\$25** WITH RewardsCARD

Vaseline Lotion or Cream for Men or Women Assorted 400 ml

**54<sup>99</sup>** each

Minimum Saving **N\$26** WITH RewardsCARD

Shield Anti-Perspirant Roll-On 50 ml

AS SEEN ON TV

BUY 2 FOR **42<sup>00</sup>**

Minimum Saving **N\$12** WITH RewardsCARD

Protex Soap Assorted 175 g

BUY 2 FOR **27<sup>99</sup>**

Minimum Saving **N\$11** WITH RewardsCARD

SPAR Foam Bath 2 litre

**44<sup>99</sup>** each

As good as the best for less

Aquafresh Toothpaste Base Range 100 ml

**16<sup>99</sup>** each

Mitchum Roll-On Female & Male Assorted 50 ml

**39<sup>99</sup>** each

Old Spice Deodorant Assorted 150 ml

**39<sup>99</sup>** each

Radox Body Wash Assorted 400 ml

**37<sup>99</sup>** each

Pantene Shampoo or Conditioner 400 ml

**64<sup>99</sup>** each

Dove Cotton Wool Rounds 80s

**29<sup>99</sup>** each

Lil-Lets Essential Paryliners 100s

**44<sup>99</sup>** each

Oral B Essential Floss Unwaxed 50 m

**74<sup>99</sup>** each

Kiwi Quality Shoe Polish 50 ml

**15<sup>99</sup>** each

Inecto Colour Creme Assorted 50 ml

**32<sup>99</sup>** each

Darling One Million Braid Assorted

**29<sup>99</sup>** each

Kotex Ultra Sanitary Pads (incl. Bio Care) 8s/10s

**21<sup>99</sup>** each

Always Duo Assorted

**32<sup>99</sup>** each

## Baby

Johnson's Baby Powder 200 g

**42<sup>99</sup>** each

Purity Baby Oil 125 ml

**34<sup>99</sup>** each

Johnson's Baby Jelly 250 ml

**39<sup>99</sup>** each

Johnson's Baby Wipes 288s/224s

**109<sup>99</sup>** per pack

Minimum Saving **N\$30** WITH RewardsCARD

Hi Baby Nappies 50s

**99<sup>99</sup>** each

Pampers Baby Wipes 56s/64s

**32<sup>99</sup>** each

Purity Jars Assorted 200 ml & Pouches 150 ml

BUY ANY 3 FOR **44<sup>99</sup>**



SPAR Rewards deals available while stocks last.

# It's not just

SPAR  
Toilet Tissue  
1 Ply  
300 Sheets  
18s

**61<sup>99</sup>**  
each

As good as the best for less



# It's so much more!

That's why  
we SHOP at  
**SPAR**

## Cleaning essentials

<p><b>35<sup>99</sup></b> each Minimum Saving <b>N\$7</b> WITH Rewards CARD As good as the best for less</p>	<p><b>44<sup>99</sup></b> each Minimum Saving <b>N\$12</b> WITH Rewards CARD As good as the best for less</p>	<p><b>38<sup>99</sup></b> each Minimum Saving <b>N\$8</b> WITH Rewards CARD As good as the best for less</p>	<p><b>17<sup>99</sup></b> each Minimum Saving <b>N\$4</b> WITH Rewards CARD</p>	<p><b>19<sup>99</sup></b> per pack Minimum Saving <b>N\$5</b> WITH Rewards CARD As good as the best for less</p>
<p><b>39<sup>99</sup></b> each As good as the best for less</p>	<p><b>17<sup>99</sup></b> each As good as the best for less</p>	<p><b>51<sup>99</sup></b> each As good as the best for less</p>	<p><b>BUY 2 FOR 52<sup>00</sup></b></p>	<p><b>23<sup>99</sup></b> each</p>
<p><b>172<sup>99</sup></b> each</p>	<p><b>37<sup>99</sup></b> each</p>	<p><b>29<sup>99</sup></b> each</p>	<p><b>31<sup>99</sup></b> each</p>	
<p><b>95<sup>99</sup></b> each</p>	<p><b>31<sup>99</sup></b> each</p>	<p><b>287<sup>99</sup></b> each</p>	<p><b>281<sup>99</sup></b> each</p>	
<p><b>38<sup>99</sup></b> each</p>	<p><b>52<sup>99</sup></b> each</p>	<p><b>42<sup>99</sup></b> each</p>	<p><b>29<sup>99</sup></b> each</p>	
<p><b>179<sup>99</sup></b> each</p>	<p><b>229<sup>99</sup></b> each</p>	<p><b>21<sup>99</sup></b> each</p>	<p><b>19<sup>99</sup></b> each</p>	



SPAR Rewards deals available while stocks last.



# SWIPE TO SAVE MORE

Exclusive to SPAR Rewards customers.



SaveMor Cordial Assorted 1 litre

**15<sup>99</sup>** each



SaveMor Lemon Creams or Marie Biscuits 150g

BUY 3 FOR **21<sup>00</sup>**



SaveMor Tagless Teabags 100s

**20<sup>99</sup>** each



SaveMor Baked Beans in Tomato Sauce 410g

**10<sup>49</sup>** each



SaveMor Mixed Vegetables in Curry Sauce or Mixed Vegetables 410g

**14<sup>99</sup>** each



SaveMor White Parboiled Rice 5kg

**79<sup>99</sup>** each



SaveMor Bread Spread 37% Fat Spread Brick 500g

**12<sup>99</sup>** each



SaveMor Frozen Mixed Vegetables 1kg

**36<sup>99</sup>** each



SaveMor Pine Gel 1 litre

**35<sup>99</sup>** each



SaveMor Beauty Soap Assorted 300g

BUY 2 FOR **24<sup>00</sup>**



SaveMor Dishwashing Liquid 750 ml

**19<sup>99</sup>** each

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SNA931

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Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!  
For more info: [www.spar.co.za](http://www.spar.co.za) or Find us on /myspar

